



Suicide Prevention Resource Center

Promoting a public health approach to suicide prevention



The nation's only federally supported resource center devoted to advancing the *National Strategy for Suicide Prevention*.

Creating a Legacy

Session 2

Suicide Prevention Resource Center's Workshop Series for
2nd Year GLS Grantees

July 8, 2014

SPRC Facilitators



Julie Ebin
Senior Prevention
Specialist



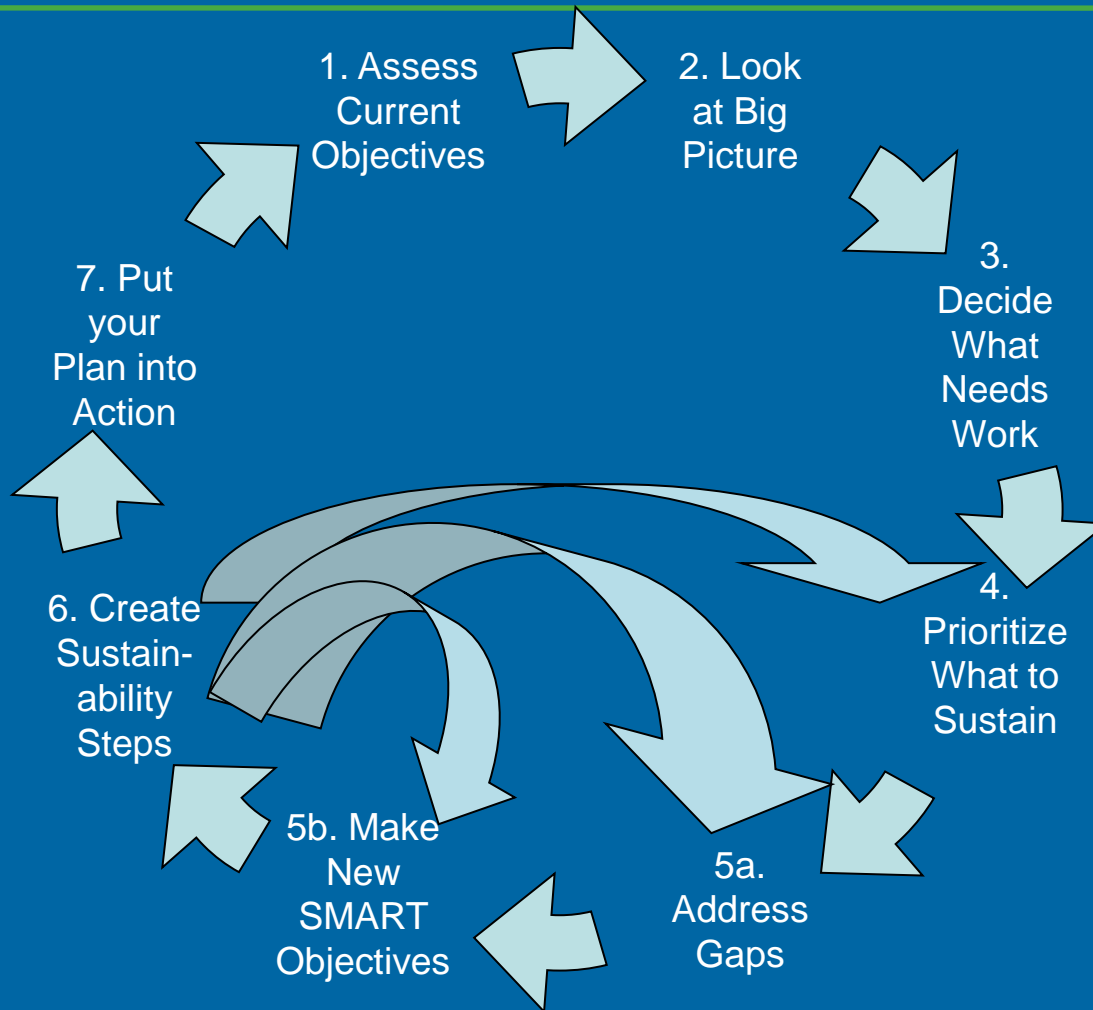
Sheila Krishnan
Campus Prevention
Specialist

Today's Session

- ✓ Linger questions
- ✓ Simplifying your List
- ✓ Strategy of the Day:
Partnerships
- ✓ Prioritizing



Creating a Legacy: Series Overview



Reflections on The Big Picture



What Needs More Work to Sustain?

| Objective | Key Area or Sub-Objective (If Applicable) | Is this objective embedded in ongoing non-GLS funded efforts, institutionalized, or otherwise sustained? Yes___ No___ - If yes, explain how. No further work is needed from site. (Take off the list). - If no, complete the next column. | Is this objective: 1. Achieved but still needs help/ work to sustain? OR 2. Not yet achieved? |
|--------------|--|---|--|
| Objective 1: | | | |
| | | | |
| Objective 2: | | | |
| | | | |
| Objective 3: | | | |
| | | | |

Partnerships for Sustainability



Grantee Story: Elaine deMello



Supervisor, Training & Prevention Services
Connect Program, NAMI NH



New Hampshire MOUs



NH SUICIDE PREVENTION COUNCIL Memo of Understanding May 2007

INTRODUCTION:

New Hampshire has a long history with suicide prevention efforts starting with a data report showing a significant increase in youth suicide rates particularly firearm-related suicide deaths. This led to a legislative study committee and the formation in 1994 of the Youth Suicide Prevention Assembly (YSPA). YSPA has met on a monthly basis since that time.

New Hampshire has typically had a suicide rate that is slightly above the national average. Twice during the past ten years the rate has dipped below that national average. This includes 2004, the most recent year for which complete data is available. The rate in 2004 was 9.8 (per 100,000) which is below the national average of 10.9.

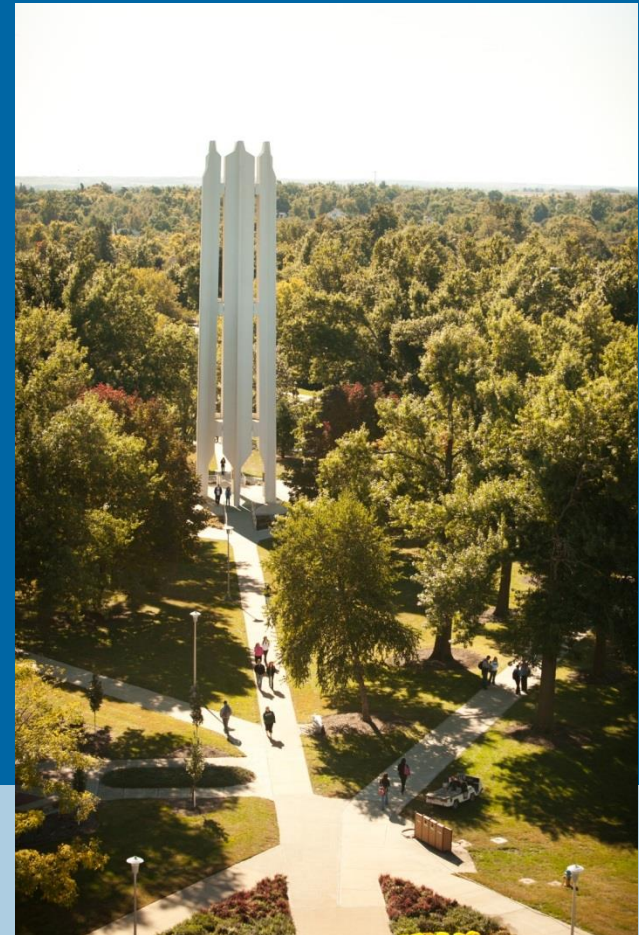
In 1999 then US Surgeon General issued a report identifying suicide as a major public health problem and one that is preventable. Following that report a national commission was established to identify the best methods of suicide prevention and to develop goals and objectives to promote prevention efforts. As a result, the National Strategy for Suicide Prevention (NSSP) was released in 2001.

STATE SUICIDE PREVENTION PLAN:

YSPA examined how to move prevention efforts in NH across the lifespan. A decision was made in 2003 to develop a comprehensive State Suicide Prevention Plan that would be based on the NSSP and would expand NH suicide prevention efforts to all ages. A workgroup was formed, and goals, objectives, and activities emerged into a plan. Department of Health and Human Services Commissioner John Stephen presented the plan to the public in November 2004.

Grantee Story: Jen Kennymore

Health Educator, Northwest Missouri State
University – Maryville, Missouri



project HOPE

Campus Suicide Prevention

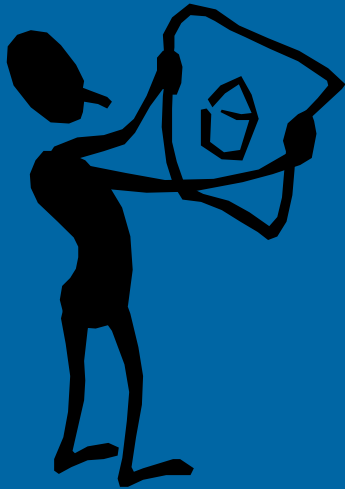
where there is hope, there is life



Your Turn!

What are you currently doing?

Who else do you need to bring in?



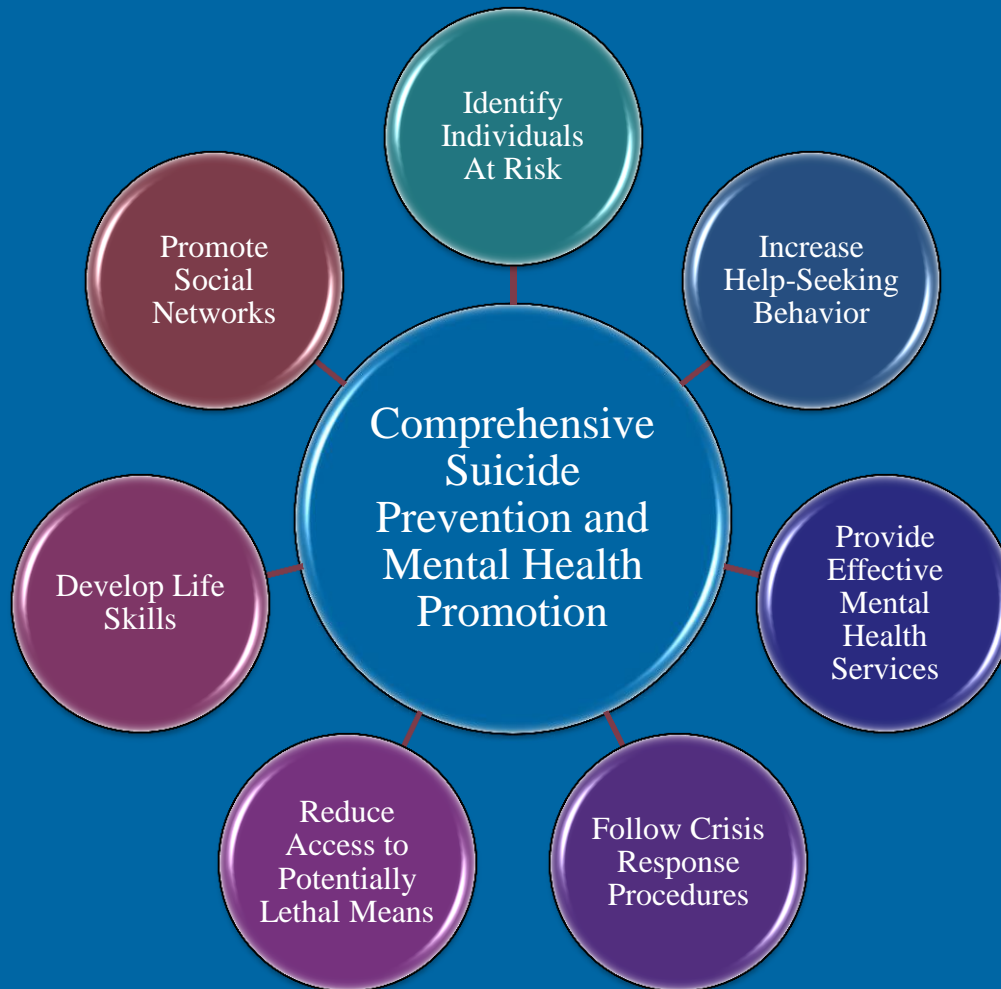
Getting Input from Partners



Prioritizing Your Work

| Objective | What big picture, long-term outcome are you trying to change with each objective below? <i>(From Big Picture worksheet, last column)</i> | Is this objective a high or low priority to continue in order to accomplish the related long-term outcome? Why? | If this a low priority objective, are you addressing the outcome sufficiently in other ways? If no, put the outcome onto the "Addressing High Priority Outcome Gaps" sheet to create a new objective. |
|--------------|--|--|---|
| Objective 1: | | | |
| Objective 2: | | | |
| Objective 3: | | | |
| Objective 4: | | | |

Comprehensive Suicide Prevention



Questions?

Wrap Up

- ✓ Next Meeting: August 5, same time
- ✓ Homework:
 - Deciding Needs Worksheet
 - Examples on Private Pages
 - Exchange with your buddy site
 - Reading
 - Plan to bring partners together in July before next meeting