



Suicide Prevention Resource Center

Promoting a public health approach to suicide prevention



The nation's only federally supported resource center devoted to advancing the *National Strategy for Suicide Prevention*.

Leaving a Legacy: Sharing Strategies to Sustain Suicide Prevention in Your Community

2014 GLS Grantee Meeting
June 9, 2014

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SPRC



Our Session Today

- ✓ Brief overview of GLS Grantee sustainability success strategies
- ✓ Small group work to enhance your program's legacy
 - ✓ Cohort 5 and 6 Campus Grantees
 - ✓ Cohort 6 State Grantees
 - ✓ Cohort 6 Tribal Grantees

2013 Sustainability Project

Goals:

- ✓ Assess:
 - ✓ what has been sustained by GLS 'alumni'
 - ✓ key factors in their success
- ✓ Provide recommendations for suicide prevention practitioners

Approach

- I. Literature review
- II. Survey of GLS alumni
- III. In-depth interviews with selected survey respondents
- IV. Summarize findings and recommendations



IV. Recommendations

1. Adopt a Sustainability Mindset
2. Build Momentum
3. Foster Leadership
4. Cultivate Partnerships
5. Secure Resources



1. Sustainability Mindset

- ✓ Vision for what will be in place after funding
- ✓ Sustainability in mind: design → implementation
- ✓ Decisions and course adjustments throughout

“I didn’t just throw something together related to sustainability in the end. It was an effort right from the beginning that, [for] everything we were starting, my intention was to continue it way past the three years.

—*GLS campus alumni*

2. Catalyze Momentum

“...the reason we got additional state funding was that there were so many people who had bought into this that I know the state felt they couldn't just let it fall by the wayside.”

—*GLS state alumni*

- ✓ Develop or maintain momentum
- ✓ Engage diverse stakeholders and influencers
- ✓ Build community involvement

3. Foster strong leadership

- ✓ Select or cultivate a strong leader
- ✓ Prioritize funding for consistent leader after the grant
- ✓ Leaders should have/build key skills

“The person that you hire at the head of your programming has to be a person with passion, persistence, and come with a wealth of prevention skills. If not, then it would be very hard to get this much done in three years.”

—*GLS tribal alumni*

4. Cultivate Partnerships

“[Partnerships] offer the opportunity to continue doing this work, because everyone has an investment in the outcome.... It becomes something that they take ownership of.”

—*GLS campus alumni*

- ✓ Identify various partners
- ✓ Establish strong relationships
- ✓ Develop/strengthen the planning or leadership group

5. Secure additional resources

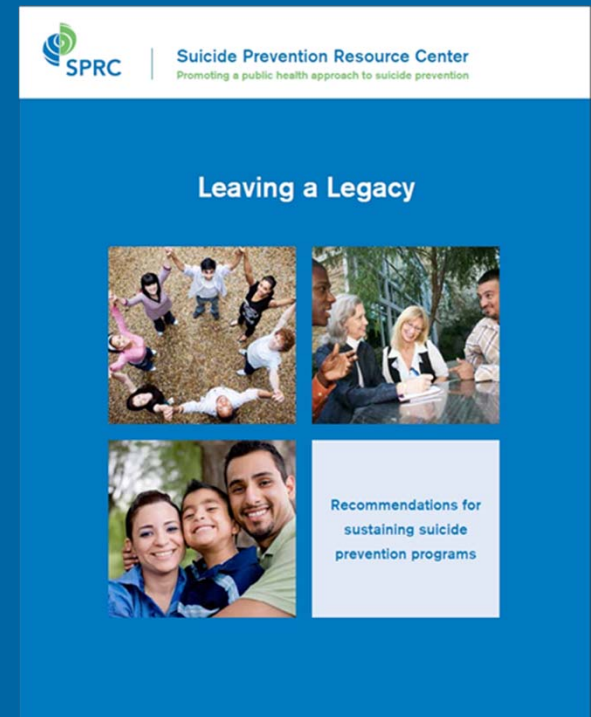
- ✓ Plan how to identify new funding
- ✓ Prioritize funding for staff time
- ✓ Lower level of funding may be enough

“Once you’ve built the system, it doesn’t require the same kind of funding to keep it going. It’s one thing to maintain a house as opposed to building the home. We had the money to build the house [from the GLS grant] and now we are maintaining it.”

—GLS campus alumni

Report and next steps

- ✓ Report: www.sprc.org
(search 'Leaving a Legacy')
- ✓ Coming soon:
'Hands on version!'



Sharing your Sustainability Strategies

1. Move (stay tuned)
2. Split up your team
(*except* Campus Cohort 6)
3. Sit with people you haven't met yet
4. Follow the worksheet instructions



Time to Move!

Campus Grantees



Stay here with
Smita and Adam

Please sit with your Cohort:

Cohort 5: *mix it up!*

Cohort 6: *sit with your team*



State Grantees
move to XX Room
with Bekah



Tribal Grantees
move to XX Room
With Elly

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THANK
YOU!