The Garrett Lee Smith (GLS) Suicide Prevention National Outcomes Evaluation is supported through contract no. HHSS2832012000071/HHSS28342002T (reference no. 283-12-0702) awarded to ICF International by the Center for Mental Health Services (CMHS), Substance Abuse and Mental Health Services Administration (SAMHSA), US Department of Health and Human Services (HHS).





GARRETT LEE SMITH (GLS) NEW DATA COLLECTION PROTOCOLS FOR THE NATIONAL OUTCOMES EVALUATION CAMPUS GRANTEES

April 28, 2016

Hailey Reid, MPH Tiffiny Fambro, MPH Brandee Hicks, MPH Jessie Rouder, MPH



WEBINAR VIDEO AND HANDOUTS

- Today's Webinar is being recorded
- The slides were e-mailed to you prior to the webinar
 - If you did not receive the message, check your spam e-mail folder
- The video will be made available on the Suicide Prevention Resource Center website and the Suicide Prevention Data Center (SPDC)

NEED ASSISTANCE?

- For technical support
 - Contact us via the Q & A or chat pod
 - E-mail <u>Betty.Treschitta@icfi.com</u>



ON TODAY'S AGENDA

- Purpose of New GLS National Outcomes Evaluation Data Collection Protocols
- Review New and Updated Protocols and Implications for Grantees
 - Prevention Strategies Inventory (PSI)
 - Training Activity Summary Page (TASP)
 - Student Behavioral Health Form (SBHF)
- Discuss Impact on IRB and Resources for Grantees
- Review Implementation Timeline

WHY ARE NEW PROTOCOLS BEING INTRODUCED AT THIS TIME

- The National Outcomes Evaluation data collection instruments are reviewed by the Office of Management and Budget (OMB) every 3 years
 - The renewal process is an opportunity to reflect on what is working well, and make improvements to the evaluation
 - The changes do not mean everything that is familiar will be thrown out
 - Fundamental design of the evaluation will remain unchanged

HOW WERE THE NEW PROTOCOLS DEVELOPED

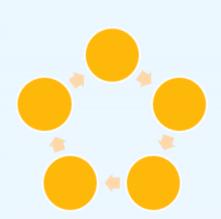
The protocol changes were informed by:

- Feedback from grantees, SAMHSA Government Project Officers, evaluation advisory panel, other project stakeholders
- Lessons learned from the evaluation

The new protocols are intended to:

- Enhance the utility of what is learned for a broad base of stakeholders
- Advance/expand the suicide prevention knowledge base
- Increase efficiency
- Improve the rigor of the evaluation overall

GLS SUICIDE PREVENTION NATIONAL OUTCOMES EVALUATION



CORE AND ENHANCED STUDIES

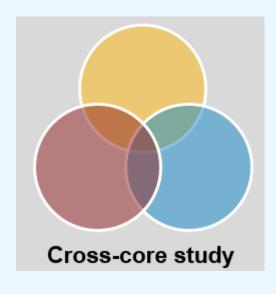


IMPACT, OUTCOME, & IMPLEMENTATION ANALYSIS

- Study core analysis
- Enhanced study analysis
- Program level analysis



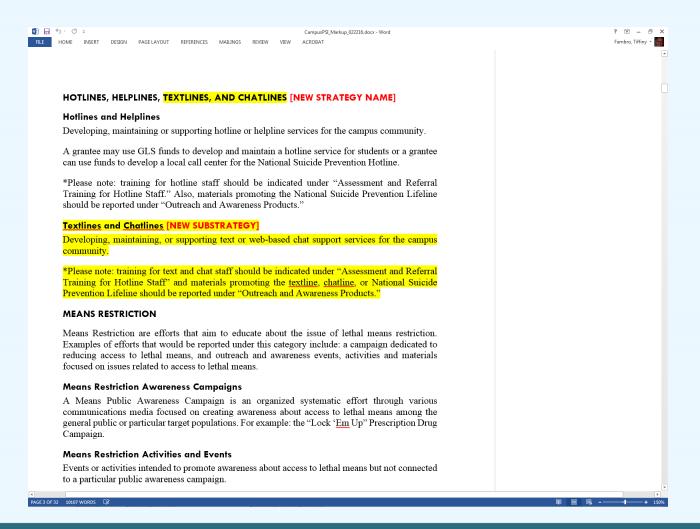
- **Expert Panel**
- Subcontractors



PREVENTION STRATEGIES INVENTORY (PSI)

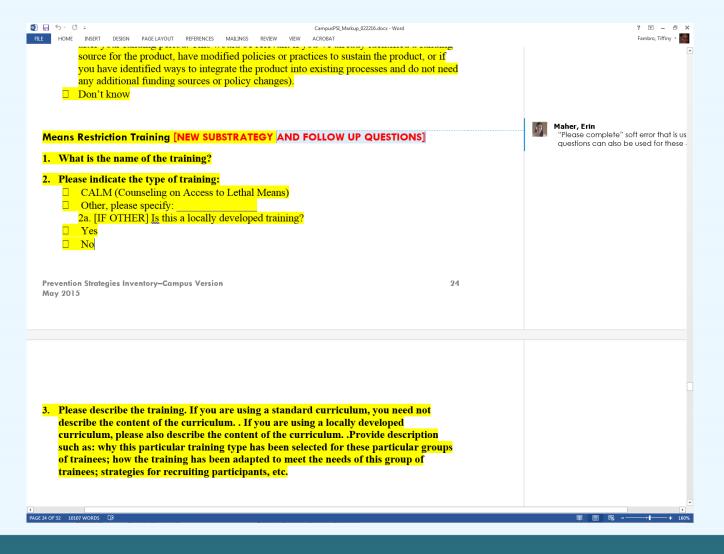
WHAT IS CHANGING ON THE PREVENTION STRATEGIES INVENTORY (PSI)

- A new question has been added after each strategy question, dealing with the topic of sustainability. The intent of the question is to find out the grantees' plan for sustaining the activity, event, product, etc. that was indicated in the previous strategy.
- Hotlines and Helplines category has been changed to Hotlines, Helplines, Textlines and Chatlines. This includes a new substrategy, Textlines and Chatlines. Several follow-up questions have been added to the new substrategy.



 Under the Means Restriction category, a substrategy has been added, Means Restriction Training.

 Several follow-up questions have been added to this substrategy.



 Policies and Protocols for Intervention and Postvention category has been changed to Policies, Protocols, and Infrastructure. This includes a new substrategy, Electronic Health Record Implementation and Utilization.

 Several follow-up questions have been added to the new substrategy.

 A response option was added under Gatekeeper Training:

√ Kognito At-Risk

- Extra response options were added under Assessment, Clinical, and Referral Training For Mental Health Professionals and Hotline Staff, Mental Health Professionals:
 - ✓ Cognitive Behavioral Therapy (CBT)
 - ✓ Chronological Assessment of Suicide Events (CASE)
 - ✓ Dialectical Behavior Therapy (DBT)
 - ✓ Mental Health First Aid
 - ✓ QPR for Nurses
 - ✓ QPR for Physicians, Physician Assistants, Nurse Practitioners, and Others

- Extra response options were added under Assessment, Clinical, and Referral Training For Mental Health Professionals and Hotline Staff, <u>Hotline Staff</u>:
 - √ Lifelines
 - √ Signs of Suicide
- Suicide 101 was also removed

- Old response options were removed and new response options were added under *Life Skills* and Wellness Development, <u>Screening Programs</u>:
 - ✓ Suicide Assessment Five Step Evaluation and Triage (SAFE-T)
 - ✓ Columbia Suicide Severity Rating Scale (CSSR-S)
 - ✓ Behavioral Health Screen (BHS)
 - ✓ Ask Suicide Screening Questions (asQ)
 - ✓ Beck Depression Inventory (BDI)
 - ✓ Suicide Behaviors Questionnaire (SBQ-R)
 - ✓ Other, please specify:
 - ✓ 2a. [IF OTHER] Is this a locally developed training? (yes, no)

 Postvention training was added as an option under the Other Suicide Prevention Strategies category for type of suicide prevention strategy.

WHAT DO WE NEED TO DO NEXT

Grantee Impact

- Local systems developed to track prevention strategies from partners or contractors will be need to be updated with new strategies, substrategies and response options
- Data entry in SPDC will be the same
- Data still collected quarterly

QUESTIONS?





TRAINING ACTIVITY SUMMARY PAGE (TASP) TRAINING UTILIZATION & PRESERVATION SURVEY (TUP-S)

WHAT IS CHANGING ON THE TASP

- Items have been reordered
- More training curricula types listed
- Two new questions
 - Does training include role-play or behavioral rehearsal
 - What resources or materials were provided to trainees

Expiration Date January 31, 2017

Public Surdam Statements An agency may not conduct or opensor, and a person is not required to respect by, a softenion of information unless 2 displays a surrountly valid CMM section number. The CMM section handless for this subject is 0000-00000 Public reporting burden for this softenion of information is softened to exceeding 10 information per respective, per years, publicly that from the restrictions, security satisfact sources, publicable of them for restriction of informations, proceeding section of the softenion of information. Send secondary regarding this burden as may other separat of this softenion in information, including any augmentation for reducing this burden, the SAMMEA Reports Clearance CMSsen, I Chain Cherry Read, Senso 2-1007, Sentonion, Maryland, 20007.

Garrett Lee Smith Memorial (GLS) National Outcomes Evaluation Training Activity Summary Page (TASP)—Campus

Training Information							
1. Training date (MM/DD/YY)	1 1						
Training identification (ID; six digits, starting with your site ID)							
3. Name of training							
4. Type of training Curricula Implemented (selections below)						
American Indian Life Skills Development	□ Question, Persuade, and Refer (QPR)						
□ Assessing and Managing Suicide Risk (AMSR)	□ QPR for Nurses						
☐ Applied Suicide Intervention Skills Training (ASIST)	□ QPR for Physicians, Physician Assistants, Nurse						
 Assessment of Suicidal Risk Using the Columbia Suicide 	Practitioners and Others						
Severity Rating Scale (C-SSRS)	 QPR-T (suicide risk assessment and training course) 						
□ Counseling on Access to Lethal Means (CALM)	Response (a comprehensive high school-based suicide						
Connect Suicide Postvention Training	awareness program)						
 Campus Connect Suicide Prevention Training for Gatekeepers (Faculty and Staff) 	Recognizing and Responding to Suicide Risk (RRSR)						
Campus Connect Suicide Prevention Training for	= safeTALK						
Gatekeepers (Students)	 Safety Planning Intervention for Suicide Prevention 						
a Cognitive Behavioral Therapy (CBT)	□ Seeking Safety						
Chronological Assessment of Suicide Events (CASE)	□ Signs of Suicide (SOS)						
Commitment to Living	□ Sources of Strength						
a Dialectical Behavior Therapy (DBT)	Suicide Prevention 101						
Jason Foundation Training Modules	Suicide to Hope: A Recovery and Growth Workshop						
□ Kognito At-Risk	 suicide Core. 						
Kognito At-Risk in Primary Care	Suicide-Informed Cognitive Behavioral Therapy (CBT)						
Kognito At-Risk in the ED	□ Trevor CARE						
□ Lifelines	 Unlocking Suicidal Secrets: New Thoughts on Old 						
Managing Suicide Risk Collaboratively: The CAMS	Problems in Suicide Prevention						
Framework	□ Yellow Ribbon						
Mental Health First Aid	□ Youth Depression & Suicide: Let's Talk						
	□ Other (complete 4a and 4b)						

	4a. If you have selected other, please specify type of training curricula implemented (not name of training)					
	4b. If you have selected other as type of training, please select one of the following:			Gatekeeper training Screener training Clinical intervention/Treatment training Postvention training General awareness training		
intended outcom	ntended outcome for articipants in this training? Have convoluted the provide displayed and the provide displayed and the provide displayed and the provide displayed and the provided displayed displayed and the provided displayed displaye			suicide and su be at risk for s youths at risk fo nity members health services	or suicide and/or their familie for at-risk youths	
6. Name of facility where training was held					-	
7. ZIP code of facility where training was he 8. Duration of the training			eid	Hours	Minutes	
9. Is this a train-the-trainer event?			□ Yes □ No			
10. Is this an online training?		□ Yes □ No				
11. Is this a booster or follow-up training?			□ Yes [Go to 12] □ No [Complete 11a]			
	11a. If no, are there any plans to conduct follow-up or booster trainings the future?			□ Yes □ No		
12. Was behavioral rehearsal or role-play included as a part of the training?			□ Yes [Go to] □ No [Comple			
	12a. If yes, did the training participants engage in the behavioral rehearsal or role-play during the training event?			□ Yes □ No		
materials were provided to trainees? (Select all that apply.)		rce sheets d information	plications for s	uicide prevention (camplete 13		
	13a-b. If mobile or online tools or applications for suicide prevention were provided, please provide the name and description of the tool(s).			on:	•	

WHAT IS CHANGING WITH THE TUP-S

- The TUP-S will be discontinued for cohort 7 and 8 grantees at the end of this fiscal year
 - TUP-S consent to contact forms will no longer be accepted after <u>June 30th</u>

WHAT DO WE NEED TO DO NEXT

- Grantees should download and review the updated copies of the TASP instrument and TASP data collection manual
- Update internal processes and inform program staff and trainers about TASP updates

QUESTIONS?





STUDENT BEHAVIORAL HEALTH FORM (SBHF)

PURPOSE

 Includes collection of information on the implementation of Suicide Safer Environment care practices from campus health care providers as well as the annual number of suicide attempts and deaths as a source of long-term outcome data

RESEARCH QUESTIONS

Continuity of Care Study:

- 2.6: What are the patterns of identification, referral, and follow-up for youth identified as at risk for suicide?
- 2.7: What are the follow-up services received by at-risk youth?

Safer Suicide Environment Study:

- 3.2: What suicide safer environment care activities are being implemented by campus health services?
- 3.3: Are access and utilization of campus behavioral health services higher for students on campuses that integrate clinical screenings or suicide assessments into campus primary and behavioral health care?
- 3.4: Are suicide ideation, attempts, and deaths lower for students on campuses that are more fully implementing the suicide safer environment framework activities?

IMPLEMENTATION AND LOGISTICS

 All campus grantees will participate in the SBHF in early summer

 The SBHF is a web-based survey on the SPDC

 The SBHF administrator will receive a password to access the survey

WHAT MAKES A GOOD SBHF ADMINISTRATOR?

 Available to complete the SBHF in late spring/ early summer

 Has access to behavioral health records for the campus (either tracks them directly or can compile them from various sources)

POLL: DO YOU ALREADY KNOW WHO YOUR SBHF ADMINISTRATOR WILL BE?

Yes

No

IMPLEMENTATION AND LOGISTICS

 The instrument includes a mix of quantitative questions (e.g., how many suicide attempts occurred on campus?) and policy related questions (e.g., after a suicide attempt, what happens?).

IMPLEMENTATION AND LOGISTICS

 Data in the SBHF will be reported for the current academic year (approx. September 2015- May 2016) and the FOUR academic years prior to the grant

 At the end of the grant, you will have data for a total of 7 academic years

SEVEN YEARS OF DATA:

FOUR YEARS PRIOR TO THE GRANT

Fall 2014-Spring 2015
Fall 2013-Spring 2014
Fall 2012- Spring 2013
Fall 2011-Spring 2012

CURRENT ACADEMIC YEAR

Fall 2015-Spring 2016

ADDITIONAL GRANT YEARS

Fall 2016-Spring 2017 Fall 2017- Spring 2018

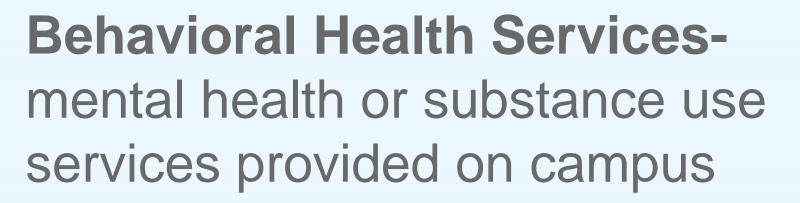
To be reported in Summer 2016



DATA ELEMENTS

- Student use of behavioral health services (including counts of specific services)
- Campus use of standardized screenings (and screening tool)
- Linkages to community providers
- Follow-up support
- Student suicide attempts
- Student deaths by suicide







Health Record System- may include an excel tracking sheet, electronic health records (e.g. Titanium), case files

POLL: HOW DO YOU CURRENTLY TRACK INFORMATION RELATED TO BEHAVIORAL HEALTH SERVICES?

EHR SYSTEM
SPREADSHEET
PAPER FILES
NO TRACKING
DON'T KNOW



POLL: ARE YOU CURRENTLY ABLE TO DETERMINE AN UNDUPLICATED COUNT OF STUDENTS RECEIVING BEHAVIORAL HEALTH SERVICES?

YES NO NOT SURE



- Academic Year- typically, fall and spring semesters
- Tracked versus Estimate- are the numbers provided from an accurate database, or are they estimates of the number of students (potentially from multiple on campus sources and it cannot be determined if these counts are duplicated)

- Suicide screening- may include formal, informal, self assessments to determine suicide risk or depression
 - How many students were screened?
 - Who is screened? (e.g. universal screening)
 - What instruments or tools are used for screenings?
 - How many students were identified as at risk of suicide/scored positive?

Services for students at risk for suicide-

- Of the students identified at risk, how many received BH services?
- How many students are referred from self referral, peer, health services, faculty, parent?

Services for students at risk for suicide-

- How many students received behavioral health counseling, medication management, crisis services, initiation of an on-campus emergency protocol?
- How many students were referred to off-campus services?
- What are the protocols for following up with referrals?

- Services for students at risk for suicide-
 - What is the approach for determining whether someone poses high risk?
 - What is the process for managing students who are determined to be at high risk?
 - What postvention services are available?

- Suicide attempts—According to the CDC, a suicide attempt is a non-fatal self-directed potentially injurious behavior with any intent to die as a result of the behavior. A suicide attempt may or may not result in injury. If the intent of the student is unknown, or the student denies that they intended to die, do NOT include this in the count. Should reflect the number of attempts, not the number of students.
 - Gender
 - Age
 - Source of information
 - Campus policies for a student who attempted suicide

Suicide deaths

- Gender
- Age
- Source of information

POLL: DO YOU CURRENTLY TRACK SUICIDE ATTEMPTS AND DEATHS?

YES NO NOT SURE

STRATEGIES FOR COMPILING DATA

START NOW!



STRATEGIES FOR COMPILING DATA

Gathering data from various on-campus sources: The campus reported establishing a Student of Concern Committee which receives information from a variety of sources, Public Safety, the Dean of Student's Office, Student Health Services; all faculty and staff report using a campus-wide software. The off campus police report to the Dean of Students Office. In addition, they have a community relations person who could be contacted by the surrounding area about students

STRATEGIES FOR COMPILING DATA

Creating a data sharing agreement with the local hospital to gather suicide attempt information for off-campus students

Modifying the on-campus EHR to reflect the services included on the SBHF

Connect with all appropriate parties on campus

TIMELINE

Identify a SBHF Administrator to compile and enter data

Determine sources of information for data elements this may require coordination with multiple on and offcampus sources An email will be sent to the project staff to identify the SBHF administrator; please respond by Friday, May 13, 2016 SBHF Administrator will receive an email with a password for the webbased survey

The Administrator will have several weeks to complete the data entry for the current year and the four years prior to the grant

TAL will confirm SBHF Administrator

Administrator will complete data for academic year

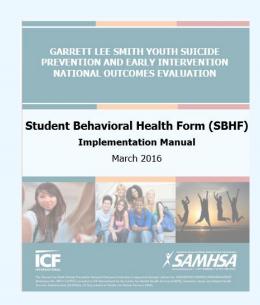
Now

Next week Approximately June

Spring 2017-Spring 2018

ADDITIONAL RESOURCES

- Annotated Guide with Key
 Terms
- "Four Years Prior"planning tool
- SBHF Implementation
 Manual



QUESTIONS?



IMPACT OF NEW PROTOCOLS FOR IRB

- We recommend that grantees contact their local IRB to inform them about the new protocols and ask for guidance on how to proceed – an amendment to your current approval is most likely what will be needed
- Grantees should received the ICF IRB approval documents
- The instruments have been updated with OMB numbers

SUPPORT & RESOURCES

- Copy of ICF IRB application and approval memo
- Updated instruments
- Instrument specific manuals and planning documents
- Annotated instruments

NEW PROTOCOL IMPLEMENTATION TIMELINE

May 2: TASP

June: SBHF

July 15: PSI



DATA COLLECTION LIAISON CONTACTS

NOE Instrument	Data Collection Liaisons (DCLs)
Prevention Strategies Inventory (PSI)	Tiffiny Fambro Gls-psi@icfi.com 404-592-2242 (Eastern Time Zone)
Training Activity Summary Page (TASP)	Brandee Hicks Gls-tasp@icfi.com 404-592-2198 (Eastern Time Zone)
Student Behavioral Health Form (SBHF)	Jessie Rouder Gls-sbhf@icfi.com 646-695-8138 (Eastern Time Zone)

TECHNICAL ASSISTANCE LIAISON CONTACT

Campus TAL:

Jessica Wolff

404-592-2229 (*Eastern Time Zone*)

Jessica.Wolff@icfi.com

We're here to help!

QUESTIONS?



