



Creative Management of Substance Use Disorders on Campus

MELINDA MOORE, PHD | EASTERN KENTUCKY UNIVERSITY

Disclaimer

- ▶ *The views, opinions, and content expressed in this presentation do not necessarily reflect the views, opinions, or policies of the Center for Mental Health Services (CMHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), or the U.S. Department of Health and Human Services (HHS).*

Eastern Kentucky University

- ▶ 16,000 undergraduate and graduate students
- ▶ 51% are first generation college students
- ▶ Mainly rural catchment area
- ▶ Large veteran-student population
- ▶ Garrett Lee Smith campus suicide prevention grant,
*Eastern Kentucky University Suicide Awareness and Focus
on Education (EKU SAFE)*

After the Heroin Forum



Eastern Kentucky University
Department of Psychology

Eastern Kentucky University
Suicide Awareness and Focus on Education Grant (EKU SAFE),
Department of Psychology, and Doctor of Psychology Program
Presents

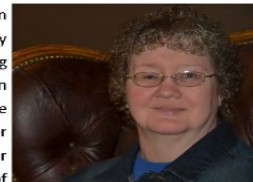
AFTER THE HEROIN FORUM

**For Bereaved, Policymakers,
Clinicians, and Community Members**

**Tuesday, May 23, 2017
10:00—12:00 PM
Combs Grise Room, Combs Building
Eastern Kentucky University**

About the Presentation:

This public forum highlights the problem of heroin in Kentucky and invites those who are bereaved by heroin overdose, policy makers, clinicians, caring community members, and clergy to attend. Susan Mitchell will share her story of loss following the death of her son and read from her book, "After the Heroin: A Mother's Story in Poetry." Other speakers include Anne Roberts, founder of Lexington's new Grief Recovery After Substance Passing (GRASP) group, ECU Professor Dr. Theresa Botts, and invited policymakers and community leaders.



For more information, contact Dr. Judy van de Venne at judy.vandevenne@eku.edu
Or call the Department of Psychology at (859) 622-1105

Parking information: call (859) 622-7275 or parking@eku.edu



Substance use on campus

- ▶ A majority of students surveyed had consumed alcohol in the past 30 days (59%, n = 63) and in their lifetime (75.5%, n=80)
- ▶ Lifetime use of marijuana was 38.5% (n=44) and 13.5% (n=14) in the past 30 days
- ▶ Lifetime use of narcotics was 8.5% (n=17) and 3% (n=3) in the past 30 days
- ▶ Lifetime use of Ritalin was 37% (n=39) and 15.2% (n=16) in the past 30 days
- ▶ Lifetime use of Xanax was 6.6% (n=7) and 2.8% (n=3) in the past 30 days

Suicide and Substance Use

- ▶ Having higher levels of thoughts about suicide or attempting suicide has weak, positive correlations with cigarette, marijuana, Ritalin, and narcotic use
- ▶ Weak correlation between graduate student status and increased alcohol use ($r = .21$, $p = .05$)
- ▶ Higher levels of anxiety has a weak correlation with increased alcohol use ($r = .23$, $p = .05$)

Eastern Kentucky University Counseling Center

Freedom Through Connection

- ▶ Drop-In Group at the ECU Counseling Center
- ▶ Tuesdays 5:30 p.m.

Substance Use Counseling

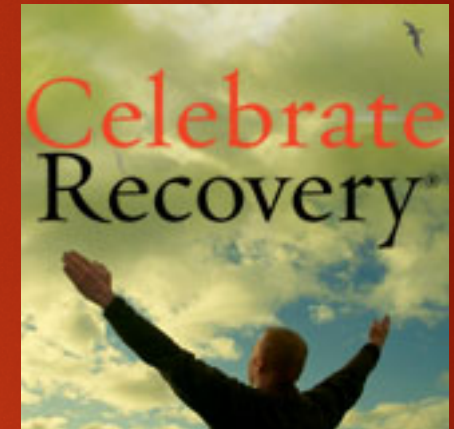
- ▶ The Counseling Center provides substance abuse services including individual counseling, screening and assessment, and consultation for alcohol and other drug abuse issues.



Celebrate Recovery

First Baptist Church Richmond

- ▶ Thursdays 6:00 – 9:00 p.m.
- ▶ Celebrate Recovery is a 12-step Christ-centered approach to recovery.
- ▶ Goal of this ministry is to integrate worship, large group teaching, and special focus small breakout groups.
- ▶ Peer-led groups are another avenue to lock arms with a community of individuals seeking healing and restoration.



Celebrate Recovery

- ▶ 6:00 - 6:30 p.m. Dinner & Fellowship
- ▶ 6:30 - 7:30 p.m. Worship & Teaching / Testimony
- ▶ 7:30 - 8:30 p.m. Breakout Groups
- ▶ 8:30 - 9:00 p.m. Solid Rock Cafe

Other recovery ministries

First Baptist Church Richmond

- ▶ Alcoholics Anonymous
- ▶ Mondays 8:00 – 9:00 p.m.



The Healing Center

10 proposals for 'healing center'

Kelly McKinney/ kmckinney@richmondregister.com Jul 14, 2017



Madison Judge/Executive Reagan Taylor delivers his annual State of the County address Friday to a joint luncheon of the Richmond and Berea chambers of commerce. About 230 attended.

Bill Robinson/ The Register



Questions?

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