

Coordination With Other Prevention & Community Programs



MAINE YOUTH SUICIDE PREVENTION PROGRAM

SCHOOL COMMUNITY-BASED PREVENTION & EARLY INTERVENTION



*Maine Center for
Disease Control*

*An Office of the
Department of Health and Human Services*

John E. Baldacci, Governor

Brenda M. Harvey, Commissioner



Maine Youth Suicide Prevention

Education, Resources and Support—It's Up to All of Us.

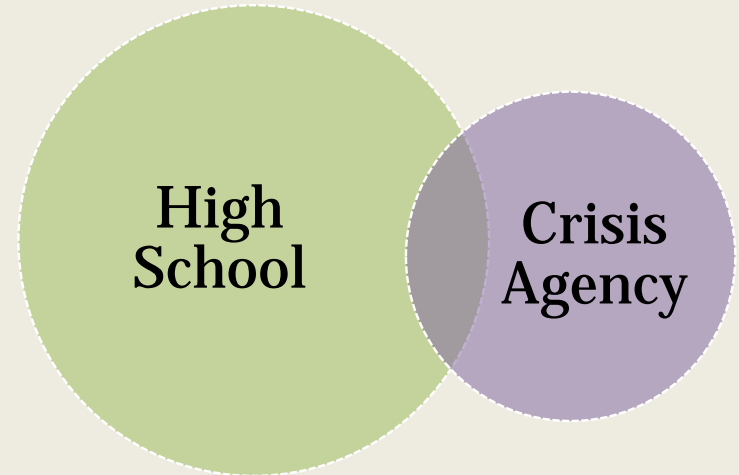
Overview of Maine's Experience



- **CDC funded Schools**
 - Schools implement Lifelines Program
 - MOA with crisis agency
- **GLS Cohort 1 SAMHSA Youth Suicide Prevention Project**
 - Schools implement Lifelines Program
 - Local Coordinators hired from crisis agencies
 - Youth-serving community agency partners
- **GLS Cohort 4 Caring About Lives in Maine (CAL ME) Project**
 - Schools Implement Lifelines Program
 - Referral Networks
 - ✦ Contracts with key referral agencies
 - ✦ Outreach and inclusion of key partners

CDC Funded Project 2002 – 2006

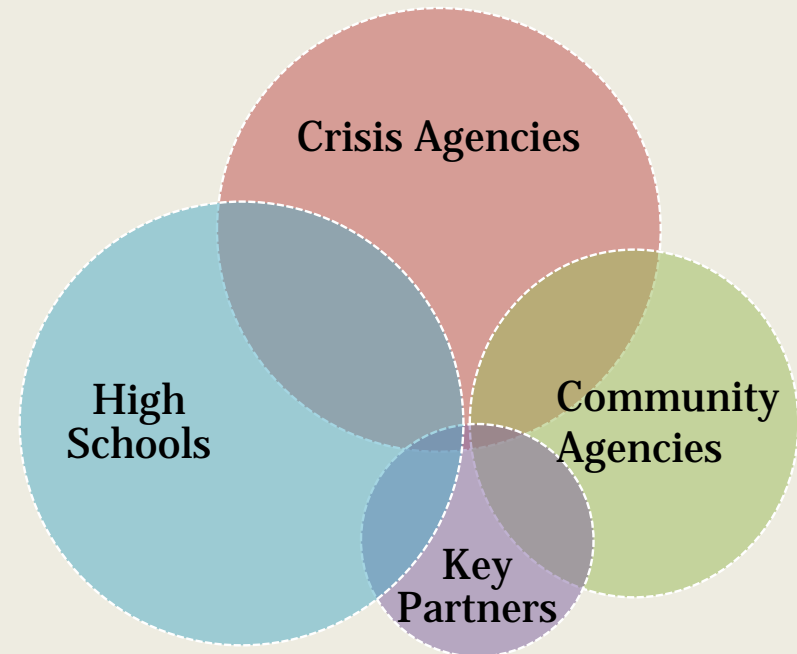
- **Comprehensive School-Based Project**
 - Schools implement Lifelines Program
 - Schools asked to do outreach in the community



GLS Cohort 1: 3 High School Communities

- **Community-Based Suicide Prevention**

- Coordination by 3 Local Crisis Agencies
- 6 High Schools
- 9 Youth-Serving Community Agencies
- Key Partners & Stakeholders



3 High School Communities



- **Schools & Community Agencies**
 - Developed protocols and signed MOAs with crisis agencies
 - Trained staff (Gatekeeper, TOT, awareness)
 - Identified and referred youth at risk

- **Schools**
 - Lifelines Teacher Training for Health Educators
 - Implemented Maine Lifelines Student Lessons as part of health curriculum

Additional Community Activities

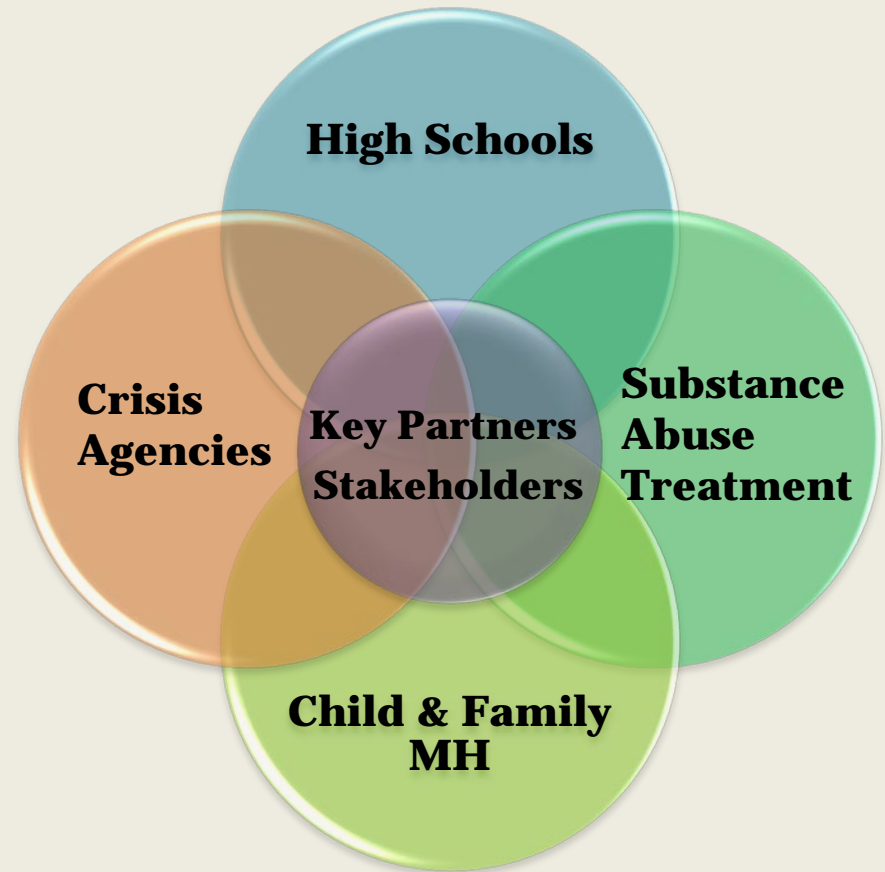


- **Primary Care Clinician training provided**
 - Lunch and Learn
- **Behavioral Health Provider training provided**
 - Assessing and Managing Suicide Risk available statewide
- **Resources provided to EDs**
 - Resource baskets
- **Resources provided to survivors**
 - Survivor Packets
 - Child and Family Grief Support Groups
- **Work with 2 colleges, Native American and GLBT communities**

GLS Cohort 4: CAL ME Project

- **Community-Based Suicide Prevention**

- 11 high schools
- Referral Networks
- Key stakeholders & partners
 - ✦ Middle Schools
 - ✦ Alternative Education
 - ✦ GED staff
 - ✦ Parents
 - ✦ Clergy
 - ✦ Police
 - ✦ **Hospitals**
 - ✦ Youth-serving community agencies
 - ✦ KMCC and Homeless Liaisons
 - ✦ Juvenile Treatment Network



Purpose for Coordination/Collaboration



- **Build a competent community**
- **Identify/enhance referral resources**
 - Prevention
 - Intervention
 - Postvention
- **Provide continuity of care for students**
 - Identify and solve barriers to service delivery
- **Make the best use of scarce resources**
- **Build relationships**
- **Enhance trainings & allow for cross-training opportunities**

Identifying, Building, Maintaining Partnerships



- Part of initial project planning & activities
- ASK
 - Ask
 - Ask
- Personal outreach
- Participate in initial orientation meeting
- Clear communication
- Acknowledgement

Roles & Procedures



- Clear Expectations (contracts)
- Trainings
- Protocols including MOAs/MOUs
- Required Referral Network meetings
 - Work on barriers to information sharing to provide continuity of care
 - Cross training opportunities
- Technical Assistance
- Build in sustainability



Maine Youth Suicide Prevention

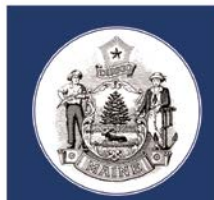
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