The New Mexico Department of Health

# Strategic Plan Fiscal Year 2014 - 2016 FY 2016 Interim Strategic Plan

State of New Mexico Susana Martinez, Governor

New Mexico Department of Health Retta Ward, Cabinet Secretary



# **New Mexico Department of Health**

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# A Message from the Secretary

# **Retta Ward** Cabinet Secretary NM Department of Health

It's a great honor to serve the people of New Mexico. We are a population of over 2 million residents and 6.4 million visitors each year. With more than 3,200 staff members and a budget of \$550 million dollars, the Department of Health delivers essential public health and health services to frontier, rural, and urban communities and 22 sovereign tribal nations. Our facilities serve as a safety net for people who require long term care, rehabilitation, and behavioral health treatment. New Mexico Department of Health (NMDOH) programs work with providers to support people with disabilities and their families. It is also our role to ensure an effective and timely response to public health emergencies. These are among the many ways we serve the people of New Mexico.

The Department of Health's 2014 – 2016 Strategic Plan is a roadmap for the agency on how to remain a vital part of an effective health system today and into the future. In order to achieve this purpose, we must commit to doing all we can to ensure that there is an adequate and competent workforce, and that we are collaborating with our partners to create community environments that promote healthy lifestyles and the prevention of injury and disease. I fully adopt this important document that reflects the ongoing effort by the Department.

The Department's Strategic Plan outlines our vision, mission, values, and organizational priorities for the coming years. During the Strategic Planning process, we reviewed statewide priorities and carefully considered how these align with national *Healthy People 2020* objectives and acknowledge current health status reports. By working with key community partners in the public and private sectors, we will continue to prioritize our efforts in order to meet the many health challenges we face. This Interim FY16 Strategic Plan provides an update on the progress we've made toward achieving measurable results at both the agency and population level.

In 2012, we began a pursuit of Public Health Accreditation for the NMDOH. The goal of Accreditation is to improve and protect public health by advancing the quality of all our services, and to strengthen collaborative efforts with state and local partners. In May of 2014, we submitted our documentation to the Public Health Accreditation Board. By accomplishing Accreditation, the delivery of public health essential services by the NMDOH will be evaluated according to a set of national standards, which will increase the quality and impact of the work we do.

This NMDOH Strategic Plan is intended to be a practical, descriptive document designed to reflect our priorities and demonstrate how we are applying our resources to improve the public's health. This is a "living document" intended to change as necessary to ensure the well-being of the people we serve.

I commend our diverse and competent Department professionals for their dedication to improving the quality of our work in order to achieve the shared vision of A HEALTHIER NEW MEXICO!

Pette Ward

Cabinet Secretary New Mexico Department of Health

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[New Mexico Department of Health FY16 Interim Strategic Plan. Updated September 1, 2014]



NMDOH Strategy to increase physical activity and healthy eating in elementary school students: Increase number of safe walking and biking routes and encourage schools to adopt components of Safe Routes to School

#### A QUICK GUIDE TO PERFORMANCE MEASURES

AGA*	PERFORMANCE MEASURE	PAGE
	Administrative Services Division (P001)	
(Cab	inet Secretary, communication, finance, HR, IT, General Counsel, policy, accreditation, health equity, border h	nealth)
	PM Under Development: A well-educated and informed NMDOH workforce	98
	PM Under Development: Provide a central electronic location for NMDOH training	100
	PM Under Development: Time to fully execute professional services contracts	110
	Percent of individuals accessing the NMDOH website who are satisfied	106
	Percent of individuals accessing the NMDOH website who found it easy to use	106
	Public Health Division (P002)	
Y	Percent of QUIT NOW enrollees who successfully quit using tobacco at 7-month follow-up.	26
Y	Percent of teens participating in pregnancy prevention programs that report not being pregnant, or being responsible for getting someone pregnant during the school year following participation at the end of the school year year	28
Y	Number of teen ages 15-17 receiving services at clinics funded by the NMDOH Family Planning Program	28
Y	Percent of female clients ages 15-17 seen in NMDOH public health offices who are given highly or moderately effective contraceptives	28
Y	Percent of students using school-based health centers that receive a comprehensive well exam	30
Y	Percent of elementary students in community transformation communities who are obese	32
Y	Percent of elementary school students in community transformation communities participating in walk and roll to school	32
Y	Percent of elementary school students in community transformation communities participating in classroom fruit and vegetable tastings	32
Y	Percent of preschoolers (19-35 months) fully immunized	34
Y	Percent of diabetic patients at NMDOH supported community health centers whose HbA1c levels are less than 9%	39
	The average weight loss achieved by all National Diabetes Prevention Program participants (a recommended minimum of 5% of starting body weight) from baseline through post-core	41
Y	Percent of WIC recipients that initiate breastfeeding	42
	PM Under Development: Certification of Community Health Workers	102
	Epidemiology and Response Division (P003)	
Y	Ratio of infant pertussis cases to total pertussis cases of all ages	36
	Number of adults age 65 and older who completed an evidence-based falls prevention program	44
	Number of presentations on the epidemiology of alcohol to community groups and stakeholders to raise awareness of alcohol as a public health issue	46
	Number of Medicaid reimbursement requests for SBIRT (H0049 or H0050)	46
Y	Number of naloxone kits provided in conjunction with prescription opioids	48
	Percent of children with persistent asthma who show an improvement in their symptoms as a result of asthma self-management education	50
	Number of people completed a NMDOH-funded sexual assault prevention program	60
Y	Percent of counties with documented implementation plans for developing regionalized EMS response	64
	Percent of emergency department and intensive care unit licensed staff at developing and existing trauma centers who have received training in traumatic injury care	66
Y	Percent of acute care hospitals reporting stroke data into approved national registry	68
Y	Percent of acute care hospitals reporting heart attack data into approved national registry	70

	A QUICK GUIDE TO PERFORMANCE MEASURES	
AGA	PERFORMANCE MEASURE	PAGE
	Epidemiology and Response Division (P003) Continued	
Y	Percent of hospitals reporting bed availability in the healthcare emergency preparedness bed reporting system within four hours of request	72
Υ	Percent of vital records [front counter] customers who are satisfied with the service they received	112
	Scientific Laboratory Division (P004)	
Y	Percent of blood alcohol tests from driving-while-intoxicated cases that are completed and reported to law enforcement within 15 working days	52
Y	Percent of office of medical investigator cause of death toxicology cases that are completed and reported to office of medical investigator within 60 calendar days	54
Y	Percent of public health threat samples for communicable diseases and other threatening illnesses that are completed and reported to the submitting agency within published turnaround times	56
Y	Percent of environmental samples for chemical contamination that are completed and reported to the submitting agency within 60 calendar days	58
	Facilities (P006)	
Y	Percent of patient costs at agency facilities that are uncompensatable	108
Y	Percent of staffed beds filled at all agency facilities	74
Y	Percent of eligible third-party revenue collected at all agency facilities	109
Y	Percent of long-term care residents with health care acquired pressure ulcers	76
	Percent of rehabilitation patients experiencing one or more falls with injury	78
Y	Percent of long-term care patients experiencing one or more falls with injury	78
Y	Percent of behavioral health patient medical records transmitted to the next level of care within five calendar days.	80
Y	Percent of adolescent behavioral health patients for whom the use of seclusion and/or restraint is necessary	80
	Developmental Disabilities Supports Division (P007)	
Y	Percent of developmental disabilities waiver applicants who have a service plan in place within ninety days of income and clinical eligibility	82
Y	Percent of adults receiving community inclusion services through the DD Waiver who receive employment services	84
Y	Number of individuals receiving developmental disabilities waiver receiving services	82
Y	Number of individuals on the developmental disabilities waiver waiting list	82
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	Division of Health Improvement (P008)	
	(Health Facility Certification, Licensing and Oversight)	I
Y	Percent of abuse, neglect and exploitation incidents for community-based programs investigated within forty- five days	86
Y	Percent of report of findings transmitted to provider within twenty business days of survey exit	89
	Percent of CMS 2567 Report/Statement Deficiencies for facility surveys completed and distributed within 10 days from survey exit	90
	Percent of facility building plan compliance reviews completed and distributed with 20 days from the data a complete packet is received	92
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Y	Percent of complete medical cannabis client applications approved or denied within thirty calendar days of receipt	94

# DEFINITIONS

#### **Population Result**

A condition of well-being for children, adults, families or communities.

#### **Population Indicator**

Population health indicators are quantifiable characteristics of a population which are used as supporting evidence for describing the health of a population. Population health indicators are often used by governments to guide health care policy. The population may be defined geographically or by characteristic (e.g., all children in one school district, all patients in a facility, children with asthma, all people in a county or members of a tribe).

#### **Population Indicator Baseline**

For a population health indicator, the baseline represents the most recently available data to show that a health issue is of such magnitude that it requires action by the program or by a group of stakeholders or partners. Baseline data are necessary as the foundation to determine the ultimate level of success.

#### **Program Performance Measure**

A measure of how well a program, agency or service system is working. The NMDOH strives to have good program performance measures that may, directly or indirectly, affect positively the population health indicators and result.

#### Program Performance Measure Baseline

For a program performance measure, the baseline establishes the value or values to serve as comparison point for future data for performance monitoring. Baseline data are necessary as the starting point to determine the ultimate level of program success, answering the questions "how well are we doing?" and "are people better off?"



# Mission, Vision, and Values

The vision, mission, and core values are the foundation for our strategic plan. Together they identify why the organization exists, how it aligns with the State Health Assessment and the State Health Improvement Plan, and how it measures performance. These were created by New Mexico Department of Health employees.

# **Our Vision**

## A healthier New Mexico!

# **Our Mission**

# Promote health and wellness, improve health outcomes, and assure safety net services for all people in New Mexico.

# **Our Core Values That Guide Us While Fulfilling Our Mission**

Accountability  $\rightarrow$  honesty, integrity, and honor commitments made

**Communication**  $\rightarrow$  promote trust through mutual, honest, and open dialogue

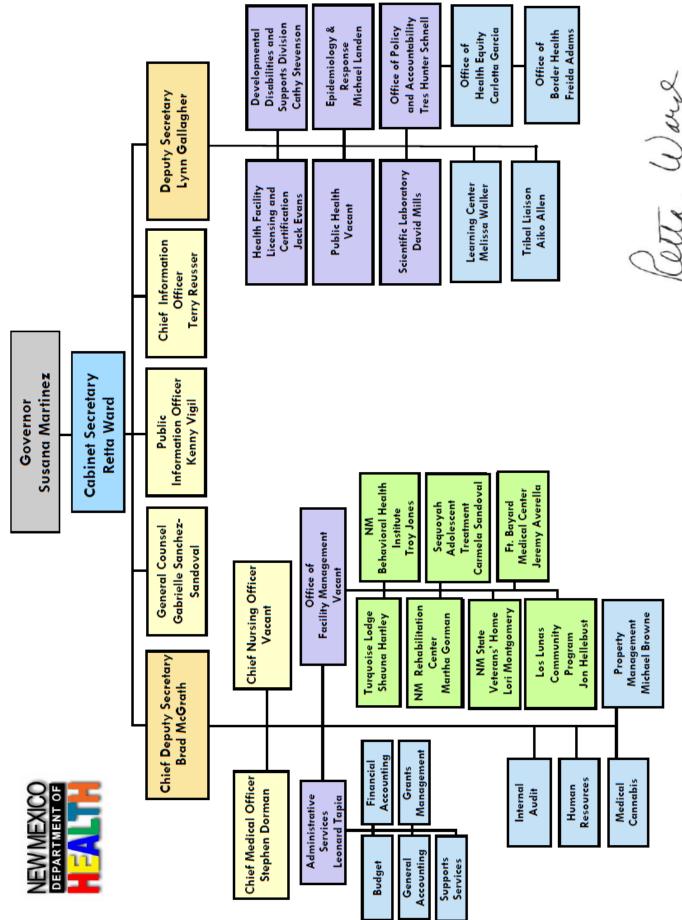
 $Teamwork \rightarrow$  share expertise and ideas through creative collaboration to work toward common goals

Respect  $\rightarrow$  appreciation for the dignity, knowledge, and contributions of all persons

**Leadership**  $\rightarrow$  promote growth and lead by example throughout the organization and in communities

Customer Service  $\rightarrow$  placing internal and external customers first, assure that their needs are met





Retta Ward, Cabinet Secretary

September 2, 2014

# The Functions of a State Health Department

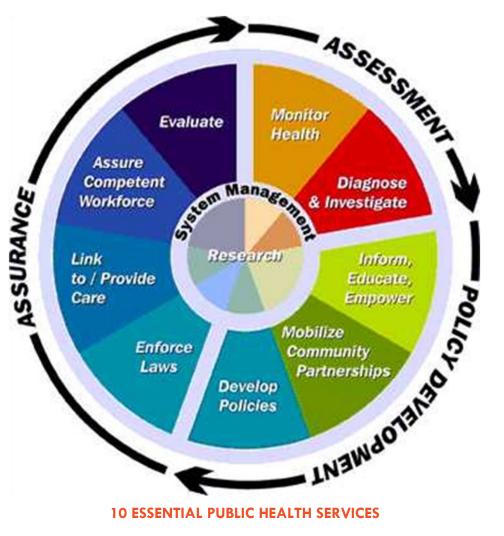
Public health encompasses three core functions:

- Assessment of information and the health status of the community
- Comprehensive public health policy and plan development and implementation
- <u>Assurance</u> that public health services that work are provided to the community, that public health laws and regulations are enforced and that the workforce is competent and adequate.

At the state level, each community has a unique "public health system" comprised of individuals and public and private entities that are engaged in activities that affect the public's health. Public health is most successful when communities are working together and partnerships are strong. State health departments play a pivotal role in assuring the health of communities, and everyone should reasonably expect the state health department to fulfill certain functions.

# TribalGovernment CommunityHealthCenters MassTransit Media BehavioralHealth EnvironmentalHealth Nutritionists Tribes Agriculture Military HealthDepartment ElectedOfficials Corrections FarmersMarkets HomeHealth FireDepartment CivicGroups Schools Doctors Nurses Dentists FaithCommunities LongTermCare

In order to strengthen public health infrastructure, the Core Public Health Functions Project established a Committee that developed a framework for the Public Health Essential Services in 1994. This framework led the Centers for Disease Control and Prevention and their partners to establish The National Public Health Performance Standards to provide a framework to assess capacity and performance of public health system and their governing bodies. The 2003 Institute of Medicine (IOM) report, The Future of the Public's Health, called for the establishment of a national Steering Committee to examine the benefits of accrediting governmental public health departments. As a result of these important efforts, a national Public Health Accreditation program was established.



**10 ESSENTIAL PUBLIC HEALTH SERVICES** 

The Ten Essential Services are independent yet complimentary roles for the Department and communities to work toward.

#### Assessment

- **Monitor** health status to identify and solve community health problems.
- **Diagnose and investigate** health problems and health hazards in the community. •

#### **Policy and Plan Development**

- Inform, educate, and empower people about health issues.
- **Mobilize** community partnerships and action to identify and solve health problems.
- **Develop policies and plans** that support individual and community health efforts. •

#### Assurance

- **Enforce** laws and regulations that protect health and ensure safety. •
- Link people to needed personal health services and assure the provision of health care when • otherwise unavailable.
- Assure competent public and personal health care workforce.
- **Evaluate** effectiveness, accessibility, and quality of personal and population-based. health services.

**Research** for new insights and innovative solutions (System Management)

## **Department Overview**

In 1919, the first meeting of the State Board of Health of New Mexico was held during the administration of Governor Larrazolo and the Division of Public Health Nursing was created. The Board's budget for fiscal year 1921 was \$16,700.16. From the very beginning, public health nursing, with its emphasis on providing health care and health education, was seen as the most effective means of lowering the state's high infant mortality rate, improving hygiene, and preventing the spread of communicable diseases.

Like most states, New Mexico's health system is comprised of multiple components across many different organizations, which contribute to assessing, maintaining, and improving health in our state. Broadly, the components in New Mexico include: state agencies such as NMDOH, NM Environment Department, NM Human Services Department, NM Children, Youth, and Families Department and Aging and Long-Term Services Department; tribal entities; Indian Health Services; hospitals; managed care organizations; universities; advocacy groups; and county and local government. State agencies have worked together for many years to produce the New Mexico Children's Cabinet Report Card and Budget Report.

The New Mexico Department of Health is a centralized system of health services. A Cabinet Secretary, appointed by the Governor, oversees the NMDOH. New Mexico has 33 counties and 23 sovereign tribes, which are organized into five public health regions. Governance for these regions is provided by NMDOH, a state agency. Local public health offices are not governed by local boards of health or county officials. Public Health Regions have staff resources in all counties to locally assess and address public health needs. Recently, Public Health regions were realigned to better correspond geographically with patterns of public health services and to promote collaboration among local resources and other state agencies.

NMDOH is the lead entity in New Mexico providing core public health functions and essential services. The NMDOH main campus is located in Santa Fe and the agency employs approximately 3,200 people in more than 60 locations around the state, and administers an annual budget in excess of \$540 million. The NMDOH is organized into seven divisions (Administrative Services, Information Technology, Public Health, Epidemiology and Response, Scientific Laboratory, Developmental Disabilities Support, and Division of Health Improvement).

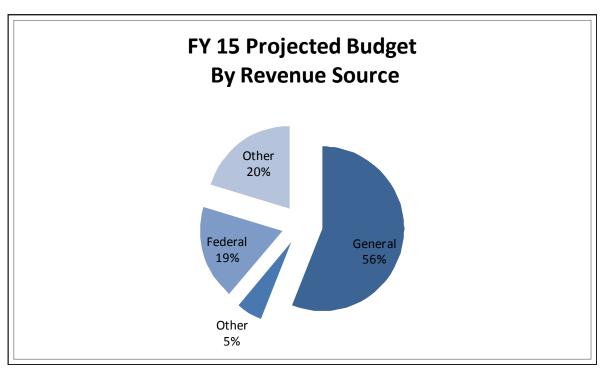
In addition there are several offices which engage in cross-departmental efforts and supports (Office of General Counsel, Public Information Office, Office of Internal Audit, and the Office of Policy and Accountability, which includes the Office of Health Equity and the Office of Border Health). Finally, the NMDOH operates seven facilities providing behavioral health, long term care, and rehabilitative services overseen by the Office of Facility Management. New Mexico also has legalized medical cannabis and the Medical Cannabis program was created as an independent self-supporting NMDOH program in 2012.

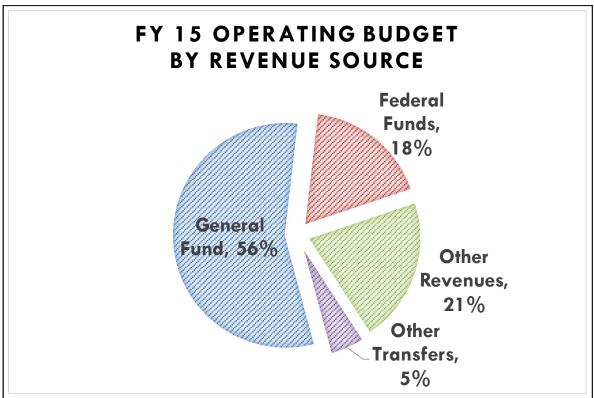
NMDOH has made great progress toward achieving Public Health Accreditation. Cabinet Secretary Retta Ward submitted our documentation to the Public Health Accreditation Board on May 13, 2014; submission of documents is a key factor to demonstrate that the department meets the accreditation standards. As of August 2014, five states have achieved Public Health Accreditation. The following divisions and offices play a key role in the Department's ability to achieve and maintain Accreditation status.

- The Public Health Division provides a coordinated system of community-based public health services focusing
  on disease prevention and health promotion in order to improve health status, reduce disparities, and ensure
  timely access to quality, culturally competent health care. It consists of seven bureaus and five regions: Director's
  Office/Program Support, Pharmacy, Family Health, Infectious Disease, Chronic Disease Prevention and Control,
  and Health Systems Bureaus, and the Northeast, Northwest, Metro, Southeast and Southwest Regions.
- The Epidemiology and Response Division tracks health and disease; monitors health status to identify community health problems; diagnoses, investigates, and controls outbreaks and health problems in communities; prevents and controls injuries; provides vital registration services; provides health information; improves the EMS system; improves the trauma care system; and prepares and responds to health emergencies. It is organized into seven bureaus and two programs: Director's Office/Program Support, Vital Records and Health Statistics, Infectious Disease Epidemiology, Emergency Medical Systems, Health Emergency Management, Injury and Behavioral Epidemiology, and Environmental Health Epidemiology Bureaus and the Health Systems Epidemiology and Community Health Assessment Programs.
- The Scientific Laboratory Division provides clinical testing for infectious disease agents in support of public health programs operated by the Department of Health; veterinary, food, and dairy testing for the Department of Agriculture; forensic toxicology (drug) testing in support of the Department of Public Safety and local law enforcement agencies for the Implied Consent Act, and for autopsy investigation performed by the Office of the Medical Investigator; and chemical testing for environmental monitoring and enforcement of law and environmental regulations for the Environment Department. The Scientific Laboratory is organized into one office and four bureaus: Director's Office/Office of Quality, Security, Safety and Emergency Preparedness and the bureaus of Biological Sciences, Chemistry, Toxicology, and Program Support.
- Information Technology Support Division provides a broad range of IT services that impact every area of the Department: wide area network; maintain over 400 servers, desktops and laptops; maintain helpdesk services; support applications; and managing multiple IT projects.
- Office of General Counsel ensures that public health and NMDOH laws, regulations, and policies are enforced.
- Administrative Services Division provides administrative and management services to internal and external customers: professional services agreements, procurement and grant management processes, and budget related support.
- Office of Policy and Accountability coordinates the Health Department Accreditation program; provides leadership, workforce development and coaching in quality and performance improvement; and coordinates the policy and legislative activities in the NMDOH.
- Office of Health Equity coordinates programmatic efforts to address health disparities, including collaboration with OPA to release health disparity reports; delivers targeted health promotion services to target populations, and provides Cultural and Linguistic training.
- Office of Border Health provides public health services in the New Mexico/Mexico Border Region and other border-impact areas of the State; serve as both catalyst and facilitator in ensuring that public health objectives are met in our shared culturally and socio-economically unique Border Region and that necessary preventive and primary health care services are provided to the State's immigrant and migrant community (especially those from Mexico).

# Our Resources — Budget, Resources, Future Outlook

A variety of federal, dedicated revenue streams, state general funds, and fees support our budget. Given the current economic conditions, we recognize the likely funding reductions in federally supported programs. We also recognize that, in order to continue providing basic public health services under these circumstances it will require creative thinking about the entire capacity of the public health system. It will also demand that we develop new strategies to use existing sources of flexible funding.



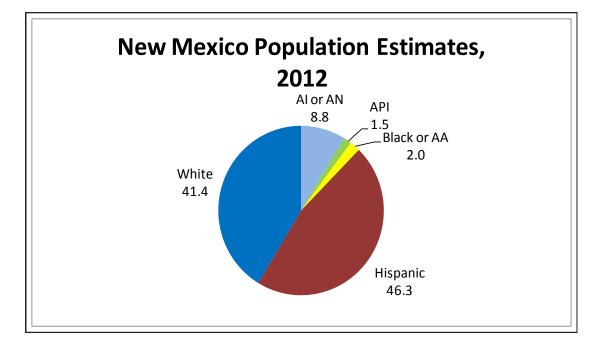


# Health Disparity and Health Equity

"Health disparities" was first officially defined as "differences in the incidence, prevalence, mortality, and burden of disease and other adverse health conditions that exist among specific population groups in the United States." Health disparities are relative and they are identified by comparing the health status, access to services, and/or health outcomes of population groups. Characteristics such as race/ethnicity, limited English proficiency, disabilities, sexual orientation, gender identity, economic status, and geographic location may affect one's ability to achieve good health. Although there have been national efforts to reduce health disparities and achieve health equity during the past two decades (Healthy People 2000, 2010, 2020 and the National Partnership for Action to End Health Disparities), these efforts have been hampered by a lack of consistency in collecting and reporting health data.

The Patient Protection and Affordable Care Act passed in 2010 not only addresses access to care, it also addresses the need for improved data to identify significant health differences that often exist between segments of the population. As a result, the Office of Minority Health in the United States Department of Health and Human Services has released new minimum data standards for Race and Ethnicity, Sex, Primary Language, and Disability Status. Improved data will assist in efforts to target affected populations, monitor efforts to reduce health disparities, and move the United States to a status of health equity — "the attainment of the highest level of health for all people".

According to 2012 state population estimates, 46.4% of New Mexicans were Hispanic and 41.4% were White (Figure 3). The American Indian or Alaska Native population comprised 8.8% of New Mexico's population, the Black or African American population made up 2.0%, and the Asian or Pacific Islander population constituted another 1.5%.



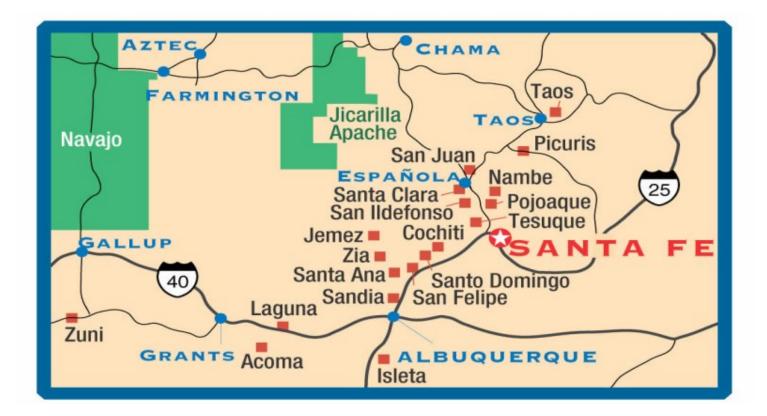
Each of these racial and ethnic groups faces its own health challenges. Differences or disparities in health status and the impact of diseases have been tracked. These disparities are based on comparisons of the health status, access to services, and/or health outcomes of population groups. The disparities are relative since the racial and ethnic groups are being compared to one another.

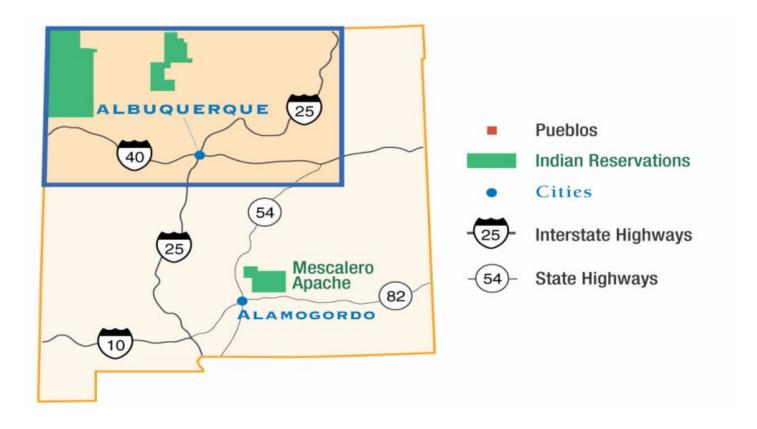
American Indian	African- Americans/ Blacks	Hispanics	Asian/Pacific Islanders	Whites
Adult Obesity	HIV Infections	Chlamydia	Acute and Chronic	Suicide
Homicide Diabetes Deaths Alcohol-Related Deaths Motor Vehicle Deaths Pneumonia and Influenza Deaths Youth Obesity Late Prenatal Care Youth Suicide	Infant Mortality Adult Smoking	Teen Births Pertussis Adults with Diabetes Not Receiving Recommended Services Adults 65+ Not Ever Receiving Pneumonia Vaccinations	Hepatitis B	Drug Overdose Deaths Fall-Related Deaths

Between 2007 and 2011, 9.8% report themselves as being foreign born. This is less than the national percentage of 12.7%. However, the percentage of residents over 5 years of age who speak a language other than English at home is 36.2%, a much higher percentage than the U.S. as a whole 20.1%.

New Mexico has 23 federally recognized American Indian tribes. There are 19 Indian pueblos (Acoma, Cochiti, Isleta, Jemez, Laguna, Nambé, Okay Owingeh, Picuris, Pojoaque, Sandia, San Felipe, San Ildefonso, Santa Ana, Santa Clara, Santa Domingo, Taos, Tesuque, Zia, and Zuni) and three Indian reservations in the state (Jicarilla Apache nation, Mescalero Apache reservation, and Navajo Nation). New Mexico is home to 6.2% of the total American Indian population. The *Fort Sill Apache* Tribe is a federally recognized Native American tribe. In 2011, the tribe won the right to establish a reservation in *New Mexico*. Early in 2014, the New Mexico Supreme Court ruled that the state must honor the legitimacy of the tribe. The adjacent map could not be changed in time for the publication of this strategic plan.

## **New Mexico's Pueblos and Reservations**





# **Our Strategic Planning Council**

The Strategic Planning Council (SPC) was established by the Department of Health Cabinet Secretary on December 18, 2012. Division and Office Directors and Facility Administrators were requested to appoint representatives to the SPC. The council met once in 2012, 13 times in 2013, and seven times as of August 30, 2014. The initial planning process spanned over this time period, which included multiple assessments and the development of a Quality Improvement (QI) Plan. The SPC developed a quality improvement structure led by a Quality Improvement Council. The QI Plan identifies four areas for improvement in the agency: Communications, Training and Workforce Development, Health and Safety, and Performance Measures.

The Office of Policy and Accountability has worked with the Cabinet Secretary to conduct three additional assessments: Cultural and Linguistic (April 2014); Workforce Development (April 2014); and, Performance Management Self-Assessment (April 2014). The data gathered from personnel responding to these assessments will be used to inform capacity-building programs in the agency, developed by the appropriate QI workgroup and adopted by the Cabinet Secretary. The SPC will guide the overall planning and improvement process.

## **Emerging Threats and Climate Change**

Forecasts for the climate of New Mexico, with its diverse topography and multiple climatic zones, predict temperature increases in most of the geographical areas of the state (Agency Technical Work Group, 2005). By the mid- to late-21st Century in New Mexico, it is predicted that there will be more episodes of extreme heat, heat waves, and fewer episodes of extreme cold as well as more extreme drought events (Diffenbaugh et al., 2005; Meehl and Tebaldi, 2004; and IPCC, 2007).

Water resources are vital to the Southwest and New Mexico and many areas of the state are already facing shortages in meeting the needs of growing cities, agriculture, and manufacturing industries (Agency Technical Work Group, 2005). Warmer temperatures will reduce mountain snowpack, and peak spring runoff from snowmelt will shift to earlier in the season. Relatively longer and hotter seasons will likely result in longer periods of extremely low flow and lower minimum flows in late summer. Water supply systems which have no storage (e.g., 'acequia' water delivery systems) or limited storage capacity (e.g., small municipal reservoirs) will suffer seasonal shortages in summer. Large reservoir systems may also suffer shortages from a reduction in average runoff.

Drought can increase the occurrence and severity of dust storms and flash-floods. Drought can also diminish water quality. Current ongoing drought conditions and aquifer mining have already raised the concern that increases in contaminant concentrations may occur in the absence of significant ground water recharge events.

Excess heat events can result in heat exhaustion, heat stroke, and death. A recent analysis of heat stress in New Mexico concluded that residents of the Southeast and Southwest regions of the state had the highest burden of heat stress, based on emergency department visits. This suggests that residents in these parts of the state may not be fully aware of the high risk of heat stress, especially in June and July. Therefore, increased education and outreach efforts are warranted.

Recurrence of a multiyear severe drought, like that in the 1950s, would have greater impacts on the water resources, the health of New Mexicans, and the economy of the state than in the 1950s. This is because of the warmer temperatures, as well as the increases in population growth, and demand for water since the 1950s.

The Environmental Public Health Tracking Program, conducts surveillance of climate change related indicators such as heat stress. There is also a page on their website which addresses the variables associated with climate change including dust, air quality, smoke, and fires. (<u>https://nmtracking.org/en/eh\_alerts/</u>)

# The Health System in New Mexico

In New Mexico, 40.5% of the population lives in one of the 94 primary health professional shortage areas (HPSA); this is more than twice the percent of the population living in HPSAs nationally (19.1%). An estimated 26.6% of New Mexico's population is underserved, compared to 11.4% of the U.S. population. An estimated 125 additional practitioners are needed in New Mexico to remove the HPSA designations and 254 more practitioners are needed to achieve the target population-to-practitioner rate. In New Mexico, only Los Alamos County does not contain a health professional shortage area. New Mexico has 770.5 R.N.s per 100,000 compared to the U.S. rate of 920.9. This ranks New Mexico as 44<sup>th</sup> in the nation.

Community health centers are a significant source of care in New Mexico addressing the needs of the HPSAs. There is also a network of 95 medical sites and 40 dental sites of "federally qualified health centers" that are the backbone of New Mexico's health care safety net. These centers provide services to underserved communities, providing access to high quality, family oriented, and comprehensive primary and preventive health care for people who are low-income, uninsured, or face other obstacles to getting health care. In 2011New Mexico had a total of 36 community hospitals\*, resulting in a bed to population ratio of 1.9 per 1000 population as compared to the U.S. ratio of 2.6.

## **Our Strengths and Weaknesses**

The establishment of the strategic planning council (SPC) in December of 2012 provided a historic opportunity to reexamine priorities and business practices, and to include input from staff at all levels in NMDOH. In 2013, the SPC conducted a strengths, weaknesses, opportunities, and threats (SWOT) analysis soliciting input from staff to identify the strategic issues NMDOH should address. The strategic issues are the challenges or opportunities the organization wants to improve in a specified time period.

The SPC sent the first in a series of employee engagement surveys to all employees in February 2013 and 1,403 or 43% of the workforce completed the survey, out of a total of 3,269 employees. Key words which appeared in the qualitative answers were identified. The areas identified for improvement are addressed in the quality improvement plan.

Identified strengths, areas in which NMDOH excels, were:

- Customer service (We provide services which are timely and tailored to our customers).
- Teamwork (My colleagues and I hold each other accountable and contribute to achieve results).
- Quality (I understand how success is measured and can contribute to ensuring quality service).

\***Community Hospitals:** All nonfederal, short-term general, and specialty hospitals whose facilities and services are available to the public. Federal hospitals, long term care hospitals, psychiatric hospitals, institutions for the mentally retarded, and alcoholism and other chemical dependency hospitals are not included. For more information see www.kff.org.

Identified weaknesses, areas which NMDOH will pursue for improvement, were:

- Opportunities for growth (I have the tools I need to learn, do my job better and have career advancement within the NMDOH).
- Training (I have the training needed to accomplish my work successfully and in compliance with rules and regulations).
- Communication (I receive the information I need to do my job effectively).

The identified weaknesses informed the development of the NMDOH Quality Improvement Plan by the Strategic Planning Council.

## **Quality Improvement and Performance Management Model**

The Results-Based Accountability (RBA) model focuses on population health improvement as the end goal, with program performance as a means to that end. The usefulness of the RBA approach is that it starts with the desired end in mind and develops a set of evidence-based and evaluated strategies to attain the outcome. Also, RBA is the framework used for *Turning the Curve on Health*, a process of working with partners to positively change the course of unwanted health trends through the development of action plans, performance measures, progress reports, and ongoing performance and quality improvement activities.

The RBA approach and adverse health status have been discussed at collaborative meetings attended by stakeholders from across New Mexico. Subsequently, NMDOH subject matter experts developed a scorecard to feature: data regarding the indicator for each of the health priorities; indicator data trends; high-risk populations and/or geographical areas of the state; the qualitative story behind the data; evidence-based and promising practice interventions (what works); current and potential partners; and, the development of an activity plan by the NMDOH and its contributing partners. The action plan activities are based on no cost/low cost concepts and on collaborative efforts to improve community health.

Thus, RBA is the model, *Turning the Curve on Health* is the process, and the "Results for People Scorecard" is the tool to track population health and program performance improvement. Our novel approach addresses how the NMDOH, in coordination and collaboration with state, community and tribal partners, improves priority health issues

The process of selecting health priority areas began in the spring of 2011, when the NMDOH reviewed national publications comparing states on health issues. The publications reviewed included the Agency for Healthcare Research and Quality (AHRQ) State Snapshot, the Commonwealth Fund State Scorecard, America's Health Rankings, Kaiser State Health Facts and the Annie Casey Foundation Kids Count Data Book. The rankings New Mexico received ranged from 33 (of 50) for America's Health Rankings to 46 (of 50) in the Kids Count Data Book. Each of these publications contains multiple indicators; therefore, it was decided to concentrate on the indicators where New Mexico was ranked in the bottom 10 of the states.

When this list was compiled, indicators were compared to the Centers for Disease Control and Prevention (CDC) "Winnable Battles" and the Healthy People 2020 list of leading indicators, as well as *The State of Health in New Mexico* Report, and the New Mexico Racial and Ethnic Health Disparities Report Card. A matrix was developed listing the indicators appearing in more than one publication leading to a final list of indicators for which New Mexico ranks poorly. This list was presented to the steering committee. Priorities were selected based on whether New Mexico had a high rate and was ranked in the bottom 10 of the 50 states, a large number of people affected, and disparities existed. In addition to the criteria listed above, there was an attempt to represent all age groups. When New Mexico was awarded a Community Transformation Grant (CTG) by CDC, tobacco was added as a priority area so that all CTG focus areas would be included.

NMDOH also partners with community stakeholders in order to enable us to holistically meet the needs of our customers. We use a series of community health improvement planning events to establish concurrence on health priorities and strategies to improve health status. These events provide for communication opportunities between community stakeholders and Health Department staff. They also serve to educate the staff about community concerns and needs, and to inform stakeholders about pertinent Public Health issues. Examples include: Turn the Curve on Health statewide and regional assessment/planning events; meetings regarding environmental public health issues; focus groups for community assessment purposes; Tribal health promotion events and health improvement partnerships; activities that focus on healthy weight and nutrition related issues; and tobacco use prevention activities. Information learned from these activities is used to inform *A Healthier New Mexico*, the state health improvement plan (SHIP). More detail on the NMDOH SHIP may be found in *A Healthier New Mexico*.

### **Results and How We Plan to Achieve Them**

The SPC developed seven Results for the agency. The SPC understands the priorities of NMDOH are numerous, with numerous challenges. The Results address public health and healthcare priorities identified by NMDOH senior management and program staff.

After identifying the Results, NMDOH developed relevant performance measures, which were approved by the Cabinet Secretary and the Senior Management Team. These performance measures will help refine and focus our work by identifying a measurable activity that determines progress in attaining the end in mind, the result. The SPC will identify targets and deadlines for achieving them. In sum, each performance measure, when combined with its objective, indicator, baseline data, the story behind the data, what works, partners, and strategies, provides information on how NMDOH programs and facilities attempt to improve population health and its health services.

The SPC has established a Quality Improvement Plan to support positive improvement results in the following areas:

- ☆ Training and Workforce Development
- $\Rightarrow$  Health and Safety
- ☆ Communications
- ☆ Performance Measures

# A. POPULATION

# Public Health Health Promotion and Prevention



# Result 1 Improved health outcomes for the people of New Mexico



Fiscal Year 2016 Strategic Plan

Objective Reduce tobacco use NM Population Indicator Percent of adults who smoke NM Population Indicator Baseline 19.1% in 2013

#### Story Behind the Data

- Although adult smoking has declined in recent years, we still see significantly higher smoking rates among people who have lower incomes, lower levels of education, are uninsured, are unemployed, have a disability, or identify as lesbian, gay, or bisexual.
- Youth cigar and cigarette smoking has declined significantly in the past decade, (53% decline for cigarettes); however, smokeless tobacco use is stagnant, hookah tobacco use is high, and little is known about e-cigarette use.



- Most people are protected from secondhand smoke (SHS) in public and work places, however, SHS exposure is still of concern on tribal lands, in multi-unit housing, and on educational/workplace campuses.
- The use of emerging tobacco products, such as electronic vapor products (e-cigarettes, e-hookahs, vape pens) and various flavored tobacco products presents new public health challenges, including policy options and potential impact on youth tobacco initiation and sustained nicotine addiction among adults.

#### **Performance Measure (PHD/P002)**

Program Performance Measure	Program PM	FY16 Target
	Baseline	
Percent of QUIT NOW enrollees who successfully quit using tobacco at 7-month follow-up	FY13: 33% FY14: 32%	33%

#### What Works

- Screening all patient in healthcare settings for tobacco use and providing brief interventions (ask, advise, refer)
- Providing barrier-free, proven cessation services, such as QUIT NOW or DEJELO YA, including free quit coaching and nicotine medications
- Implementing policies that protect people from exposure to secondhand smoke
- Increasing the price of tobacco products to prevent youth from starting to use tobacco and to help adults quit

#### **Partners**

- American Cancer Society—Cancer Action
   Network
- American Lung Association of New Mexico
- NM Human Services Department—Synar and FDA Programs
- Statewide Priority Population Tobacco Networks
- Health Care Providers, Clinics, and Insurers
- Community-Based Tobacco Prevention, Cessation, and SHS Grantees

#### **Strategies**

• QUIT NOW Cessation Services—The Tobacco Use Prevention and Control (TUPAC) Program provides QUIT NOW telephone- and web-based cessation services, free quit coaching, free nicotine medications, text messaging support, and services in Spanish (*DEJELO YA*). TUPAC offers an online *Brief Tobacco Intervention Training for Health Care Providers*, which is available (with CEUs) for any health care provider in the state who wants to implement brief tobacco interventions within their clinical setting, including how to ask about a patient's tobacco use, how to advise them regarding quitting, and how to refer them for additional assistance through QUIT NOW.

#### • We propose to:

- ° Continue providing QUIT NOW and DEJELO YA Cessation Services
- Promote online brief intervention training to more health care providers and clinic systems to increase referrals to QUIT NOW
- Increase awareness of DEJELO YA Spanish services through media promotion, and increased outreach to Spanish-speaking populations and organizations who serve them
- Continue to expand linkages with other DOH programs and community-based organizations to take online training and refer smokers to QUIT NOW
- Smoke-Free Housing—We propose to continue outreach, education, and training regarding the harms
  of secondhand smoke exposure and benefits of smoke-free environments to community groups,
  landlords, property managers, and tenants of multi-unit housing to support development of voluntary
  smoke-free policies. A statewide smoke-free housing coalition and various funded partners are
  available to support (technical assistance, training) communities or individuals interested in smoke-free
  housing efforts.

Objective Reduce teen pregnancy NM Population Indicator Teen birth rate NM Population Indicator Baseline 20.5 per 1,000 in 2013

#### Story Behind the Data

- Since 2000, the teen birth rate in New Mexico for 15 17 year olds has declined by 48%, which is
  comparable to national data.
- Hispanic teens have the highest birth rates both in New Mexico and nationally, and while rates are declining there is still work to be done.
- Risk factors impacting the high teen birth rate are poverty, education, rural vs. urban population, and access to family planning services.
- In 2012, New Mexico ranked 2<sup>nd</sup> in percentage of children living in poverty, one of the most important contributing factors to teenage pregnancy.
- Teens who have dropped out of school are more likely to become pregnant and have a child than their peers who stay in school. The NM high school dropout rate in 2012 was 29.6%%, compared to 24.5% nationally.
- Teen parenthood is common in rural areas.
- There is a lack of access to family planning services as all but one of New Mexico's counties are classified as a health professional shortage area.

Program Performance Measure	Program PM Baseline	FY16 Target
Percent of teens participating in pregnancy prevention programs that report not being pregnant or being responsible for getting someone pregnant during the school year following participation at the end of the school year	FY13: 100%	100%
Number of teens ages 15-17 receiving services at clinics funded by the NMDOH Family Planning Program.	CY13: 2,800	2,900
Percent of female clients ages 15-17 seen in NMDOH public health offices who are given highly or moderately effective contraceptives	CY13: 62%	66%

#### Performance Measure (PHD/P002)

#### What Works

- Access to confidential, low- or no-cost family planning services through local public health offices, community clinics, and school-based health centers
- Increased availability of highly- and moderately

   effective primary contraceptive methods for
   teens
- Service learning programs
- Comprehensive sex education



#### **Partners**

- Primary Care Clinics
- Youth allies
- Community based clinical providers
- County health councils
- After school/youth programs
- Faith-based organizations
- Community-based organizations
- Parent organizations
- Schools and local school boards
- School-Based Health Centers
- University of New Mexico
- Office of School and Adolescent Health
- Human Services Department
- Children, Youth, and Families Department
- Public Education Department
- Policy makers
- Centers of higher education
- Indian Health Services

#### **Strategies**

- Increase the availability of highly- and moderately-effective primary contraceptive methods for teens:
  - $^{\circ}$  Provide confidential clinical services and teen-friendly clinical practices
  - Expand family planning services at accessible locations (for example, school-based health centers that have local school board approval to dispense contraceptives on-site)
- Provide training, technical assistance, and funding for service-learning and comprehensive sex education programs.
- Increase adult/teen communication programs through the provision of training, resources, and materials to local communities.
- Support local advocacy efforts in individual schools and school districts.
- Increase marketing and use of BrdsNBz, an interactive text-messaging system that offers teens and parents free, confidential answers to sexual health questions in English or Spanish and offers parents recommendations on how to talk with their teen about sexual health.

### **Objective**

Increase use of preventive health services at school-based health centers

### NM Population Indicator

Percent of students receiving a comprehensive well exam

### at school-based health centers

### **NM Population Indicator Baseline**

Data development to collect and analyze information on student visits

#### Story Behind the Data

- The comprehensive well exam focuses on key preventive health services. Most adolescents are healthy but exhibit behaviors that put their health at risk. The most costly and widespread adolescent health issues unintended pregnancy, sexually transmitted infections, violence, suicide, unintended injuries and use of alcohol, tobacco and other drugs are preventable. These behaviors in youth contribute to chronic disease and premature death in adulthood.
- Healthy People 2020 calls for an increase in the percentage of adolescents aged 10-17 who receive a wellness check-up every 12 months, with a target of 75% of adolescents having received a well exam in the past year.
- Adolescents and young adults make up 21% of the population of the United States. The EPSDT or well
  exam offers the opportunity to promote healthy behaviors, identify emerging health risks, and provide
  counseling to influence positive behavior change, thus improving the health of today's youth and
  tomorrow's adults.
- NMDOH has funding available for SBHCs operating on 54 campuses statewide. The services provided include an integrated model of primary and behavior health care, along with health promotion and education. A limited number of locations also include oral health care.
- Funding for SBHCs has decreased significantly over the past several years resulting in reduced hours and limited capacity. The part-time status of many SBHCs impacts provider stability and as a result, SBHCs experience turn-over in clinical staff. With more stable funding, SBHCs will be able to increase their rate of youth who receive a comprehensive well exam in a SBHC.
- Some students who utilize the SBHC do so only for behavioral health, dental, or acute care because they have an established provider within the community. The SBHC is able to engage that population of adolescents who do not regularly seek preventive medical care.
- The Office of School and Adolescent Health (OSAH) works in partnership with NM Human Services Department and participating Centennial Care managed care organizations to certify SBHC activities using the NM SBHC Standards and Benchmarks.

Program Performance Measure	Program PM Baseline	FY16 Target
Percent of students using school-based health centers who receive a comprehensive well exam	FY13: 34.5% FY14: 34.2%	38%

#### Performance Measure (PHD/P002)

#### **What Works**

- SBHC Standards and Benchmarks that include evidenced-based practice standards such as the implementation of a risk and resiliency screening tool and the promotion of comprehensive well exams.
- Working partnership with NM Human Services Department and participating managed care organizations to support SBHC operations, Medicaid reimbursement and quality practice standards.
- Maintaining a statewide SBHC database that includes utilization information from all NM DOH funded sites. Data enables opportunities for comprehensive evaluation and review of activities and research, including tracking of the percentage of students who receive a comprehensive well exam.
- SBHCs receive quality improvement coaching and support from Envision NM with a Focus on the comprehensive well exam. This ensures that SBHCs are delivering quality well exams that address key adolescent preventive services.
- Working General Services Agreement (GSA) with NM Human Services Department that supports administrative match of program funds. Additional funds are used to support overall programming, including database, evaluation, quality improvement and SBHC professional development.

#### **Partners**

- NM School Based Health Alliance
- NM Federally Qualified Health Care Centers (FQHCs)
- University of New Mexico Envision Health Care Quality Improvement Initiative
- Apex Evaluation
- Human Services Department (HSD)
- Centennial Care Managed Care Organizations
- Public Education Department
- Children, Youth, and Families Department
- HSD Behavioral Health Services Division
- NM Forum for Youth in Community
- Local school districts and school boards



#### **Strategies**

- Continue to provide technical assistance and training.
- Promote a quality improvement (QI) initiative focused on increasing the efficiency and effectiveness of SBHCs to deliver comprehensive well exams for youth who use the school-based health center.
- Promote positive youth development and resiliency.
- Continue to provide operational funds to support sustainability of SBHC staff and providers needed to deliver services to youth through the SBHCs.
- Increase % of Medicaid-eligible students seen in SBHCs.
- Increase opportunities for evaluation and research using local NM data with overarching goal of reporting specific outcomes from NM SBHCs.

**Objective** 

Encourage physical activity and healthy eating in elementary school students **NM Population Indicator** Percent of third grade students who are obese **NM Population Indicator Baseline** 21.4% in 2012

#### Story Behind the Data

- Obesity is a rapidly growing problem and occurs at very young ages.
- Obese children are more likely to be obese adults and suffer from chronic diseases such as heart disease and diabetes.
- American Indians have the highest rates of obesity among children participating in the WIC program, and among elementary and high



- school students. This population also has the highest rates of obesity among New Mexico adults. Healthy eating and active living are two lifestyle choices that can prevent obesity; however, social and
- environmental factors make it difficult for many to consume a healthy diet or to be physically active.
- Increased access to inexpensive high fat, high calorie, and high sodium foods make healthy eating more difficult.
- Other factors include working families, concern for children's safety, TV food advertising, and lifestyle of convenience present obstacles to eating healthy and being physically active.

#### **Performance Measure (PHD/P002)**

Program Performance Measure	Program PM Baseline	FY16 Target
Percent of elementary school students in community transformation communities who are obese (3rd Grade)	FY13: 23.6%	22.4%
Percent of elementary school students in community transformation communities participating in classroom fruit and vegetable tastings	FY13: 30%	40%
Percent of elementary school students in community transformation communities participating in walk and roll to school	FY13: 9%	14%

#### What Works

- Increased access to fresh fruits and vegetables (Farm to School, Farm to Table, Farmer's Markets, School and Community Gardens).
- Updated and strengthened wellness policies at the school and community level.
- Physical activity incorporated into the daily routines at schools and workplaces.
- Establishment of a Healthy Kids-Healthy Community initiative to create policy and environmental changes to support healthy eating and active living.



#### **Partners**

- NM Interagency Council for the Prevention of Obesity
- NM Agriculture Department
- NM Public Education Department
- NM Children, Youth and Families Department
- NM Human Services Department
- NM Aging and Long Term Services Department
- NM Department of Transportation
- NM Healthier Weight Council
- NM Cooperative Extension Services
- NM Food and Agriculture Policy Council
- NM Envision
- NM County Health Councils
- NM State Parks
- NM Healthy Kids Healthy Communities
- County/Tribal Community Health Councils

#### **Strategies**

- Open outdoor school space for community use during non-school hours.
- Build walking and biking trails that connect neighborhoods to schools and promote community usage.
- Increase number of safe walking and biking routes and encourage schools to adopt components of Safe Routes to School.
- Implement the New Mexico Centennial 5.2.1.0 Challenge in elementary schools across the state.
- Support childcare providers to make healthy eating and physical activity a part of their daily routine.
- Increase access to and availability of affordable, healthy, and locally grown foods in schools and the community via classroom fruit and vegetable tastings, school and community gardens, healthy corner stores, and farmers' markets.

Objective Increase immunizations among preschoolers NM Population Indicator Percent of preschoolers (19-35 months) fully immunized NM Population Indicator Baseline 69.8% in 2011

#### Story Behind the Data

 Immunization is one of the most effective tools against the spread of communicable diseases. With the development of increased scientific knowledge and technology, the number of diseases for which vaccines have been developed has increased.



• Full immunization for children ages 19-35 months requires four DTaP, three polio, one MMR, three Hib, three hepatitis B, one varicella, and four

Pneumococcal (4:3:1:3:3:1:4) doses. Obtaining all of these vaccinations requires effort and time on the part of parents to access the health care system to achieve these vaccinations for their children. Immunization schedules may be found at: http://www.immunizenm.org/sched.shtml.

 The Institute of Medicine conducted a thorough review of the current medical and scientific evidence on vaccines and certain health events that may be observed after vaccination. It released a report in August 2011 on eight vaccines given to children and adults that found the vaccines to be generally safe and serious adverse events following these vaccinations to be rare. Many families continue to believe that there is a link between certain vaccines and Autism resulting in a choice to pursue an exemption from day care and school requirements.

Program Performance Measure	Program PM Baseline	FY16 Target
Percent of preschoolers (19-35 months) fully immunized	CY11: 69.8% CY12: 71.6%	85%

#### Performance Measure (PHD/P002)

#### **What Works**

- New Mexico 'Done By One' (DBO) initiative, which optimizes the childhood immunization schedule and has several advantages aims to encourage its acceptance by both providers and parents:
  - It is much simpler: all the needed shots are given at 2, 4, 6, and 12 months.
  - Kids become protected at the earliest possible age.
  - The condensed schedule discourages the practice of deferring shots until next time, resulting in missed opportunities to vaccinate.
- Children seen by practices that always use DBO are more likely to be fully immunized by 24 months than those seen by practices that never use DBO.
- New Mexico requires children entering day care and school to have certain immunizations completed. The New Mexico Immunization Exemption Statute (24-5-3) allows only two types of exemptions for children seeking exemption from required immunizations to enter school, childcare or pre-school. The two exemptions are medical or religious.
- Provide the New Mexico Immunization Toll Free Hotline (866) 681-5872 to respond to questions and concerns from parents and caregivers of school age children.
- Provide cost-free immunizations at public health clinics statewide.

#### **Partners**

- Health Care Providers
- Schools
- New Mexico Immunization Coalition
- Santa Fe Immunization Coalition
- Dona Ana County Immunization Coalition
- Centers for Disease Control and Prevention



#### **Strategies**

- Professional education/training/technical assistance on immunizations, vaccine storage and handling, immunization recording, and immunization schedules.
- Public education is conducted in collaboration with statewide partners to promote immunization and inform the public about vaccines.
- New Mexico 'Done By One' initiative.
- Provision of vaccination clinics offering cost-free immunization during the evenings and on weekends; and accessibility to vaccines at a variety of community locations, including pharmacies and other commercial locations.

Objective Reduce infant pertussis cases NM Population Indicator Infant pertussis rates NM Population Indicator Baseline

In 2013 there were 130.1 cases of infant pertussis per 100,000 people

#### Story Behind the Data

- Pertussis is a highly contagious bacterial infection that causes an uncontrollable violent cough lasting several weeks or even months.
- Pertussis is a respiratory infection that disproportionately impacts infants. Infants with pertussis are at increased risk of hospitalization, secondary complications, and death. In 2013, there were 627 pertussis cases and 26 pertussis-related hospitalizations. The average length of hospitalization in 2013 was four days (range: 1-18 days). There were no pertussis-related deaths in 2013, but in 2012, there were two pertussis related deaths in New Mexico.



- For 2008-2012 there was an average of 301 pertussis cases per year; in 2013 there were 627 cases.
- Current prevention strategies and vaccination recommendations emanating from the Centers for Disease Control and Prevention focus on prevention of pertussis among the infant population. Vaccination is recommended beginning at the age of two months and continuing until 12-18 months, with older children receiving booster doses. In New Mexico and throughout the country recommendations have been developed to target vaccination of pregnant women and family members in order to prevent high-risk infant pertussis cases.
- The immunization program works with hospitals and others to implement this recommendation.
- From 2008 through 2012, the infant pertussis rate increased five-fold, from 56.2 to 262.1 cases per 100,000; in 2013, this rate declined to 130.1 per 100,000.

Program Performance Measure	Program PM Baseline	FY16 Target
Ratio of infant pertussis cases to total pertussis cases of all ages	FY13: 1:13 FY14: 1:16	1:15

#### Performance Measure (PHD/P003)

- Tdap for pregnant women at each pregnancy.
- Cocooning protects infants against pertussis by vaccinating the adults around them.
- Expanded access in health care settings.
- Reduced client out-of-pocket costs.
- Standing orders, reminder systems, assessment, and feedback in provider settings.
- Mass media and small media educational activities.

### **Partners**

- NM Immunizations Coalition
- Regional Immunization Staff
- Immunization Providers
- Indian Health Services
- NM Medicaid
- NM Medical Society
- NM Primary Care Association
- NM American Congress of Obstetricians and Gynecologists
- Pediatricians
- Hospital staff
- Individual Care Practitioners

- Provide accurate and complete data that supports vaccination prevention activities.
- Collaborate with community organizations and local/regional health partners to increase the number of access points for adults seeking immunizations.
- Assist the Women, Infants and Children (WIC) Program to develop educational and informational materials in order to increase awareness among older adults about vaccines and immunization services.
- Increase advocacy in the community through education of providers (i.e., healthcare providers, WIC staff) by developing and preparing an educational "sound-byte" to be used during patient encounters.
- Collaborate with community services to increase access points to immunizations.
- Educate providers to use reminder recall and the State Immunization Information System for tracking.
- Educate the public about immunization needs.



### **Objective**

Encourage effective prevention and management of diabetes **NM Population Indicator** Diabetes hospitalizations rate per 10,000

### **NM Population Indicator Baseline**

### 14.4 diabetes hospitalizations per 10,000 people in 2012

(Age-adjusted to 2000 U.S. Standard Population)

### Story Behind the Data

- Poor eating habits and lack of physical activity can lead to the accumulation of unhealthy weight.
- Being overweight or obese is a risk factor for the development of pre-diabetes and diabetes.
- The relationship between obesity and chronic diseases (including but not limited to diabetes) is a complex web. While obesity may be viewed as a modifiable risk factor for diabetes, socio-cultural, economic, political, environmental, genetic, physiological/biological, and psychological factors all influence obesity at a population and individual level.



- HbA1c is a lab test that shows the average level of blood sugar (glucose) over the previous three months; this lab tests indicates how well diabetes is controlled in an individual.
- Interrelated factors, such as inadequate links between healthcare providers (hospital, primary care) or between providers and community programs, and patient fear or denial, can lead to poorly implemented medication or care plans.
- Lack of resources negatively affects access to medications, medical supplies, healthy food, and safe physical activity venues. Cost of medications or specialty care can be barriers to effective prevention of complications or further hospitalization.
- The NMDOH's Diabetes Prevention and Control Program (DPCP) is dedicated to reducing the burden of diabetes in New Mexico by 1) preventing diabetes; 2) preventing complications and disabilities associated with diabetes; and 3) eliminating diabetes-related health disparities. The DPCP works with a variety of health system, organizational, and community partners throughout the state to accomplish these goals.
- The National Diabetes Prevention Program (DPP) is a public-private partnership of community
  organizations, private insurers, employers, health care organizations, and government agencies. These
  partners are working to establish local evidence-based lifestyle change programs for people at high
  risk for type 2 diabetes. The National DPP is a 10-month program, with a 16-week core curriculum
  followed by six post-core sessions (generally once a month for six months).
- The NMDOH Rural Primary Health Care Act (RPHCA) Program provides funding to community health centers statewide with the intention of creating positive health outcomes for individuals receiving services from these clinics.

Program Performance Measure	Program PM Baseline	FY16 Target
Percent of patients with diabetes at NMDOH supported community health centers whose HbA1c levels are less than 9%	CY12: 68% CY13: 68%	70%

- Intensive, coordinated management of diabetes and co-morbid conditions by hospital, primary care staff and by individuals and their families.
- Diabetes self-management education in community gathering places for adults and in the home for adolescents.
- Clear, strong coordination and cross-referral among different levels of services (e.g., community-based organizations, health agencies, hospital staff, and specialists) to deliver high-quality care in the community.
- Case management of individuals with diabetes who meet specific risk criteria.
- Disease management, by health care organizations, of their patient populations with diabetes.
- Measuring performance allows an organization to document how well care is currently provided and lays the foundation for improvement. Annually identifying HbA1c values greater than nine percent among adult patients aged 18 to 75 years allows an organization the opportunity to focus on those patients who are in poor control and at highest risk.



### **Partners**

- Federally Qualified Health Centers
- NM Primary Care Association (NMPCA)
- National Diabetes Prevention Program delivery sites
- Health plans and large worksites
- Aging and Long Term Services Department
- NMDOH Chronic Disease Self Management
   Program
- NMDOH Rural Primary Health Care Act
   Program

- Continue the Rural and Primary Health Care Act Program's work with primary care clinics to improve tracking and use of A1c results to improve care and clinical outcomes for patients.
- Expand linkages between diabetes education programs throughout NM and NMDOH Chronic Disease Self Management Program.
- Provide disease management, by health care organizations, of their entire patient populations with diabetes.
- Provide case management of individuals with diabetes who meet specific risk criteria.
- Produce consistent guidelines for appropriate diabetes care and for interpretation of clinical lab information.
- Develop treatment plans, and provide patient education at the inpatient and outpatient levels, including use of group education.

Fiscal Year 2016 Strategic Plan

### Objective

Encourage effective prevention and management of diabetes

**NM Population Indicator** 

Diabetes hospitalizations rate per 10,000

### **NM Population Indicator Baseline**

14.4 diabetes hospitalizations per 10,000 people in 2012

(Age-adjusted to 2000 U.S. Standard Population)

### Story Behind the Data

- Poor eating habits and lack of physical activity can lead to unhealthy weight.
- Being overweight or obese is a risk factor for the development of prediabetes and diabetes.
- Lack of resources reduces access to medications, medical supplies, health food, and safe physical activity venues. Cost of medications or specialty care can be barriers to effective prevention of complications or further hospitalizations.
- Data from the National Health and Nutrition Examination Survey (2005-2008), which identifies people with both diagnosed and undiagnosed prediabetes, show that about 35% of US adults ages 20 and older have prediabetes. Based on this estimate, in 2012 about 528,250 NM adults 20 and older had prediabetes, most without knowing it.
- The New Mexico Department of Health (NMDOH) Diabetes Prevention and Control Program (DPCP) is dedicated to reducing the burden of diabetes in New Mexico by: 1) preventing diabetes; 2) preventing complications and disabilities associated with diabetes; and 3) eliminating diabetes-related health disparities.
- The National Diabetes Prevention Program (National DPP) is a 10-month evidence-based lifestyle change
  program, with a 16 week core curriculum followed by six post-core sessions (generally once a month for six
  months) to assist participants in losing 5-7% of their weight and increasing their physical activity to 150
  minutes or more/week.
- The NMDOH DPCP works with partners to create a statewide infrastructure for implementing, maintaining and sustaining the evidence-based lifestyle change program. The infrastructure supports lifestyle coaches and site coordinators training, health plans, worksites, clinics and tribes in delivering, marketing and sustaining their evidence-based lifestyle change programs.



Pe	erformance Measure (PHD/P002)		
	Program Performance Measure	Program PM Baseline	FY16 Target
	The average weight loss achieved by all National Diabetes Prevention Program participants (a recommended minimum of 5% of starting body weight) from baseline through post-core	FY13: 5.8	<b>6</b> %

- Combined diet and physical activity program to prevent type 2 diabetes among people at increased risk. People at high risk for diabetes (according to a simple risk assessment), including those with prediabetes, may prevent or delay the onset of diabetes by losing a modest amount of weight (5-7% of body weight), increasing physical activity (at least 150 minutes per week) and adopting a healthier diet. The National DPP is a proven intervention to help people at high risk for diabetes achieve these lifestyle changes and is being implemented throughout the US and NM.
- Case management interventions to improve glycemic control.
- Disease management programs by health care organizations of their patient populations with diabetes.
- Self-management education in community gathering places, in the home (adults with type 2 diabetes, and children and adolescents with type 1 diabetes), worksites, and school settings.



### **Partners**

- Evidence-based lifestyle change program
   providers
- NM Primary Care Association (NMPCA)
- Federally Qualified Health Centers
- NM Diabetes Advisory Council
- Health plans and large worksites

- Continue to lead efforts to scale and sustain diabetes prevention programs throughout NM, especially in rural communities and in populations of highest need.
- Provide technical assistance, including: linking people at risk for diabetes and the organizations that serve them to resources; providing training for National NDPP lifestyle coaches; coordinating and evaluating statewide activities, including providing and analyzing data from the National DPP sites.
- Strengthen linkages between diabetes prevention and management programs and other related chronic disease management resources like the Stanford Chronic Disease Self-Management Program (MyCD).

Objective Provide information and support on healthy practices for infants NM Population Indicator Percent of mothers who initiate breastfeeding NM Population Indicator Baseline 76.9% in 2011

### Story Behind the Data

- Data from the National Immunization Survey (NIS) indicate that breastfeeding was initiated with 76.9% of newborns in New Mexico during 2011.
- Obese infants are more likely to be obese adults and suffer from chronic diseases such as heart disease and diabetes.
- Breastfeeding provides health benefits for infants, children, and mothers.
- Research shows that infants who are not exclusively breastfed for the first six months of life are more likely to develop a wide range of chronic and acute diseases, including ear infections, diarrheal diseases, asthma, Sudden Infant Death Syndrome, obesity, and respiratory illnesses.



### **Performance Measure (PHD/P002)**

Program Performance Measure	Program PM Baseline	FY16 Target
Percent of WIC recipients that initiate breastfeeding	FY13: 77% FY14: 78% (preliminary data)	85%



- The WIC population is at particular risk to not breastfeed and has traditionally had lower breastfeeding rates than the general population. This can be attributed to the additional barriers to breastfeeding that low- and moderate-income women face.
- Peer counselor support has been shown to be effective in improving breastfeeding initiation and duration rates in low-income women in WIC and in women overall. The evidence is clear that a small investment in WIC breastfeeding peer counselors provides a significant return. For all of these reasons, The Surgeon General's Call to Action to Support Breastfeeding; the Institute of Medicine report, Accelerating Progress in Obesity Prevention; and the National Prevention Strategy each call for the support and strengthening of breastfeeding peer support/counseling programs. The NM WIC Program currently has 68 peer counselors working throughout the state.
- Another evidence-based practice that has been proven to help women successfully breastfeed is the Baby Friendly Hospital Initiative. Research shows that when hospitals implement policies such as helping mothers initiate breastfeeding within one hour of birth, allowing babies to stay in the same room with their mothers, and giving infants no food or drink other than breast milk unless medically indicated, allows for more mothers to successfully breastfeed.
- The NM WIC Program is collaborating with the NM Breastfeeding Task Force to promote and support all statewide hospitals to become Baby Friendly certified.

### **Partners**

- United States Department of Agriculture
- Public Health Clinics
- NM Breastfeeding Task Force
- NM Pregnancy Risk Assessment Monitoring System (PRAMS)
- Mothers and caregivers of infants

- Provide WIC pregnant and breastfeeding mothers with breastfeeding information and support through counseling and group discussion sessions.
- Provide mothers with needed breastfeeding resources and aides, as well as breast pumps to enable them to initiate and continue breastfeeding.
- Use WIC peer counselors to promote breastfeeding and support individual WIC mothers outside of traditional clinic hours through telephone support and follow-up, as well as home and hospital visits.
- Collaborate with the NM Breastfeeding Task Force and other community organizations to provide support for breastfeeding in daycares, worksites, and other public places.



Objective Reduce the risk of falls in older adults NM Population Indicator Fall-related death rate among older (65+) adults per 100,000 NM Population Indicator Baseline 79.6 fall-related deaths (per 100,000) among older (65+) adults in 2013

### Story Behind the Data

- In NM, falls are the leading cause of injury-related hospitalizations, emergency department visits, and deaths among adults 65 years and older.
- NM's fall-related death rate among adults 65 years and older increased 115% from 1999 to 2008, but has since decreased to the lowest level since 2002.
- Over 2,970 unintentional fall-related hospitalizations occurred among adults 65 years and older in 2012.



Program Performance Measure	Program PM Baseline	FY16 Target
Number of adults age 65 and older who have completed an evidence-based falls prevention program	FY14: 200	400

- Exercise based interventions for balance, gait, and strength training.
- Environmental adaptation to reduce fall risk factors in the home and in daily activities
- Medication review, regardless of the number of medications prescribed, with particular attention to medications that affect the brain such as sleeping medications and antidepressants.
- Screening and risk assessment focused on client's history, physical examination, functional assessment, and environmental assessment for referral and falls evidencebased interventions.



### **Partners**

- The NM Adult Fall Prevention Coalition
- Office of Injury Prevention
- AARP
- NM Aging and Long Term Services Department
- Indian Area Agency on Aging
- Indian Health Services (IHS)
- University of New Mexico (UNM) Geriatric
   Education Center
- St. Vincent's Hospital
- Governor's Commission on Disability
- UNM Prevention Research Center

Many new organizations are taking an active role in the coalitions. The expanded members include:

- Webster University
- Central Northern New Mexico University
- Indian Health Services
- Santa Fe Pueblo
- Jemez Pueblo
- Isleta Pueblo
- City of Santa Fe
- City of Albuquerque
- New Mexico Senior Olympics
- Red Cross
- Gentiva
- Presbyterian Hospital
- St. Joseph's Hospital
- the Betty Earhart Senior Center
- ARCA
- Jewish Family Services
- Occupational Therapy Association

- Provide tai chi: Moving for Better Balance evidence-based exercise program to people interested in implementing this program to older adults within their communities.
- Expand linkages between Office of Injury Prevention Older Adult Fall Prevention program, the Aging and Long Term Services Department, and the NMDOH Chronic Disease Self Management Program to promote older adult fall prevention.
- Build partnerships to address fall prevention.

Objective Reduce alcohol-related deaths NM Population Indicator Alcohol-related death rate NM Population Indicator Baseline 54.3 per 100,000 persons in 2012

**NEW MEASURE** 

### Story Behind the Data

- Excessive alcohol use, including binge and heavy drinking, is the third leading preventable cause of death in the United States.
- New Mexico has the highest alcohol-related death rate in the U.S.
- Nearly 1,200 New Mexicans died of alcohol-related causes in 2012; this equates to over three people per day.
- One in six deaths among working age adults (20-64 years) in New Mexico is attributable to alcohol.
- The CDC Alcohol Program funds two state alcohol epidemiologists, one in New Mexico and one in Michigan, to improve public health surveillance on excessive alcohol use and related adverse health outcomes.



Program Performance Measure	Program PM Baseline	FY16 Target
Number of presentations on the epidemiology of alcohol to community groups and stakeholders to raise awareness of alcohol as a public health issue	0	3
Number of Medicaid reimbursement requests for SBIRT (H0049 or H0050)	0	150

- Increasing the price of alcoholic beverages
- Regulating the physical availability of alcoholic beverages (e.g., minimum legal drinking age law enforcement, regulation of outlet density)
- Policies that modify the drinking environment (e.g., enhance enforcement of on-premises laws, increase server and social host liability)
- Comprehensive drinking/driving countermeasures (e.g., DWI law enforcement in the form of sobriety checkpoints accompanied by a public awareness campaign)
- Screening and Brief Intervention (SBI) for atrisk drinkers

#### **Partners**

- Human Services Department
- Provider groups
- Statewide Epidemiologic Outcomes
   Workgroup
- Community Coalitions including Partnership for Community Action and the Santa Fe Prevention Alliance



- Partner with community groups to use alcohol epidemiology data to enact effective alcohol mortality prevention measures.
- Raise awareness of alcohol-related death as a public health issue.
- Provide education to policy makers to enact evidence-based alcohol policy.

Objective Prevent drug overdose deaths NM Population Indicator Drug overdose death rate NM Population Indicator Baseline 21.8 drug overdose deaths per 100,000 persons in 2013

### Story Behind the Data

- Drug overdose death rates have increased steadily in the United States since 1979. In 2010, New Mexico had the second highest drug overdose death rate in the country.
- Overdose is common among persons who use opioids. The prescription drug overdose death rate has been higher than the illicit drug overdose death rate since 2007.



- Poisoning from drug overdoses has surpassed motor vehicle deaths as the major cause of unintentional injury in New Mexico.
- The Overdose Prevention Training Program (OPTP) was established by the Department of Health, Public Health Division, Harm Reduction Program in 2001 to improve the response to drug overdose through preparing participants or Trained Targeted Responders to respond to possible opioid overdoses, including the provision and administration of naloxone.
- The OPTP program provides overdose prevention education (what is an overdose and what causes an
  overdose, how overdoses can be avoided, how to identify and properly respond to an opioid overdose,
  universal safety precautions, rescue breathing, and activating EMS) including the administration of nasal
  naloxone.
- In 2012, the Department launched pilots in multiple communities around the state in partnership with primary care providers and local pharmacies, whereby patients identified by their providers to be at risk for overdose from their opioid pain medication, are provided (or prescribed) a naloxone rescue kit. While opioid antagonist administration does not automatically guarantee a reversal of the effects of opioid overdose, it is the only definitive care currently available. In addition, the training of opioid users and their peers to prevent, and/or properly respond to an overdose, leads to a decrease in overdose deaths.

Program Performance Measure	Program PM Baseline	FY16 Target
Number of naloxone kits provided in conjunction with prescription opioids	FY13: 35 FY14: 154	500

- Screening by health care providers for those with potential drug-related problems.
- Access to overdose prevention education and rescue medication, naloxone.
- Increasing access to behavioral health care and treatment, including school-based health centers.
- Increasing accessibility to medicationassisted therapy, such as methadone or Suboxone.
- Support the Good Samaritan Law.
- Promulgating clinical opioid prescribing guidelines for pain treatment.
- Tracking drug data and overdoses in New Mexico to identify issues related to prescription drugs.
- Implementing comprehensive harm reduction policies and practices statewide, targeting prescription pain medication use/misuse and illicit drug use, including expanded access to overdose rescue medication for all persons at risk of opioid overdose.

### **Partners**

- State agency partners: Human Services Department, including: Office of Substance Abuse Prevention, Medicaid, and Behavioral Health Services Division
- State Epidemiological Outcomes Workgroup
- Tribal Epidemiological Outcomes
   Workgroup
- Community-based Opioid Overdose Prevention Coalitions; Community-based Contracted Harm Reduction Providers, and County Health Councils
- Local, County, State, and Federal Law Enforcement
- NM Association of Counties
- University of New Mexico: Prevention Research Center; Center for Health Policy; Project ECHO Integrated Addictions; and Psychiatry (IAP) Tele-health Clinic
- PIRE/Behavioral Health Research Center of the Southwest
- NM Drug Policy Alliance

### **Strategies**

Expanding access to overdose rescue (Naloxone) medications. The number of naloxone kits provided to persons at risk of opioid overdose is a measure of a strategy to attempt to save lives. Use of the kits is expected to reduce prescription opioid overdose deaths. Our primary strategy is to make an opioid antagonist kit (naloxone, a nasal administration device, and instructions) available to people who are at increased risk of prescription opioid overdose. Importantly, the strategy is based upon the delivery of overdose prevention education, within which the naloxone is the final option in a spectrum of steps to reduce risk of overdose.



 The pilots have been organized in collaboration with local community-based prevention planning groups. As such, the Department has supported a number of community-based initiatives in addition to the clinic pilots to include: local law enforcement establishing naloxone carry policy; local public education campaigns and social marketing; and expanded drug take-back initiatives.

### **Objective**

Ensure effective asthma self-management among children **NM Population Indicator** 

Asthma emergency department (ED) and hospitalization rates of children in Southeast (SE) New Mexico

NM Population Indicator Baseline

Youth (age 0 -14) asthma ED rate in the SE Region was 119.4 per 10,000

population in 2012. Youth (age 0 -14) asthma hospitalization rate in the SE Region was 33.2 per 10,000 population in 2012

### Story Behind the Data

- Emergency department and hospitalization rates are good indicators of the burden of asthma in a community.
- Surveillance data show relatively high asthma hospitalizations and ED visits for children in the Southeastern region of the state.
- Relatively high rates suggest asthma is not adequately managed by healthcare providers, families, and individuals with the disease.
- Other factors contribute to high ED and hospitalization rates, including poor access to healthcare, socioeconomic status, and an adverse environment.



Program Performance Measure	Program PM Baseline	FY16 Target
Percent of children with persistent asthma who show an improvement in their symptoms as a result of asthma self-management education	Under Development	65%

- Asthma self-management education is an effective and economical way to improve asthma symptoms and prevent ED visits and hospitalizations.
- With this method of education, patients learn to: 1) identify and mitigate asthma triggers;
  2) use their medication correctly; and 3) recognize and prevent asthma attacks.
- Prior studies show this type of education significantly lowers expensive healthcare utilization and saves money for patients and health insurers.

#### **Partners**

 Certified asthma educators and other clinicians on staff at Nor Lea General Hospital

- Certified asthma educators working at Nor Lea General Hospital will provide self-management education to children.
- Symptoms will be measured through the Asthma Control Test (ACT), administered by the asthma educator; the educator determines how many visits are necessary to achieve a reduction in symptoms.



Objective Ensure the provision of quality laboratory practices NM Population Indicator Alcohol-Related deaths NM Population Indicator Baseline 53.7 alcohol-related deaths per 100,000 in 2011

### Story Behind the Data

- New Mexico has a relatively high rate of alcohol-related deaths.
   Excessive alcohol consumption through binge drinking and heavy daily drinking contribute to this high rate.
- SLD Toxicology staff analyze human samples for alcohol (e.g., blood alcohol concentration) and drugs to determine cause of impairment in drivers.



- SLD Toxicology staff analyze cause-of-death toxicology samples from the Office of Medical Investigator (OMI) to determine if alcohol and/or drugs are contributing factors to an individual's death.
- To analyze lab samples, it is critical to exceed published turn-around times to give officials ample time to prepare for court cases.

### Performance Measure (SLD/P004)

Program Performance Measure	Program PM Baseline	FY16 Target
Percent of blood alcohol tests from driving-while- intoxicated cases that are completed and reported to law enforcement within 15 working days*	Under Development	<b>90</b> %

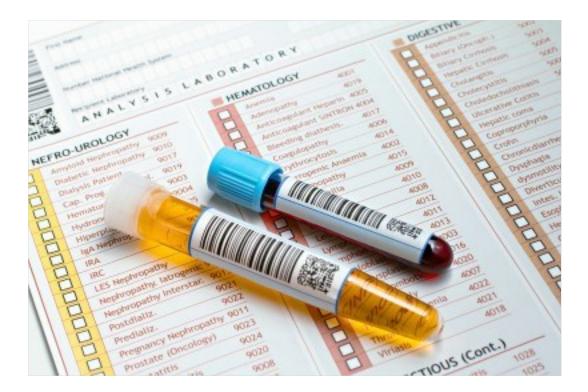
\*Performance measure adopted in FY15.

- Training keeps analysts up-to-date on current methods.
- Maintaining and updating equipment allows for samples to be analyzed without interruptions.

### **Partners**

- Courts
- Public safety officials (e.g., law enforcement)
- New Mexico Department of Transportation/ Traffic Safety Bureau

- Increase staff proficiencies.
- Increase cross-training to ensure staff are always available to analyze samples.
- Implement weekly sample tracking to measure turn-around times.



Objective Ensure the provision of quality laboratory practices NM Population Indicator Drug overdose deaths NM Population Indicator Baseline 21.8 overdose deaths per 100,000 in 2013

### Story Behind the Data

- New Mexico continues to have one of the highest drug overdose death rates in the country.
- In recent years the number of deaths due to prescription drugs has increased.



- SLD toxicologists assist the Office of Medical Investigator (OMI) in determining cause of an unexpected death by testing for both illicit and prescription drugs.
- To analyze lab samples, it is critical to exceed published turn-around times to give officials time to prepare death certificates needed for families to file for insurance benefits.
- This measure can indicate when there are competing interests, such as how many scientists are being subpoenaed to give expert witness in court or an increase in driving while impaired either under the influence of alcohol or drugs cases.

#### **Performance Measure (SLD/P004)**

Program Performance Measure	Program PM Baseline	FY16 Target
Percent of Office of Medical Investigator (OMI) cause of death toxicology cases that are completed and reported to OMI within 60 calendar days	FY13: 76.7%	<b>90</b> %

- Training keeps analysts up-to-date on current methods.
- Maintaining and updating equipment allows for samples to be analyzed without interruptions.

### **Partners**

• Office of Medical Investigator

- Increase staff proficiencies.
- Increase cross-training to ensure staff are always available to analyze samples.
- Implement weekly sample tracking to measure turn-around times.



## **Objective** Ensure the provision of quality laboratory practices

### **Story Behind the Data**

- Rapid identification of diseases, infection, or contamination is integral to the implementation of appropriate and timely public health interventions to prevent further harm.
- Rapid identification is important because there could be select agents (e.g., anthrax), which could be maliciously misused as a weapon of mass destruction.



- Additionally, there could be potential public health endemic agents such as plague, West Nile virus, or Severe Acute Respiratory Syndrome (SARS) carried in ground squirrels, mosquitoes, or birds, respectively.
- Other areas of public health concern regards water (drinking or recreational use), milk, and food safety.
- To analyze lab samples, it is critical to exceed published turn-around times to give officials time to determine the proper course of remedial actions to mitigate contamination, exposure, or illness.

#### Performance Measure (SLD/P004) **Program PM** FY16 Target **Program Performance Measure Baseline** Percent of public health threat samples for communicable diseases and other threatening illnesses that are completed and reported to the FY13: 98.2% 95%\* submitting agency within published turnaround times

\* Industry standard

- Training keeps analysts up-to-date on current methods.
- Maintaining and updating equipment allows for samples to be analyzed without interruptions.

### **Partners**

- Healthcare facilities
- Epidemiologists
- Public safety officials
- NM Department of Agriculture
- Centers for Disease Control and Prevention
- U.S. Food and Drug Administration

- Increase staff proficiencies.
- Increase cross-training to ensure staff are always available to analyze samples.
- Implement weekly sample tracking to measure turn-around times.



Objective Ensure the provision of quality laboratory practices NM Population Indicator Percent of environmental samples for chemical contamination that are completed and reported to the submitting agency within 60 calendar days NM Population Indicator Baseline 89.2% in 2013

### Story Behind the Data

 Quickly identifying contaminants in the environment is critical in mitigating potential contamination or inadvertent poisoning, which could result in acute illness of people in the same geographical area.



• The Scientific Laboratory Division (SLD) conducts chemical analyses of air, water, and soils in support of the NM Environment Department (NMED) as

well as for regulatory purposes by local, tribal, and federal entities which serve to protect the health of New Mexicans.

• It is critical to exceed published turn-around times to give officials ample time to determine the proper course of remedial actions; these actions in turn will mitigate contamination, exposure, or illness.

### Performance Measure (SLD/P004)

Program Performance Measure	Program PM Baseline	FY16 Target
Percent of environmental samples for chemical contamination that are completed and reported to the submitting agency within 60 calendar days	FY13: 89.2%	<b>90</b> %

- Training keeps analysts up-to-date on current methods.
- Maintaining and updating equipment allows for samples to be analyzed without interruptions.

### **Partners**

- NM Environment Department
- Environmental Protection Agency
- Municipal/Federal/Tribal water utilities
- Local, County, and State Emergency Management

- Increase cross-training to ensure sufficient staff are always available to analyze samples.
- Weekly tracking of sample turn-around times.



Objective Decrease sexual assault in New Mexico NM Population Indicator Number of sexual assaults in New Mexico NM Population Indicator Baseline 1,338 in 2011

### Story Behind the Data

- Sexual assaults are acts of violence where sex is used as a weapon.
- The vast majority of rapes against both women and men remain unreported to police or sexual violence support organizations. In 2009, only 1 in 9.5 adult rapes came to the attention of law enforcement.
- Victims of sexual violence are overwhelmingly female (86% rape victims and 78% victims of non-penetration sex crimes).



- Rape is a crime of opportunity and that opportunity presents itself most often among the vulnerable. In 2011, while 57% of rape victims in law enforcement cases were children and adolescents, greater than three-quarters (82%) of offenders were adults (18 and older).
- According to Sex Crimes in New Mexico X: An Analysis of 2011 Data from the NM Interpersonal Violence Data Central Repository, 1,338 incidents of sexual assault were reported to law enforcement in 2011. During that year, 1,978 sexual assault (SA) victims were served by SA service providers, and 1,077 sexually assaulted patients were examined by Sexual Assault Nurse Examiners (SANE).

Program Performance Measure	Program PM Baseline	FY16 Target
Number of people completing a NMDOH-funded sexual assault prevention program	1,686	1,750

- Prevention education.
- Training to professionals (e.g., law enforcement, prosecutors, medical staff, school staff, faith community, sexual assault service providers, probation and parole, and corrections staff).
- Education/training programs for students from youth to university.
- Education/training for educators and school staff.



### **Partners**

- NM Sexual Assault Services
- NM Crime Victims Reparation Commission
- NM Coalition of Sexual Assault Program
- Domestic Violence Resources
- CYFD Domestic Violence
- NM Coalition Against Domestic Violence
- Rape Crisis Center of Central New Mexico
- Community Against Violence (Taos)
- Daybreak Center (Aztec)
- La Pinon Sexual Trauma and Recovery Center (Las Cruces)
- Solace Crisis Treatment Center (Santa Fe)
- Sexual Assault Services of NW New Mexico (Farmington)
- TEWA Women United (Espanola)
- Arise (Roosevelt General Hospital) (Portales)
- Silver Regional Sexual Assault Services (Silver City)
- Aging and Long Term Service Department- Adult Protective Services
- Attorney General's Office
- District Attorneys
- State Police
- Santa Fe Police Dept
- Albuquerque Police Dept
- United Way
- NM Asian Family Center
- Legal Aid Services

- Conduct sexual assault prevention programs in class (multiple sessions) settings.
- Network and collaborate to enhance sexual violence prevention efforts with all of partners and other stakeholders.

## **B. HEALTHCARE**

Direct Medical Services: NMDOH Facilities and Services, Public Health Clinics, Emergency Medical Services and New Mexico Health Care System Providers



# Result 2 Improved quality, accessibility and utilization of health care services



### **Objective**

Improve the EMS response capability for rural areas of New Mexico **NM Population Indicator** 

Percent of counties with implementation plans for regionalized EMS Response NM Population Indicator Baseline

21% in FY 2014

### Story Behind the Data

- The purpose of the Emergency Medical Services Act [24-10B-1] NMSA 1978] is to enhance and regulate a comprehensive emergency medical services system in the state as set forth in that act.
- The EMS Bureau is charged with meeting the statutory responsibility of the EMS Act, which states that the bureau is designated as the lead agency for the emergency medical services system and shall establish and maintain a program for regional planning and development, improvement, expansion, and direction of emergency medical services throughout the state.



- Getting adequately trained personnel to the scene as soon as safely possible is a primary goal of EMS response. There are multiple hindrances to this including availability of EMS personnel in rural New Mexico and availability of equipment and training.
- Once a call for assistance is received by a 911 center, and while Emergency Medical Dispatch instructions are being given, first response medical rescue units are dispatched. In rural/frontier areas, these are almost always volunteer, fire department based rescue entities. As simultaneously as possible, a PRC approved EMS ambulance transport is also dispatched.
- Assuring this response in the rural areas often fell to the local community level. This has historically led to a fragmentation of EMS resources, as community EMS response evolved from individual community based volunteer fire systems.
- Even within county governments, "fire districts" are often treated as near independent quasigovernmental entities. While mutual aid agreements between districts are commonplace, there is still a fragmentation and distribution of resources that are redundant and inefficient. Ideally, the county governments can be encouraged to regionalize their multiple fire district structure into a single administrative entity, or create a separate county based "third service" EMS response agency.

Program Performance	Program PM Baseline	FY16 Target
Percent of counties with documented implementation plans for developing regionalized EMS Response	FY14: 21%	27%

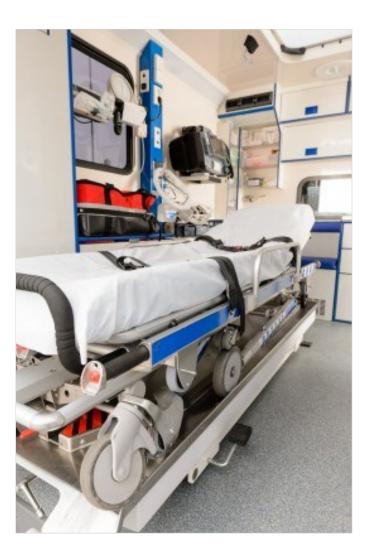
- Developing a unified command structure, unified medical direction, and common treatment guidelines/protocols.
- Developing standard operating procedures and equipment for emergency response.

#### **Partners**

- EMS Regional Offices
- County EMS Chiefs
- EMS Agencies

### **Strategies**

• Develop more efficient regional response plans, including consolidation of administration, personnel, and equipment.

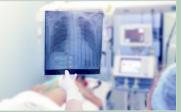


### Objective

Improve trauma care at developing and existing trauma centers **NM Population Indicator**Percent of Acute Care Hospitals with Trauma Center Designation **NM Population Indicator Baseline**60% in FY2013

### Story Behind the Data

- There are forty-four acute care hospitals in New Mexico. The following represents the number of Designated Trauma Centers in the State:
  - ° 1 Level 1
  - ° 5 Level 3
  - ° 4 Level 4
  - ° 3 Developing



- There are specific programs required by the American College of Surgeons, designed for and presented to trauma nurses and physicians who respond to trauma activations. These have been proven to decrease mortality and morbidity of trauma patients, through recognition of injury, followed by rapid intervention and definitive trauma treatment.
- It is anticipated that increased trauma education throughout the State will be shown to decrease mortality and morbidity, as it has in other states.

Program Performance	Program PM Baseline	FY16 Target
Percent of emergency department and intensive care unit licensed staff at developing and existing trauma centers who have received training in traumatic injury care	FY13: 60% FY14: 76%	80%

 Trauma education has been proven to decrease morbidity and mortality for trauma patients who are seen at designated trauma centers.

### **Partners**

- Acute Care Hospitals in New Mexico
- EMS Agencies
- NM Hospital Association
- Trauma Advisory and System Stakeholder Committee

### **Strategies**

• Gather data on trauma education for licensed personnel in the emergency department and intensive care units at developing and existing trauma centers, to track the increase in trauma education at these facilities, which may correlate with improved trauma care.



### **Objective**

Improve care for patients suffering from a stroke by increasing the percentage of hospitals reporting data to a national registry **NM Population Indicator** 

Percent of Acute Care (AC) hospitals that are certified stroke centers **NM Population Indicator Baseline** 

6.8% (3 of 44) of AC hospitals certified as stroke centers in 2012

### Story Behind the Data

- According to Department of Health (NMDOH) data, stroke is a leading cause of death in New Mexico, and killed 577 New Mexicans in 2012.
- Those who do survive a stroke often suffer lifelong disability.
- Legislation was passed in 2012, which enacted a new section of the Public Health Act to provide for department of health certification of hospitals as stroke centers.
- Stroke center designation cannot be awarded until stroke data is being submitted to the national registry, which will enable facilities to analyze and improve health care outcomes in stroke patients.

	Program Performance	Program PM Baseline	FY16 Target
	Percent of acute care hospitals reporting stroke data into the approved national registry	FY14: 6.8%	13.6%

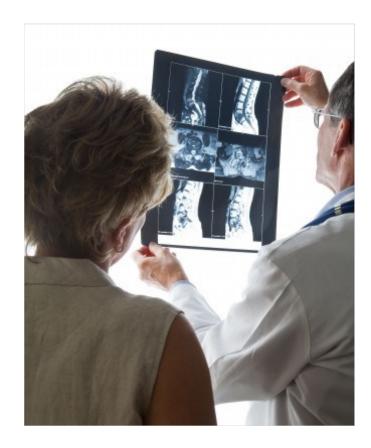


- A hospital obtaining stroke center accreditation and certification has many benefits for the community, including assurance that the hospital adheres to stroke prevention and treatment measures that have been agreed upon by the American Heart and Stroke Associations, the Centers for Disease Control and Prevention, and the Joint Commission.
- Adherence to stroke prevention and treatment measures reduces disability and death associated with stroke.
- Additionally, accreditation and certification will help assure that the hospitals are appropriately reimbursed by Medicare, Medicaid, and third party payers for the improved care delivered to stroke patients.

#### **Partners**

- Acute Care Hospitals in New Mexico
- EMS Agencies
- American Heart and Stroke Associations

- Collect data on stroke patients in accordance with national guidelines, which will assist in analyzing the potential for facilities to become stroke receiving or referring facilities.
- Analyze data on stroke patients in accordance with national guidelines, which will improve health care outcomes in stroke patients.
- Once data is being submitted, NMDOH will work with the hospitals in achieving other aspects required for stroke center designation. The NMDOH will then, in accordance with NMDOH rules, certify an acute care hospital as a Primary Stroke Center, Comprehensive Stroke Center, or Acute Stroke Capable Center, if the hospital has been accredited at that level by the Joint Commission.



**Objective** Improve care for heart attack patients **NM Population Indicator** Percent of acute care hospitals with Certified S-T Elevation Myocardial Infarction (Heart Attack) Centers **NM Population Indicator Baseline** 2.3% (1 of 44) AC hospitals Certified as S-T Elevation Myocardial Infarction (Heart Attack Centers) in 2012

### **Story Behind the Data**

- Over 3, 000 New Mexicans die every year from cardiovascular disease.
- Currently, the NMDOH does not have access to detailed statewide data for heart attack patients, such as level of care provided at various hospitals, how long it took to receive that care, the number of patients needing transfer to higher levels of care for these specific conditions, and other aspects of heart attack care.



Only a few hospitals in New Mexico are entering heart attack data into the national heart attack (AMI/STEMI) database, and the Epidemiology and Response Division (ERD) does not currently have access to these datasets. The more hospitals

that are entering the data, the better picture of heart attack care we can obtain, allowing ERD and the Emergency Medical Systems Bureau to identify areas of potential improvement in heart attack patient care and outcomes via education and system development.

- Legislation was passed in 2013, which enacted a new section of the Emergency Medical Services Act to provide for Department of Health certification of hospitals as S-T Elevation Myocardial Infarction (Heart Attack) centers.
- STEMI center designation cannot be awarded until cardiac care data is being submitted to the national registry.
- There are 44 acute care hospitals in New Mexico, currently four are submitting cardiac data:
  - 0 UNMH
  - 0 Heart Hospital (Lovelace)
  - 0 Memorial
  - 0 Presbyterian

Pe	rformance Measure (ERD/P003)			
	Program Performance	Program PM Baseline	FY16 Target	
	Percent of acute care hospitals reporting heart attack care data into the approved national registry	<b>FY14: 9.</b> 1%	13.6%	

- Like all heart attacks, STEMI is caused by a blockage in the blood vessels that provide oxygen and nutrients to the heart muscle. Primary treatment for STEMI entails eliminating the blockage in the blood vessel, which is called "reperfusion". Reperfusion is most commonly performed through a specialized medical procedure called a percutaneous coronary intervention (PCI).
- Only a minority of U.S. hospitals are capable of performing PCI on an emergency basis. Any delay in receiving PCI can increase the risk of dying from STEMI. Evidence indicates that heart attack care data analysis improves patient outcomes.
- The American Heart Association recommends a multifaceted community-wide approach that involves patient education, improvements in emergency medical system and emergency department care, establishment of networks of STEMI-referral (non-PCI-capable) and STEMI-receiving (PCIcapable) hospitals, and coordinated advocacy efforts to work with payers and policy makers to implement healthcare system redesign.

### **Partners**

- Acute Care Hospitals in New Mexico
- EMS Agencies



- Collect data on heart attack patients in accordance with national guidelines, which will assist in analyzing the potential for facilities to become STEMI receiving or referring facilities.
- Analyze data on heart attack patients in accordance with national guidelines, which will improve health care outcomes in heart attack patients.
- Once data is being submitted, the NMDOH will work with the hospitals in achieving other aspects required for STEMI center designation. The NMDOH will then, in accordance with NMDOH rules, certify an acute care hospital as a STEMI Receiving Center, or STEMI Referral Center if the hospital has been accredited at that level by the NMDOH approved accrediting agency.

### **Objective**

Ensure access to hospital treatment in response to a healthcare emergency

### Story Behind the Data

- For a healthcare emergency response resulting in a medical surge on the hospital system, the ability to know the location of available healthcare beds is critical to getting patients into necessary and appropriate treatment.
- The National Hospital Available Beds for Emergencies and Disasters (HAvBED) system is a real-time, electronic hospital bed tracking/monitoring system to address a hypothetical



surge of patients during a mass casualty event. The HAvBED system has been used in actual, adverse events (*i.e.* adverse weather, and wildfires) in other states and in the Southwest region during a neonatal bed shortage in New Mexico.

• The HAvBED system is tested on a weekly basis across all healthcare facilities in New Mexico.

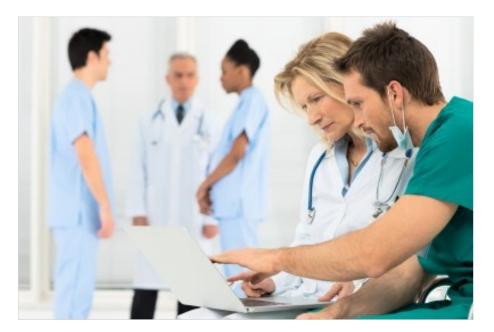
Program Performance Measure	Program PM Baseline	FY16 Target
Percent of hospitals reporting bed availability in the healthcare emergency preparedness bed reporting system within four hours of request	CY13: 76%	75% (Federal target)

- EMResource is a communications and resource management tool that streamlines communications between medical response teams and healthcare providers by monitoring healthcare assets, emergency department (ED) capacity, and behavioral health and dialysis bed status.
- EMResource tracks incident-specific resources that are easily tracked, such as decontamination capability, ventilators, pharmaceuticals, and specialty services.
- Weekly drills allow for healthcare facilities to become comfortable with the use of the HAvBED system.
- Up-to-date healthcare facility information on a web-based system allows us to better manage emergencies involving healthcare needs across the state.

#### **Partners**

- Emergency Medical Services
- Hospitals
- Ambulance services
- Emergency Managers
- Office of Medical Investigation
- Long-term Care facilities
- Primary Care facilities

- Train hospital personnel on the HAvBED reporting system with EMResource to monitor hospital reporting performance.
- Conduct periodic exercises and drills and evaluate performance.
- Ensure each health care facility personnel have access to and training with EMResource.



Objective Insure maximum use of facility resources NM Population Indicator New Mexico Department of Health Facilities which are accredited by the appropriate accrediting agency NM Population Indicator Baseline 43% (3 of 7) of NMDOH facilities accredited in 2012

# Story Behind the Data

- Joint Commission accreditation and certification is recognized nationwide as a symbol that reflects an organization's commitment to provide high quality health care and improved patient outcomes.
- The facilities operated by the Department of Health provide programs to New Mexicans who may not otherwise be able to receive mental health, substance abuse, nursing home care or rehabilitation services.



# **Performance Measure (Facilities/P006)**

Program Performance	Program PM Baseline	FY16 Target
Percent of staffed beds filled at all facilities	FY13: 86.0% FY14: 81.1%	<b>90</b> %

- Maintain responsive communication with referral sources and judicial systems for creating fluid admission processes.
- Sustaining optimal staffing levels in NMDOH facilities.

### **Partners**

- CYFD
- State District Courts
- Third Party Payers
- Referral Agencies
- Veterans Administration
- Community Based Services
- Facility employees

# **Strategies**

• Work to strengthen ties and improve response times with the referral sources to improve and optimize facility admissions.



Objective Provide quality patient care NM Population Indicator Percent of New Mexico Department of Health Facilities accredited by the appropriate accrediting agency NM Population Indicator Baseline 43% (3 of 7) of NMDOH facilities accredited in 2012

# Story Behind the Data

- Accreditation and certification are recognized nationwide as symbols that reflect an organization's commitment to provide high quality health care and improved patient outcomes.
- The facilities operated by the Department of Health provide programs to New Mexicans who may not otherwise be able to receive mental health, substance abuse, nursing home care or rehabilitation services.



• The population at high risk for pressure ulcers is based on a composite score defined by the Centers for Medicare and Medicaid Services (CMS) involving impaired mobility and nutritional status.

# Performance Measure (Facilities/P006)

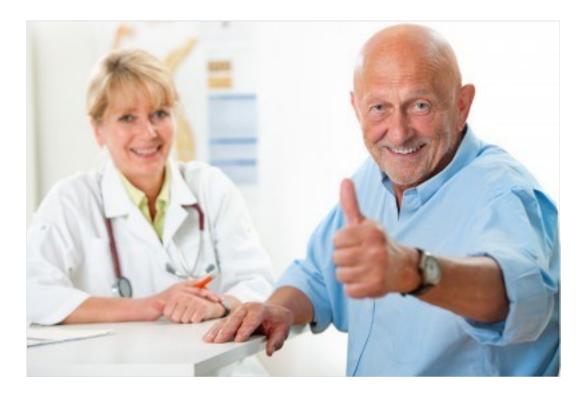
Program Performance	Program PM Baseline	FY16 Target
Percent of Long Term Care (LTC) residents with health care acquired pressure ulcers	FY13: 7.3%	<b>6.4</b> %

- Health facility accreditation status ensures that facilities are more likely to provide services according to a set of nationally recognized standards of care.
- Following best practices including assisted turning to increase mobility, ensuring good nutrition, and attentive skin care.
- Training for staff on the prevention of pressure sores.

### **Partners**

- Centers For Medicare and Medicaid
   Services
- The Joint Commission Accreditation
- Health Facility Licensing
- Facility employees

- The measure would demonstrate best practices related to prevention and quality patient care. This measure may also be correlated with staffing effectiveness.
- Continue to collect, report, and analyze data on pressure ulcers to Centers for Medicaid and Medicare.
- Maintain Joint Commission Accreditation for those facilities currently accredited.
- Seek, attain, and maintain appropriate accreditation for those facilities not currently accredited.



Objective Provide quality patient care NM Population Indicator Percent of New Mexico Department of Health Facilities accredited by the appropriate accrediting agency NM Population Indicator Baseline 43% (3 of 7) of NMDOH facilities accredited in 2012

# Story Behind the Data

- Accreditation and certification are recognized nationwide as symbols that reflect an organization's commitment to provide high quality health care and improved patient outcomes.
- The Centers for Medicare and Medicaid Services (CMS) manual describes falls with major injury as: bone fractures, joint dislocations, closed head injuries with altered consciousness, and subdural hematomas.



• The Department of Health (NMDOH) provides programs to New Mexicans who may not otherwise be able to receive mental health, substance abuse, nursing home care or rehabilitation services.

# Performance Measure (Facilities/P006)

Program Performance	Program PM Baseline	FY16 Target
Percent of long term care residents experiencing one or more falls with injury	FY13: 4.2%	3.3%
Percent of rehabilitation patients experiencing one or more falls with injury	FY13: 2.04/1000 patient days	2/1000 patient days

- Health facility accreditation status ensures that accredited facilities are more likely to provide services according to a set of nationally recognized standards of care.
- Fall risk assessment.
- Training and education for facility staff on the prevention of fall-related injury.

### **Partners**

- Centers For Medicare and Medicaid Services
- The Joint Commission or appropriate accrediting agency
- Health Facility Licensing and Certification, Department Of Health
- Facility employees

- Implement effective fall prevention plans, including staff and resident education in NMDOH facilities.
- Improve patient fall risk assessment processes.
- Continue to collect, report, and analyze data on falls with injury to Centers for Medicaid and Medicare.
- Improvement fall prevention performance by using analysis findings to make improvements.
- Maintain Joint Commission Accreditation for those facilities currently accredited.
- Seek, attain, and maintain appropriate accreditation for those facilities not currently accredited.



Objective Provide quality patient care NM Population Indicator Percent of New Mexico Department of Health Facilities accredited by the appropriate accrediting agency NM Population Indicator Baseline 43% (3 of 7) of NMDOH facilities accredited in 2012

# Story Behind the Data

- Accreditation and certification is recognized nationwide as a symbol that reflects an organization's commitment to provide high quality health care and improved patient outcomes.
- The facilities operated by the Department of Health provide programs to New Mexicans who may not otherwise be able to receive mental health, substance abuse, and nursing home care or rehabilitation services.



Communicating with and sending care information to the next level of care supports the idea that the
patient/client/resident is being appropriately discharged and that the receiving agency has all the
information they need for continuing care.

# **Performance Measure (Facilities/P006)**

Program Performance	Program PM Baseline	FY16 Target
Percent of behavioral health patients' medical records transmitted to the next level of care within five calendar days	42.8%	80%
Percent of adolescent behavioral health patients for whom the use of seclusions and/or restraints is necessary	Under Development	zero

- Health facility accreditation status ensures that facilities are more likely to provide services according to a set of nationally recognized standards of care.
- Beginning discharge planning at the time of admission.
- Good communication with receiving agencies will assist with better aftercare and may prevent readmissions.

### **Partners**

- Joint Commission
- Centers for Medicare and Medicaid Services
- Receiving agencies

- Maintain Accreditation for those facilities currently accredited.
- Seek, attain, and maintain appropriate accreditation for those facilities not currently accredited.
- Transfer of medical records in a timely fashion to ensure continuity of care for NMDOH behavioral health clients.
- Implement the Building Bridges Initiative and adhere to the principles of Trauma Informed Care



# **Objective**

# Improve access to services for individuals with developmental disabilities **NM Population Indicator**

# Appropriate developmentally disabled services

# Story Behind the Data

- The Developmental Disabilities Waiver (DDW) program serves as an alternative to institutional care and is designed to provide services and support to allow eligible individuals with intellectual/developmental disabilities (I/DD) to participate as active members of their community. An average of 300 people per year are added to the Developmental Disabilities (DD) waiver Central Registry. This means 300 people need to receive an allocation every year just to keep the Central Registry at the same number of people. The Central Registry will not be reduced unless more than 300 people receive an allocation annually.
- Addition of Supports Intensity Scale (SIS)<sup>®</sup> assessments and changes in procedures at the Income Support Division (ISD) have added to timeframes between receipt of Primary Freedom of Choice and Confirmation of Eligibility and then ISP approval.
- *Mi Via* ("my way") is a new program that provides choices of goods and services to DDSD participants. Also, participants have a key role and responsibility in developing a flexible Service and Support Plan that meets their needs. The choice of *Mi Via* shifts responsibility to the individual/family for designating level of care and for completing the service planning process.
- The Central Registry (CR) contains several status categories reflecting applicants' progress in the application/allocation process. Cases in these status categories comprise the total reported CR "Wait List." The CR status categories are:
  - Start Status: An applicant has submitted an application for DD waiver services but verification of intellectual/development disability (I/DD) has not been completed. (About two-thirds of applicants in this category will not match the definition of I/DD and, as a result, will be moved to the Pending Status category or be closed.)
  - Pending Status: Reserved for applications of children younger than age eight who have a confirmed specific related condition but do not have documentation of substantial functional limitations in three or more areas of life activities.
  - <sup>o</sup> **Completed Status:** Applicants who: have completed the application process; match the definition of intellectual/developmental disability; and are waiting for allocation.
  - <sup>o</sup> **Allocation on Hold:** This status is for persons who have been offered allocation to the DD waiver and have chosen to not accept an allocation currently.

Program Performance	Program PM Baseline	FY16 Target
Number of individuals on the developmental disability waiting list	FY13: 6,248 FY14: 6,133	6,330
Percent of developmental disabilities waiver applicants who have a service plan in place within ninety days of income and clinical eligibility	FY13: 83% FY14: 75%	<b>93</b> %
Number of individuals on the developmental disabilities waiver receiving services	FY13: 3,829 FY14: 4,403	4,000
Percent of children served through the Family Infant Toddler (FIT) Program who receive all of the early intervention services on their Individualized Family Service Plan (IFSP) within 30 days	Under Development	<b>97</b> %

Performance Measure (DDSD/P007)

- Reviewing status reports to determine if systemic or case-specific problems are encountered during the process of eligibility determination.
- Providing technical assistance in job development and training.
- Maintaining contact information for registrants.
- Improving awareness of DD definition and documentation requirements to applicants and providers.
- Evaluating standards used for processing applications and allocations.
- Communicating with providers on prioritizing allocation of individuals to the waiver.
- Providing trainings on the allocation process to case managers and DDSD staff.
- Increasing provider capacity.
- Increasing awareness of services for individuals with developmental disabilities.
- Improving case management services to provide information regarding different types of available services.
- Screening to ensure applicants meet the DD definition.
- Referring individuals with mental health issues to behavioral health system.
- Improving communication with applicants to ensure awareness of eligibility requirements.
- Improving the CR to categorize registrants and gather information on demographics and types

### **Partners**

- Human Services Division's (HSD) Medical Assistance Division (MAD)
- Human Services Division's (HSD) Income Support Division (ISD)
- Molina, Third Party Assessor (TPA)
- Healthcare providers, parent support groups, and case managers
- HSD Mi Via
- NMDOH's Vital Records
- Community Providers
- Case Management Agencies

- Create a more up-to-date and robust Central Registry database.
- Streamline Mi Via to make it easier for individuals and their families to complete the application more independently.
- Reinstitute annual "keeping in touch" mailings to maintain current contact info and determine when people move out-of-state, decease, or decide they are no longer interested in services.
- Create automatic crosswalk with Vital Statistics to identify deaths.
- Participate in bi-weekly meetings with MAD and ISD representatives to: review the DD waiver allocation process; identify barriers; and troubleshoot potential problems.
- Continue weekly internal DDSD allocation meetings to maintain the momentum of moving individuals through the allocation process and ensure we are meeting our timelines.
- Develop pre-services work, assessment, allocation eligibility, and case management a year early so that individuals complete as much of the eligibility process as possible.
- Collaborate with the MAD, the ISD and Molina to identify roles and responsibilities of each party, including individuals/guardians.
- To maximize the number of individuals who enter and receive services, DDSD sent letters of interest on based on the projected number of new allocations.
- Request of the American Association on Intellectual and Developmental Disabilities (AAIDD) to expand their capacity to conduct SIS® assessments for new allocations.
- Assess regional provider capacity based on regional waiting list and provider areas of interest.
- Assess state capacity based on program capacity estimates and information technology evaluation.

# **Objective**

Improve access to services for individuals with developmental disabilities **NM Population Indicator** 

Percent of adults receiving developmental disabilities day services who are engaged in community-integrated employment NM Population Indicator Baseline

30% in 2013

# Story Behind the Data

- Individuals with intellectual/developmental disabilities experience greater levels of unemployment, underemployment, low wages, and poverty compared to those without disabilities.
- Our state has made steady progress in increasing outcomes and performs above the national average, but strives to be included in the group of states exhibiting increased successful employment outcomes.



# Performance Measure (DDSD/P007)

Program Performance	Program PM Baseline	FY16 Target
Percent of adults receiving community inclusion services through the DD Waiver who receive employment services (wording revision for FY16)	FY13: 30% FY14: 27%	33%



- Eligibility workers access the state process applications within timelines. Eligibility workers also process promptly case closures and other changes.
- Status reports are reviewed to determine if systemic or case-specific problems are encountered during the process of eligibility determination.
- Providing technical assistance in job development and training.

### **Partners**

- Division of Vocational Rehabilitation
- Supported Employment Providers
- Supported Employment Leadership Network
- Local business owners and community leaders
- UNM/Center for Development and Disability - Partners for Employment



- Collaborate with consultants, Division of Vocational Rehabilitation (DVR), UNM/Center for Development and Disability - Partners for Employment, and regional community inclusion coordinators to train stakeholders and provide technical assistance in the areas of job development, customized employment, systematic instruction, social security benefits, microenterprise business ownership, visual resumes, and other best practices.
- Assist providers and interdisciplinary teams (IDT) to plan effectively using the new service standards, service options, and community resources.
- Continue to schedule and conduct local networking events to support employment efforts amongst a variety of stakeholders, which may include supported employment providers, current and potential employers, community leaders, individuals and their families.
- Develop metrics that will allow individuals and teams to determine whether supported employment providers are demonstrating quality outcomes. Enhance monitoring efforts and provide outreach to providers to assist or intervene, as needed.
- Work closely with stakeholders to build a sustainable system of expertise and local networks to increase capacity in supported employment options and services.

# **Objective**

Ensure the quality of health care community-based programs and health care facilities NM Population Indicator

Number of consumers receiving community-based services that are abused, neglected, exploited, and/or perpetrated by paid caregivers NM Population Indicator Baseline

475 cases of confirmed abuse, neglect and/or exploitation in FY 2013

# Story Behind the Data

 To protect consumers that receive community-based services from abuse, neglect, and exploitation perpetrated by paid caregivers, home and community-based service providers are required to file Incident Reports (IR) of abuse, neglect, exploitation and other reportable incidents with the Incident Management Bureau (IMB), as required by regulation.



• Covered populations include people served through the

following programs: Developmental Disabilities (DD) Waiver; Medically Fragile Waiver; DD State General Fund; and some people served through the DD *Mi Via* Waiver. Incidents reported will include: abuse, neglect, exploitation, death, and environmental hazards.

- Factors that may impact the actual number of incidents received may include: the number of individuals receiving services, the number of enrolled providers, and the number of incidents that occur.
- Two of the most significant factors impacting the performance measure are: the increase in the reporting of alleged cases of abuse, neglect and exploitation; and the number of vacant investigator positions.
- To address these issues, the NMDOH Division of Health Improvement (DHI) implemented a work plan to complete timely investigation and meet the Jackson Lawsuit recommendations. In addition, DHI has implemented an aggressive recruitment and retention plan to attract and retain quality investigators.

Program Performance Measure	Program PM Baseline	FY16 Target
Percent of abuse, neglect and exploitation incidents for community-based programs investigated within forty- five days*	FY14: 74.4%	<b>95</b> %

# Performance Measure (DHI/P008)

\*New measure developed in FY14 for implementation during FY15

- Adequate staff resources.
- Triage incident reports to determine priority, severity, and assignment of cases.
- Provide training and education opportunities to staff working at community-based provider agencies on how to avoid abuse, neglect, and exploitation.
- Provide training to investigators on investigative core competencies.

### **Partners**

- Developmental Disabilities Supports Division
- Aging and Long Term Services (ALTSD)
- Jackson Compliance Administrator experts and consultants
- Adult Protective Services
- Children's Protective Services

- The DHI IMB is working diligently to fill vacant investigator positions and to retain quality investigators. DHI has reduced its vacancy rate by 15% to date.
- Collaborate with Adult Protective Services, Children's Protective Services, and Ombudsman program to provide support and advice on how to reduce abuse, neglect, and exploitation incidents.
- Implementation of the Jackson Lawsuit recommendations for systems improvement.
- Develop and implement investigative core competency training.
- Expand the number of investigators to address high case loads.



Objective Ensure the quality of health care community-based programs and health care facilities. NM Population Indicator Percent of report of findings transmitted to provider within twenty business days of survey exit Program Performance Measure Baseline 51.6% in FY 2013

# Story Behind the Data

- Community program surveys help ensure that individuals are receiving the necessary services and supports as identified in their Individual Service Plan (ISP) in order to achieve desired outcomes.
- The purpose of community provider surveys is to monitor compliance with state and federal regulations, statutes, standards, and policies in order to protect the health and safety of people served. The Division of Health Improvement's



(DHI) Quality Management Bureau (QMB) conducts compliance surveys of community based providers for the following services: the Developmental Disabilities Waiver (DDW); Medically Fragile Waiver (MFW); Behavioral Health Services (BHS); Community Mental Health Centers (CMHC) and Comprehensive Community Support Services (CCSS).

- The frequency of provider surveys is based on their historical and current performance or service type. For example, the DDW, MFW, and FIT providers are surveyed based on the previous determination of compliance, Compliance with Conditions of Participation (three years), Partial compliance with Conditions of Participation (two years), and Noncompliance with Conditions of Participation (yearly and as necessary). The BHS surveys are conducted on an 18-24 month review cycle for each service, CMHC, and CCSS.
- Providers must develop and implement a Plan of Correction for all citations of noncompliance. This Plan is verified by the QMB.
- Several factors have impacted this performance measure in the past year FY13, including: increasing sample sizes of each survey based on agency growth, some agencies had a higher volume of findings, requiring additional time to write the report. Participation of Surveyor staff in the Jackson Community Practice Review has also impacted available writing time. New QMB surveyors are still learning how to become more proficient in completing reports.

# Performance Measure (DHI/P008)

Program Performance Measure	Program PM Baseline	FY16 Target
Percent of QMB report of findings transmitted to provider within twenty business days of survey exit*	FY14: 53.0%	<b>95</b> %

\*New measure developed in FY14 for implementation during FY15

# What Works

- Training and mentoring for new surveyors and team leads to become more proficient and efficient in the survey process.
- QA/QI processes to evaluate the efficiency of the survey process.
- Implementation of new streamlined report writing processes.

### **Partners**

- Community providers,
- Developmental Disabilities Supports Division,
- Human Services Division

- QMB is working diligently fill vacant surveyor positions and retain quality surveyors. DHI has reduced its vacancy rate by 15% to date.
- QMB is implementing on-going training and mentoring for new surveyors and team leads to become more proficient and efficient in the survey process.
- QMB implements on-going QA/QI processes to evaluate the efficiency of the survey process.
- Implementing improvements to streamline the report writing process.
- QMB uses effective communication and team building.



Objective Ensure the quality of health care in community-based programs and health care facilities NM Population Indicator Percent of Centers for Medicare and Medicaid Services 2567 Report/Statement Deficiencies for facility surveys completed and distributed within 10 days from survey exit Program Performance Measure Baseline 10% in FY 2013

# Story Behind the Data

- The Department of Health assures safety and quality care in New Mexico's health care facilities in collaboration with consumers, providers, advocates and other agencies. Through these programs, the Department of Health ensures provider compliance with state and federal standards as it:
  - Conducts health facility surveys, incident investigations and program reviews;
  - Takes appropriate actions for non-compliance with standards; and,
  - Identifies trends and patterns as an educational and compliance tool for providers.
- The timeliness of the survey results allows the facility to stop adverse events that could potentially harm or continue to harm the residents.



- A considerable factor in the low number of this performance measure has been the on-going vacancies at DHI-HFLC. To address this concern, DHI has implemented a work plan to complete timely survey reports and an aggressive recruitment and retention plan to attract and retain quality surveyors.
- While not reflected in the FY14 baseline, DHI-HFLC has made significant progress in reducing the average number of days to distribute reports to 11 days. This is a significant improvement from an average of 69 days.

Program Performance Measure	Program PM Baseline	FY16 Target
Percent of Centers for Medicare and Medicaid Services (CMS) 2567 Report/Statement of Deficiencies for facility surveys completed and distributed within 10 days from survey exit*	FY14: 37%	95%

# Performance Measure (DHI/P008)

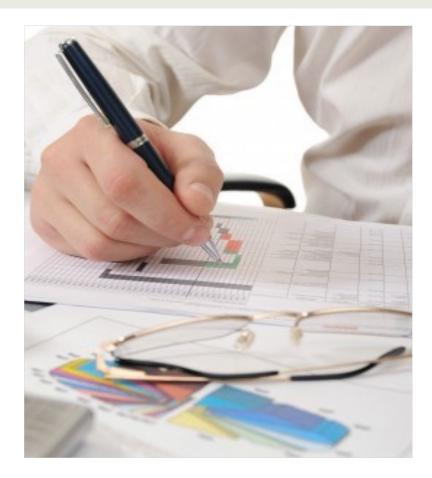
\*New measure developed in FY14 for implementation during FY15

- Appropriate staffing.
- Well trained staff.
- Division of responsibilities.
- Review and streamlining the process.

### **Partners**

- Providers
- Advocates, and consumers
- NM Health Care Association
- New Mexico Association of Home and Hospice Care

- Appropriate staffing allows Health Facility Licensing and Certification (HFL&C) staff to survey one week and write a report the following week.
- The DHI-HFLC is working diligently to fill vacant surveyor positions and has reduced the vacancy rate by 15% to date.
- Teams will be split up at the beginning of the next onsite survey. Surveyors with deficiencies to write will stay behind at the office the first two days while the remainder of the team goes onsite to start the next survey. The surveyors will join their team on survey once the deficiencies are written.
- HFLC has adapted the number of reviews a 2567 goes through before being sent out to the provider to shorten the timeframe from exit to receipt by the provider.
- HFLC is developing and implementing a Quality Improvement Plan to identify and implement additional strategies.



# **Objective**

Ensure the quality of health care community-based programs and health care facilities

# **NM Population Indicator**

Percent of facility building plan compliance reviews completed and distributed with 20 days from the date a complete packet is received **Program Performance Measure Baseline** 76% in FY 2014

# Story Behind the Data

- Part of the licensure process is to ensure that residential facilities are providing safe environments for patients. Facility building plan reviews are completed by members of the life safety survey team to ensure that safety standards are being met.
- For the last 5 years, 100% of the plan reviews of health care facilities have met the required safety regulations, codes and guidelines standards for infection control, ventilation and safety.



- However, plan review staff was not able to review submitted facility plan packets within the expected timeframe. Life safety code survey team vacancies, cumbersome internal processes, a constraint that plans be submitted in hard copy rather than email, delays in communication with architects, and miscommunication between facility administrators and their architects contributed to the lack of timely turn-around.
- To address this concern, DHI has implemented a work plan to complete timely survey reports and an
  aggressive recruitment and retention plan to attract and retain quality surveyors. DHI has reduced its
  vacancy rate by 15%.

Program Performance Measure	Program PM Baseline	FY16 Target
Percent of facility building plan compliance reviews completed and distributed with 20 days from the date a complete packet is received*	FY14: 76%	85%

# Performance Measure (DHI/P008)

\*New measure developed in FY14 for implementation during FY15

- Allowing building plans revisions/updates to be submitted by email when possible.
- Sending all correspondence to both the facility administrator and the architect.
- Aggressively recruiting to fill vacant positions.
- Cross-training so surveyors can review plans and plan reviewers can survey.
- Communicating more effectively with architects and facility administrators.
- Carefully tracking turn-around times between plan submission and responses from plan reviewers.

### **Partners**

- Centers for Medicare and Medicaid Services (CMS)
- local authorities having jurisdiction
- facility architects, facility administrators
- New Mexico Health Care Association
- New Mexico Association for Home and Hospice Care

- Looking at reviewing plans electronically and having virtual preliminary meetings via audio and visual on the computer.
- Reduce time between submission of plans, review and licensure by continuously collecting and analyzing data to determine inefficient processes and developing and implementing quality improvement initiatives to correct them.
- Filling all vacancies to enable desired operational capacity.



# **Objective**

Ensure timeliness and good customer service in the medical cannabis program **NM Population Indicator** Complete applications approved or denied within thirty days of receipt **Program Performance Measure Baseline** 

85% in 2013

# Story Behind the Data

- Timely review of applications is important in order to provide qualified patients and primary caregivers the protection afforded by the Lynn and Erin Compassionate Use Act, including NMDOH regulations and safe access to medical cannabis.
- To ensure compliance with the Lynn and Erin Compassionate Use Act and Department of Health regulations and to keep up with applications resulting from the steady growth in qualified patients, all staff participate in the application review process.



- The NMDOH Medical Cannabis Program has continually expanded since implementation in 2007.
- Per existing statute an applicant must complete a medical certification annually to continue program participation. A significant amount of NMDOH staff time is required to process applications and to provide other types of customer service.
- Many applications are submitted with incomplete information.
- Proposed rule changes may provide additional funding to increase Program staffing and improve technology.
- Refine application processing policies and procedures.

# Performance Measure (Med Cannabis/P787)

Program Performance	Program PM Baseline	FY16 Target
Percent of complete medical cannabis client applications approved or denied within thirty days of receipt	FY13: 85% FY14: 90%	<b>95</b> %

- Enable electronic applications to reduce mailing delays.
- Enhance patient and medical practitioner communications via the MCP website and other methods.
- Implement a database dedicated to the mission and needs of the program.
- Medical Director on staff has improved application review time.
- Health Educator and staff efforts to assist patient applicants have reduced the number of incomplete applications and shortened the time between notification of an incomplete application and receipt of information required to complete the application.
- Staff development has improved customer service.

# **Partners**

- Medical and Nursing Boards
- Medical practitioner associations
- NMDOH and private IT networking and expertise
- NMDOH public information office
- Advocates
- Legislature
- Patients and their families, caregivers
- State and local law enforcement



- Open and date stamp incoming mail daily.
- Perform initial data entry and determine if the applications are complete within 14 calendar days of receipt.
- Complete Medical Director review and signature in seven to 10 days.
- Request for Proposals for database upgrade will improve efficiencies and security while reducing delay -causing errors.

# **C. WORKFORCE DEVELOPMENT**

# NMDOH and Health Care Providers



# **Result 3**

A more rewarding work environment to attract and cultivate a skilled, innovative, diverse and committed workforce

# **Result 4**

# Recruitment and retention of health professionals to respond for health care



# STRATEGIC PLANNING COUNCIL— MEASURE DEVELOPMENT

# **Objective**

# A well-educated and informed NMDOH workforce NM Population Indicator

Percent of NMDOH employees who have completed required training NM Population Indicator Baseline

# **Under Development**

# Story Behind the Data

- The State of New Mexico requires employees to complete specific training in several areas, including Driver Safety training, new employee orientation, health and safety courses for direct care staff, Health Insurance Portability and Accountability Act (HIPAA).
- Currently, there is no effective and efficient way to track the training record for NMDOH employees.



- A centralized location for workforce development and training opportunities is lacking in NMDOH.
- Employees are one of the great NMDOH assets, and their importance is often overlooked.
- An employee development system ensures that employees deliver what is expected of them.
- NMDOH recently established a Strategic Planning Council (SPC), which includes 3 Quality Improvement workgroups. One of those workgroups is focused on training and workforce development.
- The SPC training and workforce development workgroup is completing a results-based accountability process to determine strategies to improve tracking of employee training and current available training offerings.
- NMDOH currently uses the on-line learning system called Moodle, stands for Modular Object-Oriented Dynamic Learning Environment; however, it does not have an effective tracking function and is not available to external partners.
- NMDOH has a Training Unit that is responsible for working with NMDOH programs to provide required training. The Training Unit manager sits on the SPC training and workforce development workgroup.

Program Performance	Program PM Baseline	FY16 Target
Performance Measure Under Development		

# Performance Measure (POO1)

- Ensuring that employees have access to required training and other opportunities to build competencies to support their ability to perform with results.
- Employees should be engaged in activities aimed at motivating them.
- Expert trainers should be hired to ensure maximum results.
- An employee development system ensures that employees deliver what is expected of them. This is done through many different approaches. First, the individuals will know and be aware of what is expected of them. Second, the individuals will be trained in the tasks that they need to accomplish so that they feel comfortable in their abilities to do them. Third, there will be a system put into place that will hold everyone accountable for their responsibilities.
- Training should be treated as an important investment.

### **Partners**

- NMDOH Training Unit.
- NMDOH Secretary, Deputy Secretaries, and Senior Management.
- NMDOH Office of Policy and Accountability workforce development activities in support of Public Health Accreditation.
- NM Universities and Colleges
- Federal and National agencies that offer technical assistance and training opportunities.

- Conduct a process to inventory training opportunities and employee workforce development priorities.
- Invest in a more robust learning management capability to track employee development record.
- Evaluate and improve training courses.
- Ensure that employees have access to training and education in order to effectively and efficiently perform their role.



# **STRATEGIC PLANNING COUNCIL— MEASURE DEVELOPMENT**

# Objective

Provide a central electronic location for NMDOH training that can ensure access to and determine employee training needs for job success **NM Population Indicator** Under Development **NM Population Indicator Baseline** 

# Story Behind the Data

- The NMDOH uses the online learning environment for training.
- The NMDOH Office of Policy and Accountability (OPA) maintains the Public Health Learning Collaborative (http://nmphlc.org/) which maintains a focus on public health courses offered in classroom and online environments for NMDOH and their health improvement partners.
- The NMDOH has some training policies in place; additional policies will be developed to respond to developments in practice;
- There is a need for Individual Learning Plans (ILP) to track:
  - required training for NMDOH employees;
  - elective course completion related to professional development; and,
  - continuing education credits (CEUs) necessary for licensure(s).
- The NMDOH has been exploring the potential use of the Moodle<sup>™</sup> software package for producing Internet-based courses.

# Performance Measure (P001)

Program Performance	Program PM Baseline	FY16 Target
Performance Measure Under Development		



- Online education for the NMDOH workforce;
- Continuous internal communication;
- The application of the Moodle learning management software; and,
- Training trainers and facilitator at no or low cost.

### **Partners**

- State Office of Personnel
- NMDOH Human Resources Division
- NMDOH Training Unit
- NMDOH Divisions and Offices
- IT contractors
- Continuing Education Unit (CEU) granting entities
- Content experts/contractors
- Intradepartmental training units
- NMDOH Senior Management
- Consumers/NMDOH Employees

- Perform an inventory of all training currently provided within each NMDOH division.
- Develop policies and procedures for training areas.
- Employ the Results Based Accountability (RBA) "Train the Coach" facilitator model.
- Develop an action plan to upgrade Moodle<sup>™</sup> from 2.0 version to 9.0 including hiring an experienced IT person to install and develop the program. The version 9.0 will facilitate and track ILPs.
- Incorporate specific trainings (i.e., ethics/values, cultural competency, safety, performance management, etc.) in an implementation plan.
- Use SharePoint® platform for facilitating document version control and sharing.



# **STRATEGIC PLANNING COUNCIL— MEASURE DEVELOPMENT**

# **Objective**

Develop a standardized competency based training program and associated voluntary community health worker certification (CHW) process **NM Population Indicator** CHW training program and certification process **NM Population Indicator Baseline** No existing certification of community health workers

# Story Behind the Data

- NMDOH is working with stakeholders to develop the community health worker certification program.
- NMDOH is working with stakeholders to develop a statewide competency-based training program for CHWs.
- NMDOH is developing the rules associated with CHW certification.
- CHWs are the link for individuals and families with the state's health and human services system of care.
- Inadequate health professional workforce, especially in rural areas.
- The New Mexico CHW Advisory Council serves as an advisor to the NMDOH Secretary regarding the development of a NM CHW model.



# **Performance Measure (P002)**

Program Performance	Program PM Baseline	FY16 Target
Performance Measure Under Development		

- Community health workers (CHW) improve access to health care, increase client knowledge and behavioral change, and increase client well being (Whitley et al 2006)
- Community health workers engaged in home visitation improved patient well being, improved disease self-management, and result in health care cost savings (Fedder et al 2003)
- Preliminary data collected by the NM Asthma Program's pilot project at Nor-Lea Hospital suggests that use of certified asthma educators may have been effective in reducing asthma hospitalization visits ad increasing asthma self-management skills since the onset of the intervention.

# **Partners**

- NM CHW Program, NM Dept. of Health
- NM CHW Advisory Council
- NM Primary Care Association
- NM CHW Association
- NM Tribal Community Health Representative Association
- NM Southern Promotora Committee
- Southern & Northern Area Health Education Centers
- NM Universities and Colleges
- Navajo Nation Division of Health
- Community Based Organizations
- Community Health Centers
- NM Aging and Long Term Services Department
- NM Human Services Department

- Develop a statewide standardized training program
- Implement a voluntary certification process
- Promote development of the CHW workforce
- Support integration of CHWs into New Mexico's health and human service delivery systems





# **D. ACCOUNTABILITY**

# Accountable to the Governor, the Legislature and the Public

# Result 5

The Department's work is understandable, accessible and valued

# Result 6 Improved fiscal accountability

# Result 7

Technology supports timely, data-driven decisions; improved business operations; and improved public information and education

# Objective

Ensure health information is available to the public **NM Population Indicator** 

Percent of individuals accessing the NMDOH website who are satisfied Percent of individuals accessing the NMDOH website who found it easy to use **NM Population Indicator Baseline** 

31% of individuals accessing the NMDOH website in CY13 were satisfied 24% of individuals accessing the NMDOH website in CY13 found it easy to use

# Story Behind the Data

- The NMDOH public website was developed over decades by different individuals, resulting in barriers that make it difficult to navigate and locate desired information.
- NMDOH Chief Information Officer (CIO) and Senior Management Team have prioritized the redesign and clean-up of the public website by the Webmaster and stakeholders.



- Access to public health improvement and health care information is essential to promote healthy people, to provide excellent public health services, and to ensure public safety.
- There is outdated information on the NMDOH public website.
- There are new demands to develop new sites and it is important to develop the new website template prior to adding new sites.

Program Performance	Program PM Baseline	FY16 Target
Percent of individuals accessing the NMDOH website who are satisfied	<b>CY13: 31%</b>	41%
Percent of individuals accessing the NMDOH website who found it easy to use	CY13: 24%	34%

# Performance Measure (P001)

- Use of a quality improvement model to structure public website improvement process and to measure performance.
- Prioritize the creation of the new NMDOH public website template.
- Support from senior leadership and the CIO to control the development of new web sites during template design.

### **Partners**

- NMDOH Senior Management Team
- IT staff
- Programs with web content
- NMDOH employees

- Develop a results-based accountability framework and process to develop and evaluate website improvement activities.
- Develop and implement a customer satisfaction survey for NMDOH public website users.
- Analyze and improve website content based on survey responses.
- Design and apply a new website template that is approved by the Cabinet Secretary, CIO, Senior Management and stakeholders.
- Develop and implement a website management policy and procedure.



# STRATEGIC PLANNING COUNCIL — MEASURE DEVELOPMENT

# Objective Improve financial accountability and minimize financial risk NM Population Indicator Under Development NMDOH Facility Population Indicator Baseline

# Story Behind the Data

- Facilities Management fulfills the NMDOH mission by overseeing six health care facilities and one community program.
- The Department offers safety net services for those individuals who have no financial resources yet need treatment.
- The safety net services provided throughout New Mexico include programs in mental health, substance abuse, long term care, and physical rehabilitation in both facility and community-based settings.



- Facility staff care for both New Mexico adult and adolescent residents who need continuous care 24 hours-a-day, 365 days-a-year.
- Most individuals served by NMDOH facilities have either complex medical conditions or psychiatric disorders that manifest in violent behaviors, and private sector providers are either unable or unwilling to serve these complex individuals, many of whom are remanded to NMDOH facilities by court order.
- NMDOH financial directors meet periodically to develop standardized methodologies necessary to calculate data for the facilities performance measures. For example, billed third-party revenues collected do not really represent all billable charges, because some uncompensated care cannot be billed to those clients without a payer source (e.g., Medicaid).
- Due to the implementation of the Affordable Care Act, there are eminent, third-party revenue and uncompensated care caveats that have not yet been identified.

Program Performance	Program PM Baseline	FY16 Target
Percent of patient costs at agency facilities that is uncompensatable (wording revision for FY16)	Under Development	Under Development

# Performance Measure (P006)

\*Facilities have been reporting the "amount in dollars" of uncompensated care provided. This revised measure intends to reflect the percentage of care by facilities that is uncompensated.

- Electronic billing and transcription services.
- Upgraded computers for faster processing.
- Ensuring accurate billing.
- Meetings with payer sources to improve and optimize reimbursements.
- Improved payment by continuing to ensure accurate billing.
- Ongoing, monthly meetings with third-party payers to improve revenue.

### **Partners**

- Facility staff
- Department financial officers
- Payer sources

# **Strategies**

- Conduct monthly Facilities Finance Committee meetings to monitor expenses and increase revenues while ensuring standardized, approved fiscal practices and compliance with requirements in all facilities.
- Continue to improve revenue collections through the implementation of electronic billing and transcription services.
- Work toward Joint Commission certifications to aid in improved reimbursement of care.
- Hire additional administrative (billing-related) staff at Fort Bayard and Las Vegas facilities.

# **Performance Measure (P006)**

Program Performance	Program PM Baseline	FY16 Target
Percent of eligible third party revenue collected at all agency facilities (AGA)	*FY13: 56.6% FY14: 91.2%	<b>90</b> %

\*Facilities have been reporting the data in an inconsistent manner. For FY14 data reporting will be standardized and will reflect standard practices in the hospital industry. The amount currently reported includes uncompensated care (clients without a source of payment).

- Work with facility financial staff to identify current and potential payers and revenue sources.
- Implement electronic billing.
- Coordinate re-billing efforts.
- Implement improved collection strategies.

# STRATEGIC PLANNING COUNCIL— MEASURE DEVELOPMENT

Objective Create a more transparent and expedited contract procurement system NM Population Indicator Under Development NM Population Indicator Baseline Under Development

Story Behind the Data

- NMDOH has obtained a shared database to be used by divisions and the Administrative Services Division to track and monitor process performance.
- The new system needs to be installed and piloted, then improved; staff will need to be training on use of the new database.
- The time to fully execute contract is variable.
- There are many different types of agreements.
- The data and, therefore the story, have not been fully captured for use by NMDOH to improve the process.

# **Performance Measure (P001)**

Program Performance	Program PM Baseline	FY16 Target
Time to fully execute professional services contracts	Under Developmen <del>t</del>	Under Development



- Shared access to information on the status of the contract approval process.
- Standardized training and tracking of agreements.

# **Partners**

- Administrative Services Division staff
- Division Directors/Deputies and Bureau Chiefs
- Program Managers
- Contract Officers
- Department of Finance and Administration
- General Services Department, State
   Purchasing
- Office of Policy and Accountability and Results-Based Accountability Coaches

- Conduct a Results-Based Accountability (RBA) process to develop baseline and target data, understand the story behind the data, identify what works to process agreements effectively and efficiently.
- Select strategies, develop an action plan with performance measures, and monitor and improve performance.



**Objective** Improve vital records work quality **NM Population Indicator** Percent of Bureau of Vital Records and Health Statistics' (BVRHS) customers who are satisfied or very satisfied **NM Population Indicator Baseline** 80% of customers satisfied during FY2014

# **Story Behind the Data**

- Birth and Death certificates (Vital Records) are legal documents •
- The registration of these vital records serves to protect the rights of
  The registration of these vital records serves to services inherent in the society. As legal documents, vital records must be as accurate as possible and processing may involve contact with the submitting agencies if questions arise.



- In addition because vital records are legal documents, there are strict standards as to who can acquire the birth/death certificate and the documentation required.
- Some customers are unaware of the information they must provide in order to obtain a document.

# **Performance Measure (P003)**

Program Performance	Program PM Baseline	FY16 Target
Percent of vital records front counter customers who are satisfied with the services they receive	FY14: 80%	85%

- Celebrate victories and praise employees when they have done a good job with customer service. Positive reinforcement assures your employees that they are appreciated for doing excellent work.
- Identify deficiencies through either weekly or bi-weekly debriefings. Schedule effective training sessions (technical skills, people skills and effective customer service engagement).
- Establish a skill set assessment. Take a close look at the people on the front lines with the customers.
- Measure customer service effectiveness.
- Consistency...without being consistent you will never achieve measured customer service effectiveness.

## **Partners**

- Hospitals
- Midwives
- Funeral homes
- Office of Medical Examiner
- Physicians
- Tribal authorities
- Family members

- Implement a simplified electronic customer service satisfaction measuring tool which will take the customer seconds to give their feedback. This new process is expected to increase the number of responses because of the ease and speed to complete. The new approach will also reduce language barriers for most customers.
- Run internal reports to determine customer satisfaction and attempt to identify the employee specialty areas necessary to meet customer needs.
- Assess procedures to improve services through quarterly reviews of the survey data.



# ACRONYM GUIDE

AC     Acte Care       AGA     Accountability in Government Act       ALTSD     Aging and Lang-Term Services Department       ASD     Administrative Services Division       BVRHS     Bureau of Vital Records and Health Statistics       CCSS     Comprehensive Community Support Services       CDC     Centers for Disease Control and Prevention       CIO     Chief Information Officer       CHW     Community Health Worker       CMC     Community Health Worker       CMAC     Community Mental Health Centers       CMS     Central Registry       CTG     Community Transformation Grant       CYFD     Children, Youth, and Families Department       DD     Developmental Disobilities       DDW     Developmental Disobilities Waiver       DHI     Division of Health Improvement       DolT     Department of Information Technology       DPP     National Diabetes Prevention Program       ED     Emergency Medical Services       ERD     Epidemiology and Response Division       FPP     Family Planning Program       FPP     Family Planning Program       FPP     Family Planning Program       FPP     Family Planning Program       FPA     Foodity Qualified Health Care Centers       HFL&C     Health Professional Shortage Are	ACRON I M GOIDE		
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IHSIndian Health ServicesHPSAHealth Professional Shortage AreasHSDHuman Services DepartmentI/DDIntellectual/Developmental DisabilitiesIGBInformation Governance BoardIMBIncident Management BureauISDIncome Support DivisionITInformation TechnologyITSDInformation Technology Services Division	FQHC	Federally Qualified Health Care Centers	
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HSDHuman Services DepartmentI/DDIntellectual/Developmental DisabilitiesIGBInformation Governance BoardIMBIncident Management BureauISDIncome Support DivisionITInformation TechnologyITSDInformation Technology Services Division	IHS	Indian Health Services	
I/DDIntellectual/Developmental DisabilitiesIGBInformation Governance BoardIMBIncident Management BureauISDIncome Support DivisionITInformation TechnologyITSDInformation Technology Services Division	HPSA	Health Professional Shortage Areas	
IGB       Information Governance Board         IMB       Incident Management Bureau         ISD       Income Support Division         IT       Information Technology         ITSD       Information Technology Services Division	HSD	Human Services Department	
IMB     Incident Management Bureau       ISD     Income Support Division       IT     Information Technology       ITSD     Information Technology Services Division	I/DD	Intellectual/Developmental Disabilities	
ISD     Income Support Division       IT     Information Technology       ITSD     Information Technology Services Division	IGB	Information Governance Board	
IT     Information Technology       ITSD     Information Technology Services Division	IMB	Incident Management Bureau	
ITSD Information Technology Services Division	ISD	Income Support Division	
	IT	Information Technology	
LPN Licensed Practical Nurse	ITSD	Information Technology Services Division	
	LPN	Licensed Practical Nurse	

# ACRONYM GUIDE

MCP         Medical Cannabis Program           NACCHO         National Association of County and City Health Officials           NM         New Mexico           NMBHI         New Mexico Behavioral Health Institute           NMDOH         New Mexico Department of Health           NMED         New Mexico Environment Department           NMPCA         New Mexico Environment Department           NMPCA         New Mexico State Veteran's Home           OBH         Office of Border Health           OGC         Office of General Counsel           OHE         Office of General Counsel           OHE         Office of Health Equity           OIA         Office of Policy and Accountability           OSAH         Office of Policy and Accountability           OSAH         Office of Social Investigator           OPA         Office of Colicy and Accountability           OSAH         Office of Social Investigator           PPD         Public Health Division           PID         Public Information Office           PM         Performance Measure           PA         Performance Measure           PA         Performance Measure           QA         Quality Improvement           QMB         Quality Management B	ACRONTM GOIDE		
NM         New Mexico           NMBHI         New Mexico Behavioral Health Institute           NMDOH         New Mexico Department of Health           NMED         New Mexico Environment Department           NMPCA         New Mexico Primary Care Association           NMRH         New Mexico Rehabilitation Center           NMSVH         New Mexico State Veteran's Home           OBH         Office of Border Health           OGC         Office of General Counsel           OHE         Office of Health Equity           OIA         Office of Policy and Accountability           OSAH         Office of School and Adolescent Health           PED         Public Education Department           PHD         Public Information Office           PM         Performance Measure           PPACA         Patient Protection and Affordable Care Act           PRAMS         Pregnancy Risk Assessment and Monitoring System           QA         Quality Assurance           QI         Quality Management Bureau           RBA         Results-Based Accountability           RN         Registered Nurse           RPHCA         Rural Primary Health Care Act           Severe Acute Respiratory Syndrome         SBHC	МСР	Medical Cannabis Program	
NMBHI       New Mexico Behavioral Health Institute         NMDOH       New Mexico Department of Health         NMED       New Mexico Environment Department         NMPCA       New Mexico Environment Department         NMRH       New Mexico Environment Department         NMRH       New Mexico State Veteran's Home         OBH       Office of Border Health         OGC       Office of General Counsel         OHE       Office of Health Equity         OIA       Office of Internal Audit         OMI       Office of Policy and Accountability         OSAH       Office of School and Adolescent Health         PED       Public Education Department         PHD       Public Health Division         PIO       Public Information Office         PM       Performance Measure         PPACA       Patient Protection and Affordable Care Act         PRAMS       Pregnancy Risk Assessment and Monitoring System         QA       Quality Assurance         QI       Quality Management Bureau         RBA       Results-Based Accountability         RN       Registered Nurse         RPHCA       Rural Primary Health Care Act         Severe Acute Respiratory Syndrome       SBHC	NACCHO	National Association of County and City Health Officials	
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QAQuality AssuranceQIQuality ImprovementQMBQuality Management BureauRBAResults-Based AccountabilityRNRegistered NurseRPHCARural Primary Health Care ActSARSSevere Acute Respiratory SyndromeSBHCSchool-Based Health Centers	PPACA	Patient Protection and Affordable Care Act	
QIQuality ImprovementQMBQuality Management BureauRBAResults-Based AccountabilityRNRegistered NurseRPHCARural Primary Health Care ActSARSSevere Acute Respiratory SyndromeSBHCSchool-Based Health Centers	PRAMS	Pregnancy Risk Assessment and Monitoring System	
QMB       Quality Management Bureau         RBA       Results-Based Accountability         RN       Registered Nurse         RPHCA       Rural Primary Health Care Act         SARS       Severe Acute Respiratory Syndrome         SBHC       School-Based Health Centers	QA	Quality Assurance	
RBA     Results-Based Accountability       RN     Registered Nurse       RPHCA     Rural Primary Health Care Act       SARS     Severe Acute Respiratory Syndrome       SBHC     School-Based Health Centers	QI	Quality Improvement	
RN     Registered Nurse       RPHCA     Rural Primary Health Care Act       SARS     Severe Acute Respiratory Syndrome       SBHC     School-Based Health Centers	QMB	Quality Management Bureau	
RPHCA     Rural Primary Health Care Act       SARS     Severe Acute Respiratory Syndrome       SBHC     School-Based Health Centers	RBA	Results-Based Accountability	
SARS     Severe Acute Respiratory Syndrome       SBHC     School-Based Health Centers	RN	Registered Nurse	
SBHC School-Based Health Centers	RPHCA	Rural Primary Health Care Act	
	SARS	Severe Acute Respiratory Syndrome	
SLD Scientific Laboratories Division	SBHC	School-Based Health Centers	
	SLD	Scientific Laboratories Division	
SPC Strategic Planning Council	SPC	Strategic Planning Council	
TUPAC Tobacco Use Prevention and Control	TUPAC	Tobacco Use Prevention and Control	
UNM University of New Mexico	UNM	University of New Mexico	
UNMH University of New Mexico Hospital	UNMH	University of New Mexico Hospital	
WIC Women, Infants, and Children	WIC	Women, Infants, and Children	

# Appendix I: PBB Performance Documents

