



**Thank you for joining us!  
We will begin momentarily.**

To hear the presenters, dial in:  
888-553-4801; Access code: 8207895



SAMHSA  
**native**  
**CONNECTIONS**

Substance Abuse and Mental Health Services Administration  
**SAMHSA**  
www.samhsa.gov • 1-877-SAMHSA-7 (1-877-726-4727)



## **Native Connections and SPRC Websites Walkthrough Webinar**

Wednesday October 30, 2019



## **Agenda**

- Introduction to the Native Connections website
- Introduction to the SPRC website
- The resources available to the public and to Native Connections grantees



## Learning Objectives

- Greater awareness of online resource support for tribal suicide prevention programs
- Navigate Native Connections Website to access key resources
- Access [sprc.org](http://sprc.org) to locate suicide prevention models, training, and resources

# Native Connections SAMHSA Project Officer



**Dr. Michelle Carnes**

Native Connections GPO  
SAMHSA, Center for Mental Health  
Services





**Native Connections Website**

**<https://www.samhsa.gov/native-connections>**





## Home Page

- SAMHSA Grant Announcements and Awards
- Webinars
- Publications and Resources
- Training and Technical Assistance (TTA)

Programs / Native Connections



**Native Connections**

Native Connections is a five-year grant program that helps American Indian and Alaska Native communities identify and address the behavioral health needs of Native youth.

**About the Native Connections Grant Program**

The Native Connections grant program supports grantees in:

- Reducing suicidal behavior and substance use among Native youth up to age 24
- Easing the impacts of substance use, mental illness, and trauma in tribal communities
- Supporting youth as they transition into adulthood

Native Connections serves 148 grantees: 20 in Cohort 1, 69 in Cohort 2, 13 in Cohort 3, and 46 in Cohort 4. Additional Native Connections grant opportunities will depend on the availability of funds. Any future opportunities will be posted on [SAMHSA's Grant Announcements and Awards page](#).

**Webinars**

Native Connections webinars guide grantees on how to assess community readiness, develop strategic action plans, and more. [Access the webinars.](#)

**Publications and Resources**

Review guides, tools, and other resources to support Native youth development efforts. [Access publications and resources.](#)

**Training and Technical Assistance**

[Access the Training and Technical Assistance Section.](#)

**NATIONAL SUICIDE PREVENTION LIFELINE**  
1-800-273-8255 (TALK)

**BEHAVIORAL HEALTH TREATMENT LOCATOR**

**SAMHSA Tribal Training and Technical Assistance Center**

**TLOA Tribal Law and Order Act**

**Suicide Safe SAMHSA's Collaborative Approach to Tribal Behavioral Health Services**

**Related SAMHSA Resources**

- » [Alcohol, Tobacco, and Other Drugs](#)
- » [Mental and Substance Use Disorders](#)
- » [Prevention of Substance Abuse and Mental Illness](#)
- » [Suicide Prevention](#)
- » [Tribal Affairs](#)

**Contact Us**

[Contact SAMHSA GPOs](#)





- SAMHSA Grant Announcements and Awards
- **NEW Funding Announcement just announced for Native Connections**
- Applications due **TUESDAY DECEMBER 10, 2019**
- Cohort 1 is eligible to apply
- Cohorts 2-5 are not

The screenshot shows the SAMHSA website interface. At the top left is the SAMHSA logo with the text "Substance Abuse and Mental Health Services Administration". To the right are links for "Home", "Site Map", and "Contact Us". Below these is a search bar with the text "Search SAMHSA.gov" and a "Search" button. A navigation menu includes "Find Treatment", "Practitioner Training", "Public Messages", "Grants" (highlighted), "Data", "Programs", "Newsroom", "About Us", and "Publications". Below the menu is a breadcrumb trail: "Grants / Grant Announcements / Tribal Behavioral Health Grant Program". To the right of the breadcrumb is a "SHARE+" button. A sidebar on the left lists "Grants" and its sub-items: "Grant Announcements", "Applying", "Grant Review Process", "Grants Management", "Continuation Grants", "Block Grants", "GPRA Measurement Tools", and "Contact Information". The main content area is titled "Tribal Behavioral Health Grant Program" and contains the following information: "Short Title: Native Connections", "Initial Announcement", "Funding Opportunity Announcement (FOA) Information", "FOA Number: SM-20-002", "Posted on Grants.gov: Friday, October 11, 2019", "Application Due Date: Tuesday, December 10, 2019", "Catalog of Federal Domestic Assistance (CFDA) Number: 93.243", and "Intergovernmental Review (E.O. 12372):".



## • Webinars



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Services Administration

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[Find Treatment](#) | [Practitioner Training](#) | [Public Messages](#) | [Grants](#) | [Data](#) | **[Programs](#)** | [Newsroom](#) | [About Us](#) | [Publications](#)

Programs / Native Connections / Webinars

### Native Connections

[Publications and Resources](#)

### Webinars

[Training and Technical Assistance](#)

[Contact Us](#)

## Webinars

Native Connections webinars guide grantees on steps toward reducing suicidal behavior and substance use among youth.

Access pre-recorded webinars on assessing your community's needs, developing a strategic action plan, and more.

### Webinars for all cohorts

- [Connecting Your SAP to Outcomes and Evaluation](#) ⌚(1:20:18)
- [SAP Implementation Part 1: 3 "P's": Bldg, Blocks of Procedure, Protocol & Policy](#)⌚(1:01:10)
- [To Live To See The Great Day That Dawns Part 1](#) ⌚(1:28:22)
- [Celebrating Our Successes: Sharing Progress, Challenges, and Lessons Learned](#)⌚(1:27:08)
- [Addressing Opioid Use in Our Communities: Part 1](#) ⌚(1:01:09)
- [Culture is Prevention](#)⌚(1:10:34)
- [Two Spirit – Resources from the Field](#)⌚(57:39)
- [Strategies for Developing and Maintaining a Strong Youth-Led Wellness Movement](#)⌚(56:06)
- [Youth Empowerment and the Impact of Social Media](#) ⌚(1:08)



SHARE+



### Related SAMHSA Resources

[Alcohol, Tobacco, and Other Drugs  
Mental and Substance Use](#)





- Webinars – YouTube

The screenshot shows a YouTube video player with a presentation slide. The slide title is "Friendship House Native Connections Project". Below the title, it states "Year 2, Goal 1: Expand and enhance, annually, program services for American Indian youth up to age 24 by providing regularly scheduled, age-appropriate and youth-led activities designed to increase cultural connectedness and suicide and substance abuse resiliency amongst AI youth." The slide is divided into two columns: "Outcomes, Year 2 - Goal 1" and "Evaluation Tools".

Outcomes, Year 2 - Goal 1	Evaluation Tools
<b>Strengthened cultural knowledge and connection amongst youth up to age 24.*</b>	Increased Attendance, as measured by FH-NC registration records (P) Increased Participation Rates by Activity, as measured by FH-NC records (P) Increased Satisfaction Rates, as measured by FH Satisfaction Survey (F) Increased Cultural Connectedness, as measured by Cultural Connectedness Tool (baseline, 6-mo follow-up) (O)
<b>Strengthened resiliency (protective factors) to illegal drugs and alcohol use/misuse/abuse amongst youth up to age 24.*</b>	Decreased interest in risky behavior related to illegal drugs and alcohol, as measured by Illegal Drug & Alcohol Use Assessment and GPRA Tools (baseline & 6-month follow-up) (O)

\*Percentage increase projections to be determined by project staff following first 6-month assessment reports pertaining to FH-NC Year 2.

On the right side of the slide, there is a sidebar with the following text: "Specific Measurable Achievable Relevant Timebound", "Measurement Tool: Process (P) Formative (F) Outcome (O)", and "Data Types: Quantitative Qualitative". Below this is a tree icon.

Below the video player, the video title is "Connecting Your SAP to Outcomes and Evaluation", with 557 views and a date of Apr 8, 2019. The SAMHSA logo and a "SUBSCRIBE" button are also visible.



- Publications and Resources



## Native Connections

### Publications and Resources

[Webinars](#)

[Training and Technical Assistance](#)

[Contact Us](#)

## Publications and Resources

Find publications, guides, and other resources from SAMHSA and its partners on preventing suicide and substance use among Native youth.

### Grantee Resources

- [SPARS Annual Goals and Budget Checklist \(PDF | 429 KB\)](#) and [SPARS Indicator Cheat Sheet \(PDF | 612 KB\)](#): An overview of the SPARS Annual Goals and Budget Checklist and SPARS Indicator Cheat Sheet. Learn more at [SAMHSA Native Connections](#).
- [Native Connections Cohort 4 Orientation \(PDF | 7.3 MB\)](#) gives an overview of the Native Connections grant. Learn more at [SAMHSA Native Connections](#).
- [Native Connections: Grantee Briefing Sheet - C1-C4 \(PDF | 557 KB\)](#) gives an overview of the Native Connections Grant Program.

### Native Connections Guides and Fact Sheets

- [Sustainability Toolkit \(PDF | 2 MB\)](#) provides steps, guidance, and resources for grantees to work on core skills for sustainability and make sure key aspects of their Native Connections project live on into the future.
- [Public Health Model in Tribal Communities \(PDF | 1.4 MB\)](#) describes the use of the model with a tribal cultural framework.



### Related SAMHSA Resources

[Alcohol, Tobacco, and Other Drugs Mental and Substance Use](#)





- Publications and Resources

## Native Connections Guides and Fact Sheets

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- [Public Health Model in Tribal Communities \(PDF | 1.4 MB\)](#) describes the use of the model with a tribal cultural framework.
- [Training and Technical Assistance Self-Assessment \(PDF | 1.9 MB\)](#) is a checklist to guide grantees through grant objectives and determine technical assistance needs.

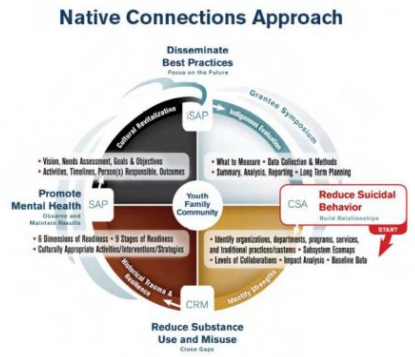


risk, alcohol and substance abuse programs, community education about suicide prevention, and suicide-risk screening in mental health and social service programs.<sup>6</sup>

## Applying Theory to Native Connections Grantees

The **Native Connections Approach** is based on the Public Health Model. As grantees work through the stages of the Approach, 1) Community System Analysis, 2) Community Readiness Model assessments, 3) Strategic Action Planning and, 4) Implementing the Strategic Action Plan, they will have the opportunity to customize their grant activities to fit their communities. This will look different for each grantee based on the community's needs assessment, cultural and tribal realities, personnel capacity, and existing community resources. See Figure 2 for a graphic to the NC Approach.

Figure 2. Native Connections Approach







- Training and Technical Assistance

Practitioner Training / Tribal Training and Technical Assistance Center (TTAC)



## Tribal Training and Technical Assistance Center (TTAC)

The Tribal TTA Center offers training and technical assistance (TTA) on mental and substance use disorders, suicide prevention, and mental health promotion using the Strategic Cultural Framework.



### Training and Technical Assistance (TTA)

The Tribal TTA Center offers several types of TTA:

- » [Broad TTA](#) for federally recognized tribes and tribal organizations
- » [Focused TTA](#) for SAMHSA tribal grantees
- » [Intensive TTA](#) for selected American Indian and Alaska Native communities
- » [Tribal Action Plan \(TAP\) TTA](#) for tribes to develop and implement a TAP

Learn more about the Center's [TTA approaches](#).



### Resources

Browse links to handouts, manuals, guides, organizations, and agencies by resource topic:

- » [Suicide Prevention](#)
- » [Violence Prevention](#)
- » [Substance Use Disorders](#)
- » [Mental Health Promotion](#)
- » [Other Related Resources](#)



SHARE+ icons



Contact Us

Contact the Tribal TTA Center

Webinars

Webinars are one way the Tribal TTA Center provides virtual TTA. Access previously recorded [Tribal TTA Center webinars](#) on community wellness, Tribal Action Plan (TAP) development, and more.

Webinar recordings are updated regularly.

Stay Connected

Receive announcements, updates, and resources from the Tribal TTA Center in your inbox.

Your Email Address

Subscribe

Visit Our Partners





- Training and Technical Assistance
  - Broad TA
  - Any tribe/tribal organization is eligible to request/participate



## **Broad Training and Technical Assistance**

Broad TTA is available to all federally recognized tribes, other tribal nations, and rural and urban organizations that serve Native communities.

---

### **Elements of Broad TTA**

Training and technical assistance (TTA) is any assistance provided to increase knowledge, build community capacity, and enhance systems. The Tribal TTA Center uses the [Strategic Cultural Framework](#) to guide our work.

### **Gathering of Native Americans/Gathering of Alaska Natives**

Gathering of Native Americans/Gathering of Alaska Natives is a Native-specific community prevention and strategic planning curriculum developed in the early 1990s by SAMHSA in partnership with American Indian and Alaska Native behavioral health experts. The Gathering of Native Americans/Gathering of Alaska Natives has been used in a wide range of settings to move communities toward healing and to address issues related to planning and prevention. The curriculum facilitates community engagement by using the four themes of Belonging, Mastery, Interdependence, and Generosity. It sets the foundation for community prevention planning in a way that is culturally appropriate, and is also used to guide community discussions, support healing from historical trauma, and enhance local prevention capacity and efforts.

### **Learning Communities**

Learning Communities allow tribes to gather virtually through monthly webinars to discuss important topics. These events provide an opportunity to talk, teach, share materials, and inspire each other as participants engage and learn from each other's backgrounds and experiences. Audiences throughout Indian Country are invited to attend these free broadcasts. Past themes and specific topics have included:



- Training and Technical Assistance
  - Focused TA
  - Any SAMHSA tribal grantee is eligible to request/participate
  - [Ta-Request@tribaltechllc.com](mailto:Ta-Request@tribaltechllc.com)

## Technical Assistance

Focused technical assistance is available to SAMHSA tribal grantees via site visits, teleconferences, email, and webinars. We offer support in implementing grant activities, strengthening successful interventions, increasing community capacity, and evaluating efforts in a culturally appropriate manner. We offer onsite and web-based TTA and have a large consultant pool of American Indian and Alaska Native expert trainers that help with the delivery of TTA. Topics include, but are not limited to:

- Increasing collaboration and capacity
- Incorporating readiness in ongoing planning
- Strengthening culture-based interventions
- Engaging ongoing support from tribal leaders
- Incorporating indigenous evaluation practices
- Using digital storytelling for marketing and evaluation
- Identifying resources for sustainable prevention

## Request Focused TTA

The following steps outline how to request and receive Focused TTA services.

### 1. Focused TTA Request

A request begins by contacting the Tribal TTA Center through any one of the following methods:

- Online: [Submit an online request form](#)
- Phone: 301-257-2967
- Email: [ta-request@tribaltechllc.com](mailto:ta-request@tribaltechllc.com)

2. **Intake Call:** After your request, you will be contacted by a Tribal TTA Center staff member. During this call we will discuss your TTA needs and what will work best for your program and community. We offer onsite and Web-based TTA, and have a large consultant pool of American Indian and Alaska Native expert trainers available.

3. **SAMHSA Approval:** Once we have details about the TTA that you need, we request approval from SAMHSA to move forward with training or an event.

4. **Planning Process:** Upon receiving SAMHSA approval, we hold a series of calls between community members and Tribal TTA Center staff to set expectations, identify consultants, and decide on other logistics.

5. **Event:** Tribal TTA Center staff and consultants join the community for the event.

6. **Follow-Up:** Tribal TTA Center staff will contact the tribe or community later than six months



- Training and Technical Assistance
  - Intensive TA
  - Six to 8 tribal communities invited annually to participate

IC Sharepoint SPARS Portal



### **Intensive Training and Technical Assistance**

Selected communities receive Intensive TTA to increase capacity to address and prevent mental and substance use disorders, suicide, and to promote mental health.

The Tribal TTA Center offers Intensive training and technical assistance (TTA) for communities that are chosen through a community selection process.

### **Creating Hope Through Capacity Building**

Based on need, the Tribal TTA Center invites certain American Indian and Alaska Native (AI/AN) communities to receive Intensive TTA. Through the Intensive TTA process, communities apply their unique strengths to address and prevent mental and substance use disorders and suicide, and to promote mental health.

The Tribal TTA Center understands the complexities that AI/AN communities face and offers culturally appropriate TTA that creates a sense of hope and reflects each community's distinct culture.

### **Who Receives Intensive TTA?**

Currently, six to eight communities per year receive Intensive TTA. Over time, the Tribal TTA Center will invite more communities to build capacity through Intensive TTA. By 2018, the Tribal TTA Center will provide Intensive TTA to 34 to 38 communities. View [Benefits of Participation – 2016 \(PDF | 625 KB\)](#) to learn more about the TTA provided to selected AI/AN communities through Intensive TTA.

### **Community Engagement and Site Visits**

Intensive TTA follows a **community engagement process** that helps communities determine next steps for bringing healing to their members. The TTA guides communities as they build prevention programs rooted in their own unique culture, strengths, and worldview. This process includes a series of site visits and virtual TTA.



- Training and Technical Assistance
- Tribal Action Plan (TAP) Development

IC Sharepoint SPARS Portal



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- Training and Technical Assistance
  - Tribal Action Plan (TAP) Development
  - “SAMHSA is **required** under the **Tribal Law and Order Act (TLOA) of 2010** to lead efforts to coordinate existing federal resources and those established under the TLOA designed to combat alcohol and substance abuse in tribal communities.”



### TAP Development Resources

Find alcohol and substance abuse grants and programs developed by SAMHSA and its federal partners that you can use to build a tribal action plan (TAP).

SAMHSA is required under the [Tribal Law and Order Act \(TLOA\) of 2010](#) to lead efforts to coordinate existing federal resources and those established under the TLOA designed to combat alcohol and substance abuse in tribal communities. SAMHSA works with the Department of Justice (DOJ), the Department of the Interior (DOI), and the Department of Health and Human Services (HHS) to assist American Indian and Alaska Native communities in achieving their goals in prevention, intervention, and treatment of alcohol and substance abuse.

In conformity with a [Memorandum of Agreement between HHS, DOI, and DOJ – 2011](#) (PDF | 2.6 MB), SAMHSA established the Indian Alcohol and Substance Abuse Interdepartmental Coordinating Committee, which includes workgroups to carry out its mission. The Inventory/Resources workgroup is tasked with preparing and making available a list of national, state, tribal, and local behavioral health programs and resources to help tribes develop a [tribal action plan \(TAP\)](#).

The Inventory/Resources workgroup, in collaboration with the [Native Youth Educational Services workgroup](#) and other related workgroups, will continue to review and update the resources contained in this inventory.



### Related SAMHSA Resources

- [American Indians and Alaska Natives](#)
- [Criminal and Juvenile Justice](#)
- [Grants Related to Tribal Affairs](#)
- [Suicide Prevention](#)
- [Tribal Affairs](#)
- [Underage Drinking](#)
- [American Indian and Alaska Native Culture Card](#)

### Contact OIASA

[Office of Indian Alcohol and Substance Abuse](#)  
Center for Substance Abuse Prevention  
240-276-2400  
[IASA@samhsa.hhs.gov](mailto:IASA@samhsa.hhs.gov)

[Contact SAMHSA](#)







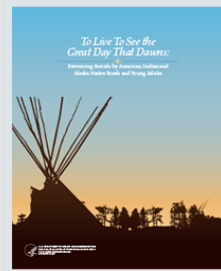
- Training and Technical Assistance
  - Suicide Prevention Resources
  - Great for preparing to apply for grants
    - Data
    - Best practices
    - Manuals and toolkits
    - Research



## Suicide Prevention Resources

Find organizations, articles, and other resources that American Indian and Alaska Native Communities can use to strengthen suicide prevention efforts.

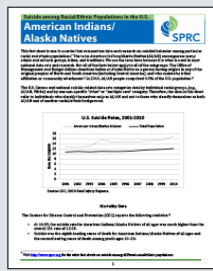
## Popular Resources



[To Live to See the Great Day That Dawns](#)

A culturally appropriate guide for empowering tribal youth and preventing suicide

[See more manuals and toolkits.](#)



[Suicide among American Indians/Alaska Natives \(PDF | 635 KB\)](#)

Provides information on suicide and risk and protective factors among American Indians and Alaska Natives

[See more factsheets.](#)

[Suicide Prevention Resource Center \(SPRC\): American Indian/Alaska Native Settings](#)

A resource for people working to prevent suicide and promote wellness in Native communities.

# Questions



Any questions on today's content?

Raise your hand or type your questions in the  
chat box



# Suicide Prevention Resource Center



**Amy Painter**

*(HoChunk/Dakota)*

Manager of Tribal Initiatives  
Education Development Center



**Amanda Skenadore**

*(Navajo)*

Senior Tribal Prevention Specialist  
Education Development Center

# Suicide Prevention: We All Have a Role to Play

**Amy Bearskin-Painter**

Manager of Tribal Initiatives, SPRC

**Amanda Skenadore**

Senior Tribal Prevention, SPRC

October 2019

SAMHSA, Suicide Prevention Webinar



@SPRCTweets



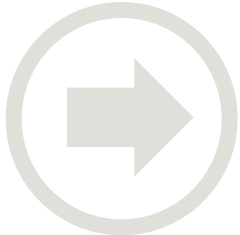
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**The Suicide Prevention Resource Center at EDC** is supported by a grant from the U.S. Department of Health and Human Services (HHS), Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services (CMHS), under Grant No. 5U79SM062297.

The views, opinions, and content expressed in this webinar do not necessarily reflect the views, opinions, or policies of CMHS, SAMHSA, or HHS.



# Overview

- 
- Suicide Prevention Resource Center (SPRC)
  - Effective Prevention Strategies
  - Reasons to Visit [www.sprc.org](http://www.sprc.org)
  - National Action Alliance for Suicide Prevention
  - Zero Suicide Toolkit for Indian Country
  - National Native American Heritage Month





The national **Suicide Prevention Resource Center (SPRC)** is your one-stop source for suicide prevention. We help you develop, deliver, and evaluate evidence-informed suicide prevention programs.

### What we offer

- Best practice models
- Toolkits
- Online trainings
- Research summaries and more!

### Who we serve

- Organizations
- Communities
- Agencies
- Systems

### CONNECT WITH US



[www.sprc.org](http://www.sprc.org)

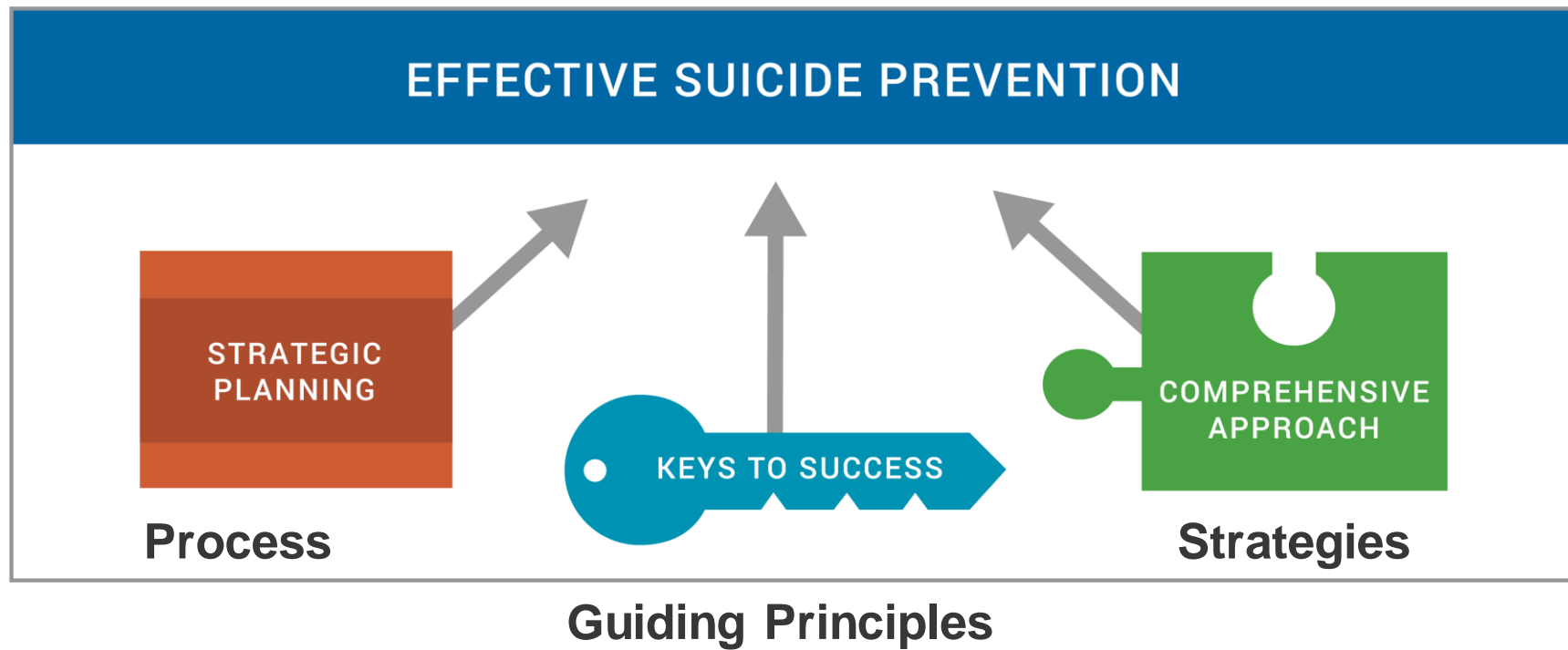


@SuicidePrevention  
ResourceCenter



@SPRCTweets

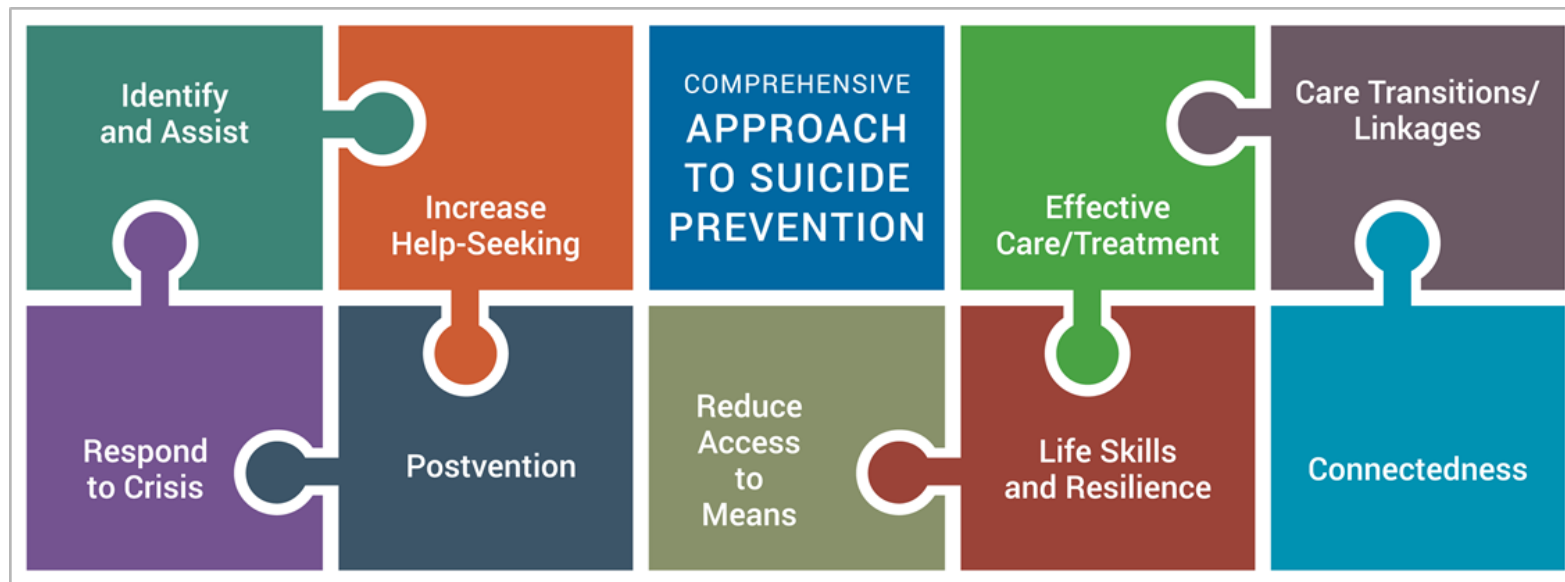
# Effective Suicide Prevention



Source: <http://www.sprc.org/effective-suicide-prevention>

[www.sprc.org](http://www.sprc.org)

# Comprehensive Approach



Source: <http://www.sprc.org/effective-prevention/comprehensive-approach>

[www.sprc.org](http://www.sprc.org)

# Guiding Principles



Source: <http://www.sprc.org/effective-prevention/keys-success>

[www.sprc.org](http://www.sprc.org)

# Strategic Planning



Source: <http://www.sprc.org/effective-prevention/strategic-planning>

[www.sprc.org](http://www.sprc.org)

# Settings Pages

- Schools
- Colleges and Universities
- Primary Care
- Emergency Departments
- Behavioral Health Care
- Workplaces
- Faith Communities
- Recommended Resources

Source: <http://www.sprc.org/settings/>

[www.sprc.org](http://www.sprc.org)

The screenshot displays the Suicide Prevention Resource Center website. At the top, there is a navigation bar with links for 'About Suicide', 'Effective Prevention', 'Resources & Programs', 'Training', 'News & Highlights', and 'Organizations'. A search bar and social media icons are also present. The main content area features a 'Settings' dropdown menu with the following categories:

- Comprehensive Approach**
  - Identify and Assist
  - Increase Help-Seeking
  - Effective Care/Treatment
  - Care Transitions/Linkages
  - Respond to Crisis
  - Postvention
  - Reduce Access to Means
  - Life Skills and Resilience
  - Connectedness
- Strategic Planning**
  - Finding and Using Data
  - Program Evaluation
  - Finding Programs and Practices
- Keys To Success**
  - Engaging People with Lived Experience
  - Partnerships and Collaboration
  - Safe and Effective Messaging and Reporting
  - Culturally Competent Approaches
  - Evidence-Based Prevention
- Settings**
  - American Indian/Alaska Native Settings
  - Schools
  - Colleges and Universities
  - Primary Care
  - Emergency Departments
  - Behavioral Health Care
  - Workplaces
  - Faith Communities

Below the menu, there are several featured articles and resources with accompanying images:

- American Indian/Alaska Native Settings**: Accompanied by an image of a building.
- Behavioral Health Care**: Includes sub-links for 'Inpatient Mental Health', 'Outpatient Mental Health', and 'Substance Abuse Treatment'. Accompanied by an image of a person on a phone.
- Colleges and Universities**: Accompanied by an image of a campus.
- Communities**: Accompanied by an image of a town.
- Crisis Centers/Services**: Accompanied by an image of a person on a phone.
- Faith Communities**: Accompanied by an image of people talking.

On the left side of the page, there is a 'New from the Web' section with several article teasers, including 'Supporting Survivors of Suicide Events', 'Showing Compassion: Cultures: Preventing Suicide in the Latino Community', 'UNITED KINGDOM: Study Finds Factors Linked to Teen Suicide Attempts', and 'Suicide After Surviving Mass Trauma Isn't Inevitable. And There Are Ways to Help.' There is also a 'The Weekly Spark' subscription button.



# Settings Pages

SEARCH ABOUT SPRC CONTACT US LOGIN   

 **Suicide Prevention Resource Center**  
About Suicide Effective Prevention Resources & Programs Training & Events News & Highlights Organizations

 8 2 5 5  
1 (800) 273 TALK

**Also in This Section**

American Indian/Alaska Native Settings

- Getting Started
- Data Sources
- Promising Prevention Practices
- Sustaining Efforts
- Sharing Our Wisdom
- Culturally Relevant Links

## American Indian/Alaska Native Settings

Suicide prevention is a high priority for people working to promote wellness and reduce health disparities affecting American Indians and Alaska Natives (AI/AN). Drawing on strengths within Native traditions, community leaders and experts are developing models that are culturally based to promote mental health and prevent suicide for future generations.

### Why Address Suicide Prevention

- Many AI/AN communities experience an elevated suicide rate.<sup>1</sup>
- AI/AN communities may lack access to suicide prevention programs that meet their cultural needs.

### How AI/AN Communities Can Take Action

The best way to prevent suicide is to use a culturally relevant, contextually driven, **comprehensive approach** that includes these key components:

- Promote **culturally competent practices** that increase protective factors and reduce risk.
- Connect the community's resources to create a shared vision of wellness.
- Gather information from Elders and community members to gain knowledge and understand **the issue of suicide** in the community where you are working.

**Reference**

1. Centers for Disease Control and Prevention. (2014). Fatal injury reports, national and regional, 1999–2014. Retrieved from <http://www.cdc.gov/nceh/injury/prevention/2014/01/14/fatal-injury-reports-national-and-regional-1999-2014>




**Sault Ste. Marie Tribe of Chippewa Indians: Suicide Prevention Program for Youth**

The Sault Tribe Alive Youth Project formed a coalition of stakeholders to create a broad-based youth suicide prevention program.


## ■ American Indian/Alaska Native

- Native-specific Recommended Resources
- Manuals, Toolkits, Guidelines, Links to Websites, Fact Sheets, Community Stories

Source: <http://www.sprc.org/settings/aian>

[www.sprc.org](http://www.sprc.org)

# News & Highlights



**Suicide Prevention Resource Center**  
About Suicide Effective Prevention Resources & Programs Training News & Highlights Organizations

SEARCH ABOUT SPRC CONTACT US LOGIN

**SUICIDE PREVENTION LIFELINE**  
8 2 5 5  
1 (800) 273 TALK

---

**Filter By**

Date Range  
 to

News Type

Populations

Settings

About Suicide

Planning and Implementing

Strategies

State

Keyword

Enter a single word or a phrase in quotes ("safety" or "safety planning")

[Reset Filters](#)


## News and Highlights

This section presents news and highlights from SPRC and the suicide prevention field. Use the filters on the left to find the following items:

- » **Weekly Spark** SPRC's online newsletter, containing brief news articles, research summaries, announcements, and funding opportunities. [Subscribe to the Weekly Spark.](#)
- » **Director's Corner**, a monthly column by SPRC Director Ely Stout and guest authors
- » **From the Field**, innovative activities being implemented in states, communities, healthcare organizations, and other settings.

Displaying 1774 results. Refine results using the filters on the left.

DIRECTOR'S CORNER



**Supporting Survivors of Traumatic Events**

April 12, 2019

SPRC Director Ely Stout discusses how the suicide prevention field can help support survivors of traumatic events.

WEEKLY SPARK

**Showing Compassion, Accepting Cultures: Preventing Suicide in the Latino Community**

April 12, 2019

CNN According to national data, 1 in 4 teen girls and 1 in 10 teen boys in the Latino community has had suicidal thoughts. Talking about suicide is a...

WEEKLY SPARK

**UNITED KINGDOM: Study Suggests Factors Linked to Teens' Suicide Attempts**

April 12, 2019

Psychiatric News In a UK study, most teens who experienced suicidal thoughts or self-harm at age 16 did not go on to attempt suicide by age 21. Among...

WEEKLY SPARK

**Provider's Clinical Support System - Hepatitis**

WEEKLY SPARK

**After a School Tragedy**

WEEKLY SPARK

**International Declaration for Zero Suicide Month**

- Weekly Spark
- [Subscribe](#)
- Director's Corner
- From the Field

Source: <http://www.sprc.org/news-and-highlights>

[www.sprc.org](http://www.sprc.org)

# The Suicide Prevention Resource Center

Which of the following guiding principles are NOT one of the keys to success in suicide prevention:

- A. Partnerships and collaboration
- B. Limited prevention approaches
- C. Safe and effective messaging and reporting
- D. Culturally competent approaches

SPRC

# The Suicide Prevention Resource Center

Who played “The Chief” in Wonder Woman?

- A. John Dunbar
- B. Eugene Brave Rock
- C. Iron Eyes Cody
- D. Michael Carnes

SPRC

# Why Visit the State Pages?

- Who
  - Contacts, Organizations, & Grantees
- What
  - Plans, News, & Tools



**Suicide Prevention Resource Center**

[About Suicide](#) [Effective Prevention](#) [Resources & Programs](#) [Training & Events](#) [News & Highlights](#) [Organizations](#)

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**Featured Tool**



Virtual Learning Lab

**Virtual Learning Lab: State Suicide Prevention**

This online learning lab can assist state and community leaders to more strategically build partnerships and improve their efforts to prevent suicide and overcome common challenges.

## States

Suicide prevention efforts can have greater power when they move beyond a single organization to reach a whole community. Find out what's going on in your state and consider ways to join with partners to have a greater impact. Find your state below for information and resources, including:

- Contact information
- Suicide prevention plans
- State and community organizations involved in suicide prevention
- Garrett Lee Smith Suicide Prevention Act and National Strategy for Suicide Prevention (NSSP) grantees
- Current legislation and news updates

**New from the *Weekly Spark***

**School-Based Mental Health Services and Suicide Risk**  
February 16, 2018

**Logic's Grammys Performance Tripled Calls to National Suicide Prevention Line**  
February 16, 2018

**ALASKA: Public Health Releases Five-Year Suicide Prevention Plan**

**Alabama**  
[View Prevention Plan](#)

**State Contact:** Betsy Cagle, (334) 206-3995,  
[Betsy.Cagle@adph.state.al.us](mailto:Betsy.Cagle@adph.state.al.us)

**Alaska**  
[View Prevention Plan](#)

**State Contact:** James Gallanos, (907) 465-8536,  
[james.gallanos@alaska.gov](mailto:james.gallanos@alaska.gov)

**Arizona**  
[View Prevention Plan](#)

**State Contact:** Kelli M. Donley, (602) 364-4651, [kelli.donley@azahcccs.gov](mailto:kelli.donley@azahcccs.gov)

**Arkansas**  
[View Prevention Plan](#)

**State Contact:** Mandy Thomas, (501) 614-5234,  
[Amanda.Thomas@Arkansas.Gov](mailto:Amanda.Thomas@Arkansas.Gov)

**California**  
[View Prevention Plan](#)

**State Contact:** Donna Ures, (916) 324-0401, [Donna.Ures@dhcs.ca.gov](mailto:Donna.Ures@dhcs.ca.gov)

**Colorado**  
[View Prevention Plan](#)

**State Contact:** Sarah Brummett, (303) 692-2369,  
[sarah.brummett@state.co.us](mailto:sarah.brummett@state.co.us)

**Connecticut**  
[View Prevention Plan](#)

**State Contact:** Andrea Duarte, (860) 418-6801, [Andrea.Duarte@ct.gov](mailto:Andrea.Duarte@ct.gov)

**Delaware**  
[View Prevention Plan](#)

**State Contact:** Emily Coggin Vera, (302) 654-6833,  
[ecoggin@mhainde.org](mailto:ecoggin@mhainde.org)

**District of Columbia**  
[View Prevention Plan](#)


**State Contact:** Lisa Bullock, (202) 671-3105, [lisa.bullock@dc.gov](mailto:lisa.bullock@dc.gov)

Source: <http://www.sprc.org/states>

[www.sprc.org](http://www.sprc.org)

# Alaska State Page

- Websites
- Contacts
- Organizations
- Grantees
- Prevention Plans
- State Specific Resources



**Suicide Prevention Resource Center**  
About Suicide Effective Prevention Resources & Programs Training News & Highlights Organizations

SEARCH ABOUT SPRC CONTACT US LOGIN

**8 2 5 5**  
**SUICIDE PREVENTION LIFELINE 1 (800) 273 TALK**

---

### User login

Username \*

Password \*

[Request new password](#)

[Log in](#)

## Alaska


**State Suicide Prevention Website:** [Alaska Department of Health and Social Services - Statewide Suicide Prevention Council](#)

**State Coalition Website:** [Stop Suicide Alaska.org](#)

### Contacts

**Leah Van Kirk**

Suicide Prevention Program  
Coordinator  
Health and Social Services Division  
of Behavioral Health  
350 Main Street, Ste. 214 P.O. Box  
110620  
Juneau, AK 99811-0620  
United States  
**Phone:** (907) 465-8536  
[leah.vankirk@alaska.gov](mailto:leah.vankirk@alaska.gov)



---

### View a State

- Select a State -

### Filter By

Type

Populations

Settings

About Suicide

Planning and Implementing

---

### State and Community Organizations

**NAMI Alaska**  
(907) 277-1300

**Mental Health Association in Alaska**  
(907) 563-0880

**American Foundation for Suicide Prevention (AFSP) Alaska**

### Current GLS, NSSP, and Zero Suicide Grantees

**Fairbanks Native Association**

**Kawerak, Inc.**

**Southcentral Foundation**

[All Active Grantees in this State](#)

[See Full Listing of Grantees](#)

### Prevention Plans

[Alaska State Suicide Prevention Plan 2018-2022](#)

Source: <http://www.sprc.org/states/alaska>

[www.sprc.org](http://www.sprc.org)



# NW Portland Area Indian Health Board Grantee Page

- [Contact](#)
- [Type](#)
- [Status](#)
- [State](#)
- [Description](#)



**Suicide Prevention Resource Center**

[About Suicide](#) [Effective Prevention](#) [Resources & Programs](#) [Training](#) [News & Highlights](#) [Organizations](#)

SEARCH ABOUT SPRC CONTACT US LOGIN   

**SUICIDE PREVENTION LIFELINE** 8 2 5 5  
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## Organization Contact

Colbie Caughlan, MPH  
Suicide Prevention Project Director  
2121 SW Broadway  
Suite 300  
Portland, OR 97201  
United States  
**Phone:** (503) 416-3284  
[ccaughlan@npaihb.org](mailto:ccaughlan@npaihb.org)

## User login

**Username \***

**Password \***

» [Request new password](#)

[Log in](#)

## NW Portland Area Indian Health Board

 [PDF version of this page](#)

**Program Name:** THRIVE

**Grantee Website:** [Northwest Portland Area Indian Health Board](#)

**Grant Type:** Garrett Lee Smith Tribal

**Grant Status:** Active

**Year Awarded:** 2014

**State:** Oregon

Housed at the Northwest Portland Area Indian Health Board, the THRIVE project (Tribal Health: Reaching out InVolves Everyone) has worked with the NW tribes to prevent suicide since 2009. The NPAIHB is a tribal non-profit organization that represents 43 Federally-recognized American Indian tribes in Washington, Oregon, and Idaho. In collaboration with the NW Tribes, tribal clinics, and regional partners, THRIVE will build regional suicide prevention capacity and prevent suicide among American Indian and Alaska Native youth 10-24 years old. Our approach builds upon a strong tribal network and acquired expertise in culturally-relevant intervention strategies and expands the most effective activities carried out by THRIVE during our prior GLS grant (cohort 9). Our goals are to:

**Goal 1.** Improve protective mental health knowledge, attitudes, coping skills, and help-seeking behaviors among AI/AN youth (10-24 years old) nationwide, by delivering evidence-based suicide prevention interventions.

**Goal 2.** Promote mental health and the social acceptability of mental health services for AI/AN youth and their families.

# SPRC Training and Events

- Free Online Training
- Microlearning (highlight strategic communication series)
- Webinars



SPRC provides in-person trainings, online courses, webinars, and other virtual learning experiences.

## Assessing and Managing Suicide Risk (AMSR)

Workshops delivered in person by AMSR trainers

## Online Courses

Self-paced, open to anyone, and free of charge

## Virtual Learning Labs

Designed to help leaders in campus, state, or community settings overcome challenges and develop effective suicide prevention initiatives

## Micro-Learning

Resources that provide fast, focused skill and knowledge building

## SPARK Talks

Videos of leaders in the suicide prevention movement that inform and inspire action

## Webinars

Sponsored by SPRC, the Substance Abuse and Mental Health Services Administration (SAMHSA), and our partners

# Free Self-Paced Online Courses

**Counseling on Access to Lethal Means**

TOOLS & RESOURCES COURSE NAVIGATION EXIT

**Firearms: Reducing Access**

**Introduction**

**Discuss options to reduce access**

When working with a client who may be at risk for suicide, ask about firearms in the home. Explain that risk sometimes escalates rapidly. Click through the numbered steps below to proceed.

1. Store Firearms
2. Enlist Support
3. Lock Firearms
4. Talk With Others
5. Address Barriers

SLIDE 29 OF 64 PLAYING 00:16 / 05:19

- Preventing Suicide in Emergency Department Patients
- **Counseling on Access to Lethal Means (CALM)**
- **A Strategic Planning Approach to Suicide Prevention**
- Locating and Understanding Data for Suicide Prevention

Source: <https://training.sprc.org/>

[www.sprc.org](http://www.sprc.org)

# Micro-Learning



[SEARCH](#)
[ABOUT SPRC](#)
[CONTACT US](#)
[LOGIN](#)
[YouTube](#)
[Facebook](#)
[Twitter](#)

**SUICIDE PREVENTION LIFELINE**  
 8 2 5 5  
**1 (800) 273 TALK**

## Micro-Learning

Micro-learning provides short, targeted learning experiences. Each micro-learning resource provides relevant, practical information to help you build skills and improve outcomes.

SPRC micro-learning resources can be viewed at any time on any device, so they're always at your fingertips.



### A Lived Experience Story About What Makes a Difference

Watch this brief video to learn from a suicide attempt survivor about the types of hospital care she found helpful.



### Collaborating on Safety Plans

This brief video describes strategies for developing a safety plan in collaboration with someone who is at risk of suicide.



### Lived Experience: What It Is and How to Include It

Watch this brief video to learn what "lived experience" is and how partnering with people with lived experience can guide service design and delivery.



### Aftercare That Makes a Difference



### The Patient Safety Screener



### Effective Suicide Prevention

## Varied Topics

- Brief Video
- Recommended Resources

Source: <http://www.sprc.org/training/micro-learning>

[www.sprc.org](http://www.sprc.org)

# SPRC Webinars

GENERAL WEBINAR



## Suicide Surveillance Strategies for American Indian and Alaska Native Communities

August 29, 2017

SPRC's Tribal Suicide Surveillance Project has completed a yearlong inquiry, which began in spring 2016, of key informants and tribal Garrett Lee...

GENERAL WEBINAR



## Action Alliance Webinar: Developing Successful and Positive Suicide Prevention Messaging

July 13, 2017

Research shows that certain types of messaging about suicide deaths can increase risk among vulnerable individuals. Conversely, positive and safe...

GENERAL WEBINAR



## Reaching Our Vision - Tribal Learning Collaborative

November 4, 2013

This month's topic will be an open discussion among participants with a focus towards the future. Perhaps there's something that you have been...

GENERAL WEBINAR



## Keeping Youth Safe: Reducing Access to Lethal Means

October 24, 2013

Restricting access to lethal means is one component of a comprehensive approach to reducing the risk of suicide. Join us during this webinar to learn...

# Virtual Learning Lab: State Suicide Prevention

- **Partnerships**
  - Select the Right Partners
  - Engage Potential Partners
  - Address Institutional Barriers & Obstacles
  - Sustain Programming through Collaboration

The screenshot shows the website header for the Suicide Prevention Resource Center (SPRC). The navigation menu includes: About Suicide, Effective Prevention, Resources & Programs, Training & Events, News & Highlights, and Organizations. On the right, there are search and social media icons, and the text 'SUICIDE PREVENTION LIFELINE 8 2 5 5 1 (800) 273 TALK'.

The main content area is titled 'Partnerships' and is part of a 'Virtual Learning Lab: State Suicide Prevention' module. A sidebar on the left lists 'Partnerships' as a sub-section. The main content includes a section titled '4 Sustain Programming through Collaboration' with a 'Back to topics' link. Below this is a paragraph of text: 'Just as it's not always easy to initially involve partners in your suicide prevention efforts, it can be equally challenging to get prevention efforts "baked into" partner systems, habits, and culture so that these activities can be sustained. To build partners' ownership of the work and their investment in continuing it, find specific ways you can formalize their engagement. When your partners effectively embed prevention practices into their work, prevention programs can continue beyond a limited initiative or funding period.' Below the text are three questions with question mark icons: 'What strategies can help me maintain the relationship?', 'What can I do to formalize my partnerships?', and 'What can I do when my partner experiences major changes?'. A photo of a woman in a business suit is on the right. At the bottom, there is a footer with 'SPRC | VIRTUAL LEARNING LAB | PARTNERSHIPS' and 'Prev Next' navigation buttons.

» Download a text version of this module: Partnerships



# Opportunities for Partnerships

- **Substance Abuse and Mental Health Services (SAMHSA)**
  - Garrett Lee Smith
  - Zero Suicide
  - Native Connections
- **Indian Health Service (IHS)**
  - Methamphetamine and Suicide Prevention Initiative (MSPI)
  - Zero Suicide

The image displays two screenshots of government websites. The top screenshot is from the Suicide Prevention Resource Center (SPRC) website. It features a navigation bar with links for 'About Suicide', 'Effective Prevention', 'Resources & Programs', 'Training & Events', 'News & Highlights', and 'Organizations'. Below the navigation bar is a 'User login' section with fields for 'Username \*' and 'Password \*', a 'Log in' button, and a link to 'Request new password'. To the right of the login section is a 'Grantees' section with a heading and introductory text. The text explains that Garrett Lee Smith Suicide Prevention grantees are funded by SAMHSA, and National Strategy for Suicide Prevention (NSSP) grantees are funded by SAMHSA to support states in implementing the 2012 National Strategy for Suicide Prevention. It also mentions Zero Suicide grantees and provides a 'Private Page Log In' link for current and alumni grantees. Below the text is a 'Filter By' section with a 'Grant Type' dropdown menu. The bottom screenshot is from the Indian Health Service (IHS) website. It features a navigation bar with links for 'About IHS', 'Locations', 'For Patients', 'For Providers', 'Community Health', 'Career Opportunities', and 'Newsroom'. Below the navigation bar is a search bar and a 'Methamphetamine and Suicide Prevention Initiative (MSPI)' section. The MSPI section includes a heading, a list of links (About MSPI, News and Announcements, Funded Projects, Spotlights, Training, Best Practices in Use, Technical Assistance, MSPI Portal, Media Campaigns, Resources), and a large image showing a group of people, some holding a sign that says 'HOPE'.

# Online Library



## Filter By

Display only items by SPRC

Date Range

to

Resource and Program Type

Select

Display only Programs with Evidence of Effectiveness

Populations

Select

Settings

Select

## Resources and Programs

Use the Resource and Program Type filter on the left to find:

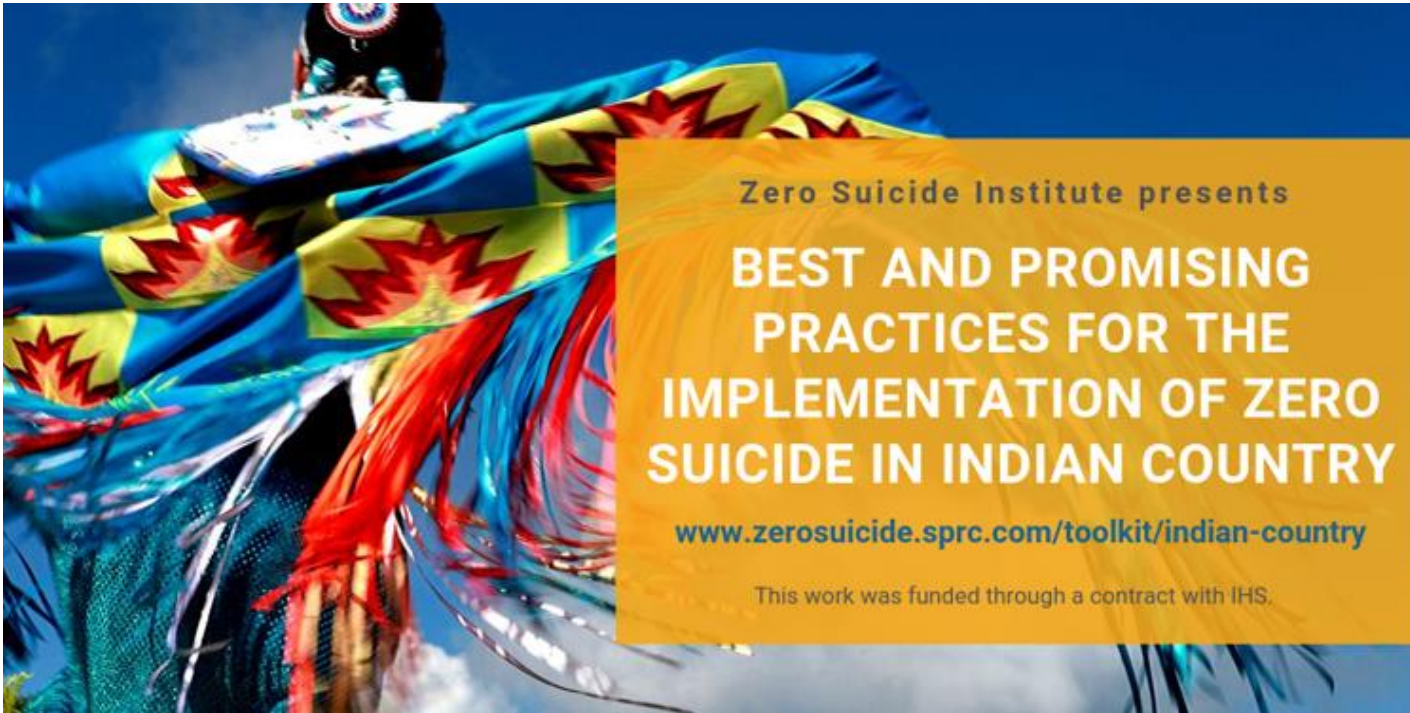
- » **Resources** (e.g., articles, tools, fact sheets, reports) developed by SPRC and other suicide prevention organizations and experts
- » **Programs and Practices** (e.g., education, screening, treatment, environmental change), including [former BPR listings](#)
  - » Programs with evidence of effectiveness are indicated by the icon . To learn more about programs with this designation, see [Evidence-Based Prevention](#).
  - » Check the box on the left to display *only* programs with evidence of effectiveness.
  - » For information about other program registries and lists, visit our [Finding Programs and Practices](#) page.

Please be aware that SAMHSA's National Registry for Evidence-based Programs and Practices (NREPP) has been discontinued, and that SAMHSA will be reconfiguring its approach to identifying and disseminating evidence-based policies and programs. For more information, please read Assistant Secretary Elinore F. McCance-Katz's [statement](#) about NREPP and evidence-based practices.

Source: <http://www.sprc.org/resources-programs>

[www.sprc.org](http://www.sprc.org)

# ZS Toolkit for Indian Country



Source: <http://zerosuicide.sprc.org/toolkit/indian-country>

# National Action Alliance for Suicide Prevention

- Hope for Life Day Toolkit
- Framework for Successful Messaging
- Messaging
  - News Media
  - Entertainment Media
  - Framework for Successful Messaging

The screenshot shows the website for the National Action Alliance, specifically the page for American Indian / Alaska Native communities. The page features a blue header with the organization's logo and navigation links. The main content area is titled "American Indian / Alaska Native" and includes a paragraph about the higher risk of suicide for AI/AN populations, a section for "Suicide Prevention Awareness Day" with a quote from the National Congress of American Indians, and a "Related Resources" section featuring the "Hope for Life Day Toolkit".

**ACTION ALLIANCE** Our Partners Our Strategy Communities Healthcare Messaging

## American Indian / Alaska Native

American Indians and Alaska Native (AI/AN) populations are at higher risk for suicide than other ethnic and racial groups, with youth ages 10 to 24 years being particularly at risk. Factors linked to increased suicide risk among AI/AN groups include historical trauma, discrimination, alienation, substance abuse, community violence, and suicide contagion.

Share

Facebook Twitter YouTube

### Suicide Prevention Awareness Day

In partnership with the National Council of Urban Indian Health (NCUIH), the Action Alliance (American Indian/Alaska Native Task Force) put forward a resolution, passed by the National Congress of American Indians in 2015, creating the annual National American Indian and Alaska Native Hope for Life (Suicide Prevention Awareness) Day.

"... supporting the leadership efforts of our youth and community advocates, celebrating culture and traditional values, and cultivating resilience and community strengths, will create a pathway towards reducing suicide in Indian communities." - National Congress of American Indians, Creating an Annual National American Indian and Alaska Native Hope for Life Day (Suicide Prevention Awareness Day)

To help AI/AN communities celebrate this day, held each year on September 10th, the Action Alliance also developed the Hope for Life Day online toolkit of resources for community leaders, grassroots organizers, and healthcare professionals working in Native communities.

### Explore Other Work in the Priority Area:

- Faith Communities
- Workplace
- Military Service
- Members and Veterans
- Juvenile Justice

### Related Resources

#### Hope for Life Day Toolkit

Geared towards professionals working in American Indian/Alaska Native communities, this toolkit provides guidance on how to implement a Hope for Life Day.

Source: <https://theactionalliance.org/communities/american-indian-alaska-native>  
[www.sprc.org](http://www.sprc.org)

# Framework for Successful Messaging



YOUR Message Matters  
Sign on and Take Action

Google™ Custom Search

Search X

## Action Alliance Framework for Successful Messaging

What is the Framework?

Strategy

Safety

Positive Narrative

Guidelines

Examples



## Four Framework Elements





**SPRC • Suicide Prevention Resource Center**

**Questions?**



# Native American Heritage Month

Be on the look out for the Weekly Spark to explore and share resources to help prevent suicide in AI/AN communities:



## SPRC Weekly Spark

**November Issue dedicated to  
National Native American  
Heritage Month**

# Spread the word about your prevention work on social media: **#hashtags**

Social media hashtags help users find messages on a specific topic. Use these hashtags when you post about your suicide prevention work:

- #suicide
- #suicideprevention
- #AIAN
- #NativeAmericanHeritageMonth



# Spread the word about your prevention work on social media: @handles

- **SPRC:** @SPRCtweets
- **EDC:** @EDCtweets
- **Action Alliance:** @Action\_Alliance
- **SAMHSA:** @samhsagov
- **Indian Health Service:** @IHSgov
- **National Indian Health Board:** @NIHB1
- **National Council of Urban Indian Health:** @NCUIH\_Official
- **National Congress of American Indians:** @NCAI1944
- **National Indian Education Association:** @WereNIEA
- **Bureau of Indian Education:** @BureauIndianEdu
- **Center for American Indian Health:** @JHUCAIH
- **National Indian Child Welfare Association:** @NativeChildren
- **Center for Native American Youth:** @Center4Native
- **The Urban Indian Health Institute:** @TheUIHI
- **Association of State and Tribal Health Officials:** @ASTHO
- **American Public Health Services Association:** @APHSA1
- **American Foundation for Suicide Prevention:** @afspnational
- **CDC:** @CDCInjury
- **Council of State and Territorial Epidemiologists:** @CSTEnews
- **National Center for Fatality Review and Prevention:** @NationalCFRP
- **National Institute of Mental Health:** @NIMHgov
- **National Child Traumatic Stress Network:** @nctsn

# Visit [SPRC.org](https://www.sprc.org)



**Sign up** for SPRC's *Weekly Spark* newsletter for the latest news, research, and announcements.



**Learn** at your own pace with online courses, learning labs, and brief videos.



**Discover** how to apply suicide prevention best practices with SPRC's Effective Suicide Prevention Model.



**Access** a wealth of resources, including toolkits, fact sheets, success stories, and more!



**Explore** a library of suicide prevention programs with evidence of effectiveness.



**Find** information on suicide prevention efforts in your state.



@SPRCTweets

## Contact Us

# Thank you!

---

**Amy Bearskin-Painter**  
[apainter@edc.org](mailto:apainter@edc.org)

**Amanda Skenadore**  
[askenadore@edc.org](mailto:askenadore@edc.org)

**EDC Headquarters**  
43 Foundry Avenue  
Waltham, MA 02453

**EDC Washington DC**  
1025 Thomas Jefferson Street, NW  
Suite 700  
Washington, DC 20007

[edc.org](http://edc.org)

SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities.

[www.samhsa.gov](http://www.samhsa.gov)

1-877-SAMHSA-7 (1-877-726-4727) • 1-800-487-4889 (TDD)